2009 University of Maine Extension Plan of Work

Status: Accepted
Date Accepted: 04/24/08

I. Plan Overview

1. Brief Summary about Plan Of Work

For more than 90 years, the University of Maine has been charged with reaching out to Maine citizens and providing accessible education, leadership, and service to the state. As a land-grant and sea-grant institution, our participation in community life and improvement is vital. The University of Maine Cooperative Extension supports UMaine's public education and service role by conducting Extension programs in every county in Maine, and beyond.

As we engage in teaching and learning, we listen to our audiences across the state and revise our educational programs accordingly. Our role as university educators working in Maine communities is to remain relevant and flexible by teaching practical life skills and providing contemporary, research-based information. The role of Maine citizens, as our partners, is to be involved, to supply feedback about what works and what we can improve, and to apply what they learn in meaningful ways to their lives and communities.

In this second year of our Plan of Work, we are refining our intentions based on experience in program implementation during 2007. We expect further refining in subsequent years. The results represent ongoing renewal and an increased understanding of the specific need for educational programming and discovery (including applied research) in Maine. Consequently, we will continue our focus on long-term outcomes in five areas. We will

- enhance the economic and environmental sustainability of Maine agriculture and aquaculture;
- increase the economic and social viability and sustainability of Maine communities;
- enhance the safety, sustainability, and dependability of Maine's food supply;
- improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness; and
 - protect and enhance Maine's natural resources and environment through sustainable stewardship.

Our intentions to achieve these outcomes have been formed with a statewide, and where appropriate a multistate, perspective by programming teams within UMaine Extension. Each team has focused their collaborative and individual programming goals on one or more of the 18 Maine issue areas that were identified through a recent needs assessment process. These intentions are expressed through 2012, and will be renewed annually with an ongoing five-year perspective.

We at UMaine Extension commit to serving Maine with a deep appreciation of our roots and a profound belief that we can create an even better future together. In the process we will use our limited resources wisely and continue to partner with the people, agencies, and other educational and discovery entities of Maine.

Report Date 11/10/2009 Page 1 of 298

Estimated Number of Professional FTEs/SYs total in the State.

Year	Exter	nsion	Rese	earch
	1862	1890	1862	1890
2009	93.3	0.0	5.4	0.0
2010	88.5	0.0	4.9	0.0
2011	87.5	0.0	4.8	0.0
2012	85.6	0.0	5.9	0.0
2013	84.0	0.0	5.0	0.0

II. Merit Review Process

1. The Merit Review Process that will be Employed during the 5-Year POW Cycle

- Internal University Panel
- External University Panel
- External Non-University Panel
- Expert Peer Review
- Other (Individual experts pertinent to Maine issue areas)

2. Brief Explanation

A cross-section of stakeholders with diverse roles will contribute to the ongoing review of Extension programming. Reviews will be conducted relating to specific Maine issues using consistent criteria that require programs to be needs-based, effective, and collaborative, and have potential to meet the special needs of diverse and under-served audiences. Reviewers are chosen by program teams and administrators based on their expertise relative to the issue. Frequency of reviews and lists of reviewers will evolve along with the Plan of Work. Following is the list of proposed reviewers for each issue area:

Α

Aging Lifestyles

•UMaine School of Social Work (Sandy Butler) •UMaine Center on Aging (Dr. Leonard Kaye)

Agriculture - Crop Production

- •Maine Potato Board (Don Flannery) •Maine Organic Farmers and Growers Association (Russell Libby) •The Agricultural Council of Maine (Tim Hobbs) •Maine Department of Agriculture, Food and Rural Resources (John Harker). •U.S.

 Agricultural Research Service (John Halloran) •UMaine Department of Resource Economics and Policy (Lisa Bragg)
 - •UMaine Department Natural Sciences, Forestry & Agriculture (Fred Servello)

Agriculture - Sustainable Business Management

•Vermont Extension (Dr. Bob Parsons, Extension Farm Management Specialist) •Maine Department of Agriculture, Food and Rural Resources (John Harker)

Coastal and Marine

- •UMaine School of Marine Sciences (Dr. James Mc Cleaves) •Maine Department of Marine Resources (Linda Mercer)
- •Maine Sea Grant Policy Advisory Committee (Kathleen Leyden) •Maine Aquaculture Association (Sebastian Belle)
- •Maine Department of Marine Resources (Samantha Horn Olsen)

Community Development: Capacity/Building Skills

•Maine Community Foundation (Ann Tart) •Maine Rural Partners (Mary Ann Hayes)

Entrepreneurship - Small and Home Based Business

•Small Business Development Center at the University of Southern Maine (John Massua)

Environmental Education-Sustainable Living

•UMaine College of Education and Human Development (Dr. Mary Bird)

Family Relations and Transitions

•UMaine Employee Assistance Program (Dr. Polly Mountevelis) •UMaine College of Education and Human Development (Dr. Gary Schilmoeller)

Report Date 11/10/2009 Page 2 of 298

Food Safety

•University of New Hampshire Extension (Dr. Catherine Violette)
•Maine Department of Agriculture, Food, and Rural Resources (Stan Millet Interim Director of the Division of Regulations, Dr. Donald Hoenig - State Veterinarian)
•UMaine Department of Food Science & Human Nutrition (Dr. Vivian Woo)

Forestry and Wildlife

•Maine Forest Service (Kevin Doran) •Natural Resources Conservation Service (State Forester) •USDA Forest Service Northeastern Research Station Forestry Sciences Laboratory (Roger Monthey)

Health Literacy, Disease and Our Health Care System

•Maine Center for Disease Control and Prevention (Christine Lyman)

Healthy Lifestyles

- •UMaine Department of Food Science and Human Nutrition (Dr. Adrienne White) •Maine Nutrition Network (Chris Sady)
 Home Horticulture
- •University of Southern Maine Department of Horticulture (Dr. Rick Churchill) •Maine Department of Agriculture, Food and Rural Resources (State Horticulturist)

Maine Livestock Industry

•Maine Dairy Industry Association (Julie Marie Bickford)

Pest Management

- •Maine Department of Agriculture, Food and Rural Resources Board of Pesticides Control (Gary Fish, Kathy Murray)
- •UMaine Department of Biological Sciences (Dr. Eleanor Grodin)

Sustainable Communities

•UMaine Department of Resource Economics and Policy (Dr. George Criner)

Watershed Management

•Maine Department of Environmental Protection (Roy Bouchard) •Senator George J. Mitchell Center for Environmental and Watershed Research (John Peckenham)

Youth Development

III. Evaluation of Multis & Joint Activities

1. How will the planned programs address the critical issues of strategic importance, including those identified by the stakeholders?

Our plans of work are outcome-focused, and structured to address one or more of 18 Maine issue areas. Programs will be delivered to achieve the intended outcomes and will be measured through planned evaluations of short-, medium-, and long-term changes in target audiences.

2. How will the planned programs address the needs of under-served and under-represented populations of the State(s)?

Each year we carry out mandatory civil rights training for all of our staff that includes a review of our civil rights policy, a review of the five federal laws that form the basis for our policy (Civil Rights Act of 1964; Title VI, Title IX of the Educational Amendments of 1972; Rehabilitation Act of 1973; Section 504, Americans with Disabilities Act (ADA) of 1992; and the Age Discrimination Act of 1975), and a review of our process to ensure that all reasonable effort is made to involve minorities and clientele with disabilities in our programs and to properly record that effort. This work is supported by a civil rights coordinator in each county and campus office and an organization-wide civil rights committee.

A number of planned programs and organizational initiatives will serve the needs of underrepresented and underserved audiences in Maine:

UMaine Extension's Women's Agricultural Network (WAgN) will continue to serve the needs of female farmers. WAgN enables women and other underserved people to successfully own, operate, and support agriculture-related enterprises, and provides outreach and advocacy on women's issues in agriculture, support and networking, education and training, economic and community development, and scholarship and training accessibility.

UMaine Extension coordinates the Wabanaki Relations Group. This group is reaching out to Wabanaki people in Maine to create stronger relationships between our staff and individuals in Maine's Native communities (as well as with Wabanaki-serving organizations), and to identify areas of programming that will strengthen Native communities while expanding our capacity to serve diverse audiences.

The Eat Well Nutrition Education Program (Eat Well) is a major outreach effort of UMaine Extension. Both components of Eat Well—the Expanded Food and Nutrition Education Program (EFNEP) and the Maine Family Nutrition Program (MFNP)—are staffed with nutrition aides who bring nutrition education to low-income individuals and families living in urban and rural areas of Maine. EFNEP's target audience is made up of low-income families with young children. EFNEP nutrition aides are making special efforts to reach targeted populations, including the Somali population in Auburn/Lewiston area, Native American populations in Penobscot and Aroostook Counties, South Pacific Islanders in Cumberland County, and Spanish-speaking migrant workers in Washington County.

Our Senior Companion Program will continue to educate volunteers, clients, families, and caregivers in independent living

Report Date 11/10/2009 Page 3 of 298

in later years. Seniors present and future will be best equipped to live in their own home for as long as possible, in a safe home environment. Limited-resource clients are included in the Senior Companion Program and are predominantly volunteers (as part of criteria to become a volunteer).

The Sustainability Program will teach participants daily practices that can reduce their impacts on the environment. This program is designed for a lower-income audience not typically reached by UMaine Extension. To date, the outcome projects are all designed to work with lower-income seniors.

Efforts will be made to begin 4-H programming at the Passamaquoddy Tribe's Indian Township Reservation in Washington County. Continued efforts will be made to work with Sipayik Boys and Girls Club at Pleasant Point Reservation to continue the integration of 4-H programming. Our 4-H program will also be serving children of parents deployed in the military as part of a new grant initiative.

Extension has joined with the UMaine Division of Lifelong Learning to offer the Diversity Leadership Institute, a two-year program to educate UMaine staff about race and privilege issues. Diversity awareness in our staff amplifies organizational creativity, improves our ability to cope with change, and expands our capacity to serve an increasingly diverse society.

3. How will the planned programs describe the expected outcomes and impacts?

By working independently and within teams, UMaine Extension program delivery staff have expressed their intentions to conduct Extension and research programs that will address current and emerging issues. These planned programs describe our intended organizational investment (inputs), planned educational methods and target audiences (outputs), and the learning and action changes that program participants will achieve that lead to positive changes in the condition of their lives (outcomes). Target outcomes identified by teams of UMaine Extension staff will achieve five long-term outcomes. Successful attainment of outcomes will be identified by a variety of evaluation techniques using established outcome measures for determining learning gained and actions taken by participants. Planned program targets are expressed for five years and will be revised annually with the addition of a fifth year.

4. How will the planned programs result in improved program effectiveness and/or efficiency?

Planned programs within this plan of work were established by teams using an issues-based process that examined current situations and assumptions, targeted audiences and outcomes, and established general evaluation strategies. Further, research and educational planning was conducted using a structured format within a Web-based planning program that reflects the elements of the logic modeling process. Consequently, effectiveness and efficiency have been improved through the application of a consistent and comprehensive planning process for all of our outreach staff. One example is the anticipation of improved effectiveness by our 4-H youth development programs through crafting of consistent programming logic models guided by three USDA-CSREES and National 4-H Council mission mandates.

Engaging in a comprehensive planning approach has also encouraged participation in structures that increase programming efficiencies through collaborations. Examples include the Maine Agricultural Center, a collaboration that brings together the agriculturally related programs of the UMaine College of Natural Sciences, Forestry, and Agriculture, the Maine Agricultural and Forest Experiment Station, and UMaine Extension, as well as multistate programming connections such as the Facilitation SkillsCurriculum, the Maine Compost Team, and the New England Garden Conference.

IV. Stakeholder Input

1. Actions taken to seek stakeholder input that encourages their participation

- Other (Research using relevant current and first-source data)
- Targeted invitation to traditional stakeholder individuals
- Use of media to announce public meetings and listening sessions
- Targeted invitation to non-traditional stakeholder individuals
- Targeted invitation to traditional stakeholder groups
- Survey of traditional stakeholder groups
- Targeted invitation to selected individuals from general public
- Survey of traditional stakeholder individuals

Brief explanation.

In preparation for first 5-year planning cycle in 2004 we conducted a statewide needs assessment that included two components which encouraged direct stakeholder participation. The first was a targeted solicitation of stakeholders, UMaine teaching and research faculty, and Extension staff to define a list of priority issues relevant to citizens and within the general

Report Date 11/10/2009 Page 4 of 298

categories of Extension programming in Maine; agriculture, stages of life, health and wellness, natural resources and the environment, and sustainable communities and lifestyles. The second component involved stakeholders and the general public in a series of public planning discussions that were designed and implemented under contract with the University of Maine Center for Research and Evaluation.

We continue to interact with stakeholders in a wide variety of ways that solicit and encourage feedback on the programmatic level.

2(A). A brief statement of the process that will be used by the recipient institution to identify individuals and groups stakeholders and to collect input from them

1. Method to identify individuals and groups

- Use Advisory Committees
- Other (Identify and analyze issues)
- Needs Assessments
- Use Surveys

Brief explanation.

Stakeholders are primarily identified through a deep understanding of current and emerging issues in Maine, and the issue's relevance to the citizens of Maine. Issues have been identified through internal and external surveys that were a component of a recent statewide needs assessment, and evaluated through a scholarly analysis. This process will be updated once each five-year period.

Stakeholders are also identified through ongoing interactions with advisory committees and traditional stakeholder groups, who serve as the eyes and ears for UMaine Extension within communities and specific areas of interest; and through the budget appropriations process with funders such as county commissioners and the Maine state legislature.

Internal policies also require that we actively recruit and retain people who are traditionally underserved and underrepresented in our programs and employee groups.

2(B). A brief statement of the process that will be used by the recipient institution to identify individuals and groups who are stakeholders and to collect input from them

1. Methods for collecting Stakeholder Input

- Meeting specifically with non-traditional groups
- Other (Research using relevant current and first source data)
- Meeting with traditional Stakeholder individuals
- Meeting with the general public (open meeting advertised to all)
- Meeting with traditional Stakeholder groups

Brief explanation

Our planned programs are a result of a comprehensive planning process that included our entire programming staff, informed by the results of a statewide needs assessment.

Within the priority issue areas that were defined with stakeholder input, research was conducted by Extension experts working individually or in teams, and using relevant current and first source data to produce a peer-reviewed white paper for each issue area that addressed the following elements:

•The scope of the issue area. •The current situation. •The societal impacts and consequences in Maine if the issue were being addressed. •Changes needed to improve the current situation. •Type of programmatic action indicated to produce the desired results. •An examination of who else is addressing the issue in Maine.

The white papers, with abstracts, were posted to the UMaine Extension Web site, reproduced in hard copy by request, and were the informational foundation for public planning discussions that were designed and implemented under a contract with the University of Maine Center for Research and Evaluation. The discussions, called "Shaping Our Future: A Planning Discussion for Cooperative Extension," were held in each county office in Maine, and in selected issue-based stakeholder meetings. The county-based sessions offered the public an opportunity to engage in discussions about educational issues and local needs for their communities, and to provide input to programming priorities. Participants included the general public and targeted stakeholders. Prioritized results were posted to our public Web site and used by Extension staff to inform their programming intentions for the first iteration of the current POW cycle (2007–2011), as well as subsequent cycles.

UMaine Extension staff continuously engage in formal and informal interaction with traditional and non-traditional stakeholders through programming and networking opportunities. This interaction builds an understanding of the evolving needs

Report Date 11/10/2009 Page 5 of 298

of our constituents, allowing staff to adjust program delivery appropriately.

Each year staff will be asked to review their programming intentions for upcoming years and to add intentions for a fifth year. As part of the process, they will review information from ongoing merit review processes and the statewide needs assessment, the most important elements of which will be updated once each five-year period.

3. A statement of how the input will be considered

- To Identify Emerging Issues
- Redirect Research Programs
- To Set Priorities
- Redirect Extension Programs

Brief explanation.

Needs assessment data, which includes stakeholder input, will be used to inform UMaine Extension teams and individuals about emerging issues that will help them prioritize and focus research and Extensions programs appropriately and effectively.

Report Date 11/10/2009 Page 6 of 298

V. Planned Program Table of Content

S. NO.	PROGRAM NAME
1	Aging Lifestyles
2	Agriculture - Crop Production
3	Coastal and Marine
4	Entrepreneurship - Small and Home Based Business
5	Agriculture - Sustainable Business Management
6	Community Development: Capacity-building Skills
7	Environmental Education - Sustainable Living
8	Family Relations and Transitions
9	Food Safety
10	Forestry and Wildlife
11	Health Literacy, Disease, and Our Health Care System
12	Healthy Lifestyles
13	Administrative Plan of Work; Planning and Supervision
14	Home Horticulture
15	Maine Livestock Industry
16	Pest Management
17	Sustainable Communities
18	Youth Development
19	Watershed Management

Report Date 11/10/2009 Page 7 of 298

V(A). Planned Program (Summary)

Program #1

1. Name of the Planned Program

Aging Lifestyles

2. Brief summary about Planned Program

Maine's population has an increasing proportion of those aged 65 or older, and more than 50 percent of elders live in rural areas, limiting their access to social services and other assistance. Many elders rely on family members for assistance with daily living, many of whom must take time off work to do so. Workshops for employers and employees will address workplace issues related to care of elders. Websites will be developed to provide access to elder care information and about available resources and services. By collaborating with others, UMaine Extension will work to create the safe and supportive communities and physical environments required to promote healthy aging in Maine.

3. Program existence: New (One year or less)

4. Program duration: Long-Term (More than five years)

5. Expending formula funds or state-matching funds : Yes

6. Expending other than formula funds or state-matching funds : Yes

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

Report Date 11/10/2009 Page 8 of 298

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
607	Consumer Economics	10%		10%	
608	Community Resource Planning and Development	10%		10%	
723	Hazards to Human Health and Safety	10%		10%	
724	Healthy Lifestyle	10%		10%	
801	Individual and Family Resource Management	10%		10%	
802	Human Development and Family Well-Being	10%		10%	
803	Sociological and Technological Change Affecting Individuals, Families and Communities	10%		10%	
805	Community Institutions, Health, and Social Services	10%		10%	
901	Program and Project Design, and Statistics	10%		10%	
903	Communication, Education, and Information Delivery	10%		10%	
	Total	100%		100%	

V(C). Planned Program (Situation and Scope)

1. Situation and priorities

Elder Caregiving: A survey of Maine citizens found that (1) over 60 percent of employers were either somewhat or very supportive of employees needing time off to help an older family member, but only 11 percent of caregivers reported that they routinely took time off; (2) most people would turn to family, friends, or a doctor for help with an older family member before turning to the Department of Human Services, Area Agency on Aging, or home health agency; (3) forty-seven percent of respondents routinely helped an older family member, most frequently assisting with shopping, errands, bills, and doctors appointments, as well as house or yard work; (4) thirty-four percent of the respondents had used home care services.[i]

Retirement and Planning: Results of a 2001 survey indicated that 30 percent of the employers of workers surveyed did not contribute to an employee retirement plan. [ii] It is reported that average American households have accumulated less than \$1,000 in net financial assets and less than \$35,000 in net worth. [iii] In addition, the annual Retirement Confidence Survey for 2003 found that three out of ten workers (29 percent) have not saved for retirement.[iv]

Independent Living: When surveyed as to the most important thing the state could do to help older people live more independently, Maine people identified the following: improved assisted living or home care options; lower taxes; better public transportation; lower drug costs; financial assistance; affordable medical care; and better and more affordable housing options.

Report Date 11/10/2009 Page 9 of 298

[٧]

Health and Wellness: The U.S. Administration on Aging is focusing on lifestyle choices that will reduce physical limitations associated with illness, disease and unhealthy lifestyles. Prevention strategies such as access to health screenings, physical activity and nutrition programs, mental health programs, and routine immunizations will be emphasized. [vi] Of those people receiving long-term care assessments, the top ten health problems reported were hypertension, dementia, arthritis, other cardiovascular disease, depression, allergies, congestive heart failure, diabetes mellitus, cerebrovascular accident, and emphysema.[vii]

- [i] Bureau of Elder and Adult Services, "Maine Development Foundation 2001 Survey of Maine Citizens," http://www.state.me.us/dhs/beas/survey/00_01survey/2001_survey.htm (accessed August 2002, July 2004, May 2006).
 - [ii] Bureau of Elder and Adult Services, "2001 Survey of Maine Citizens."
 - [iii] CSREES, USDA, National Extension Money Management, \$ (Financial) Security Later in Life (July, 2000), 3.
- [iv] Employee Benefit, Research Institute, Retirement Confidence Survey, "The 2003 Retirement Confidence Survey Summary of Findings," http://www.ebri.org/ (accessed May 2006).
 - [v] Bureau of Elder and Adult Services, "2001 Survey of Maine Citizens."
 - [vi] Administration on Aging, Elders and Families, "Promoting Healthy Lifestyles,"

http://www.aoa.gov/eldfam/healthy lifestyles/hl hd.asp (accessed May 2006).

[vii] Maine Bureau of Elder and Adult Services, Department of Human Services, "2004 State Plan on Aging, October 1, 2000 - September 30," http://www.maine.gov/dhhs/beas/stateplan/2005/plan 2004 2008.htm (accessed May 2006).

2. Scope of the Program

- In-State Extension
- Multistate Integrated Research and Extension
- Multistate Research
- Integrated Research and Extension

V(D). Planned Program (Assumptions and Goals)

1. Assumptions made for the Program

While aging is something we all do, every day, we may define "old" in different ways. Definitions include: chronological age, stage of life, or the function someone performs in everyday life. Aging issues include the lifestyles and needs of the following groups:

•Pre-retirees or "mature adults": approximately 45 or 50 to 64 years of age
•Younger retirees or the "young old": generally in the 65- to 74-year-old range
•Older retirees or the "old": 75 to 84 years of age
•Very old retirees or the "old, old": 85 years of age or older
•Formal and informal or family caregivers: adults of any age who are providing support or care to another adult, usually someone in the "young old" through "old, old" age range
•Relatives and grandparents raising children: individuals who are caring for a child or children of their own adult children or other adult family member

There are 183,402 persons age 65 or older living in Maine. They make up 14.4 percent of the state's population: an increase of 11 percent since 1990 and 23 percent since 1980.[i] Ten percent of Maine people age 65 and older had incomes below the federal poverty level. Generally, the income of Maine elders tends to be lower than elders nationally and is often fixed, making access to goods and services more difficult.[ii] Maine ranks second nationwide for percentage of residents age 65 and older living in rural areas-55.8 percent compared to 21.7 percent nationally. This further limits access to needed goods and services.

[i] Bureau of Elder and Adult Services, Department of Human Services, "A Profile of Maine's Older Population," http://www.state.me.us/dhs/beas/profile/ (accessed July 2004).

[ii] Mills, Dora Anne, Healthy Maine 2010 - Opportunities for All, (Maine Department of Human Services, Bureau of Health, 2002), 38.

2. Ultimate goal(s) of this Program

•Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness. •Increase the economic and social viability and sustainability of Maine communities.

V(E). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program

Report Date 11/10/2009 Page 10 of 298

Voor	Exte	nsion	Re	search
Year	1862	1890	1862	1890
2009	0.5	0.0	0.2	0.0
2010	0.5	0.0	0.2	0.0
2011	0.5	0.0	0.2	0.0
2012	0.5	0.0	0.2	0.0
2013	0.4	0.0	0.2	0.0

V(F). Planned Program (Activity)

1. Activity for the Program

•Aging Initiatives Web Site Pages •Aging Related (publication) •Aging Related (refereed journal article) •Current and Emerging Technology Workshops •eXtension Family Caregiving Community of Practice [CoP] Web Site Development •Preparing for Elder Care Employer/Employee Project

2. Type(s) of methods to be used to reach direct and indirect contacts

Extension					
Direct Methods	Indirect Methods				
 Other 1 (Collaborative or Cooperative Eff) Workshop 	 Other 2 (Publication - refereed journal a) Web sites Other 1 (Publication) 				

3. Description of targeted audience

•Employees (Adult) •Employers (Adult) •Extension - all staff (Adult) •General Public (Adult) •Social Service Providers (Adult)

V(G). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons(contacts) to be reached through direct and indirect contact methods

	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Year	Target	Target	Target	Target
2009	158	275	0	0
2010	158	275	0	0
2011	158	275	0	0
2012	158	275	0	0
2013	158	275	0	0

2. (Standard Research Target) Number of Patent Applications Submitted

Expected Patent Applications

2009 :0	2010 :0	2011 :0	2012 :0	2013 :0

Report Date 11/10/2009 Page 11 of 298

3. Expected Peer Review Publications

Year	Research Target	Extension Target	Total
2009	0	0	0
2010	0	0	0
2011	0	0	0
2012	0	0	0
2013	0	0	0

V(H). State Defined Outputs

1. Output Target

• Direct - Collaborative or Cooperative Effort

	2009 6	2010 6	2011 :6	2012 6	2013 ɓ
•	Direct - Workshop - single	session			
	2009:1	2010 1	2011 :1	2012:1	2013 :1
•	Indirect - Website				
	2009 5	2010 5	2011 :5	2012 5	2013 5

Report Date 11/10/2009 Page 12 of 298

$\mathrm{V}(\mathbf{I}).$ State Defined Outcome

O. No	Outcome Name
1	Balance roles, responsibilities, and stress
2	Care for and nurture others
3	Evaluate and analyze existing employer policies or practices
4	Prepare legal documents related to personal care, health care and end-of-life issues
5	Use programs and services that support independent living
6	Use relevant UMaine Extension web-based resources
7	Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition,
	and lifelong wellness.
8	Increase the economic and social viability and sustainability of Maine communities.

Report Date 11/10/2009 Page 13 of 298

1. Outcome Target

Balance roles, responsibilities, and stress

2. Outcome Type: Change in Action Outcome Measure

2009 5 **2010** : 5 **2011** : 5 **2012** 5 **2013** : 5

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 724 Healthy Lifestyle
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #2

1. Outcome Target

Care for and nurture others

2. Outcome Type : Change in Action Outcome Measure

2009 5 **2010** : 5 **2011** : 5 **2012** 5 **2013** : 5

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 724 Healthy Lifestyle
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #3

1. Outcome Target

Evaluate and analyze existing employer policies or practices

2. Outcome Type : Change in Action Outcome Measure

2009 3 **2010** : 3 **2011** : 3 **2012** 9 **2013** : 3

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 607 Consumer Economics
- 608 Community Resource Planning and Development
- 801 Individual and Family Resource Management
- 805 Community Institutions, Health, and Social Services
- 901 Program and Project Design, and Statistics

Report Date 11/10/2009 Page 14 of 298

1. Outcome Target

Prepare legal documents related to personal care, health care and end-of-life issues

2. Outcome Type : Change in Action Outcome Measure

2009 5 **2010** : 5 **2011** : 5 **2012** 5 **2013** : 5

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 607 Consumer Economics
- 801 Individual and Family Resource Management

Outcome #5

1. Outcome Target

Use programs and services that support independent living

2. Outcome Type: Change in Action Outcome Measure

2009 5 **2010** : 5 **2011** : 5 **2012** 5 **2013** : 5

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 608 Community Resource Planning and Development
- 802 Human Development and Family Well-Being
- 805 Community Institutions, Health, and Social Services

Outcome #6

1. Outcome Target

Use relevant UMaine Extension web-based resources

2. Outcome Type: Change in Action Outcome Measure

2009 300 **2010** : 300 **2011** : 300 **2012** 300 **2013** : 300

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 724 Healthy Lifestyle
- 802 Human Development and Family Well-Being
- 901 Program and Project Design, and Statistics
- 903 Communication, Education, and Information Delivery

Outcome #7

1. Outcome Target

Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness.

Report Date 11/10/2009 Page 15 of 298

2009 D **2010** : 0 **2011** : 0 **2012** D **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 607 Consumer Economics
- 608 Community Resource Planning and Development
- 723 Hazards to Human Health and Safety
- 724 Healthy Lifestyle
- 801 Individual and Family Resource Management
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services
- 901 Program and Project Design, and Statistics
- 903 Communication, Education, and Information Delivery

Outcome #8

1. Outcome Target

Increase the economic and social viability and sustainability of Maine communities.

2. Outcome Type : Change in Knowledge Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 607 Consumer Economics
- 608 Community Resource Planning and Development
- 723 Hazards to Human Health and Safety
- 724 Healthy Lifestyle
- 801 Individual and Family Resource Management
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services
- 901 Program and Project Design, and Statistics
- 903 Communication, Education, and Information Delivery

Report Date 11/10/2009 Page 16 of 298

V(J). Planned Program (External Factors)

1. External Factors which may affect Outcomes

- Public Policy changes
- Competing Programmatic Challenges
- Competing Public priorities
- Appropriations changes
- Economy
- Natural Disasters (drought, weather extremes, etc.)
- Government Regulations
- Populations changes (immigration,new cultural groupings,etc.)

Description

{NO DATA ENTERED}

V(K). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

- Before-After (before and after program)
- During (during program)
- Retrospective (post program)
- Time series (multiple points before and after program)

Description

A short-term evaluation will document activities and project outcomes or products using meeting notes, end or educational program evaluations, researcher/educator observation, and researcher/educator journal.

A mid-term evaluation will document changes in employer/employee engagement, practice, decision-making approach, and social action within the "community of interest."

A long-term evaluation will investigate the impact of changes in social, civic, organizational, economic, and environmental conditions using, but not limited to, retrospective evaluation techniques.

2. Data Collection Methods

- Other (Email/Web surveys)
- On-Site
- Structured
- Observation
- Journals

Description

{NO DATA ENTERED}

Report Date 11/10/2009 Page 17 of 298

V(A). Planned Program (Summary)

Program #2

1. Name of the Planned Program

Agriculture - Crop Production

2. Brief summary about Planned Program

Agriculture is an important industry in Maine. Continued success of Maine farmers relies on a balance among yield, protecting the environment, and decreasing costs. Through workshops, field days, consultations, newsletters, websites, hotlines, conferences, and field trials, clients are engaged in determining how best to achieve that balance. Agency and extension professionals, commercial producers, green industry workers, and home gardeners participate in programs on nutrient management, small fruit and vegetable production, solar systems, cut flowers, organic grains, sustainable cropping and livestock systems, ornamental horticulture, and many others.

3. Program existence: Mature (More then five years)

4. Program duration: Long-Term (More than five years)

5. Expending formula funds or state-matching funds : Yes

6. Expending other than formula funds or state-matching funds : Yes

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

Report Date 11/10/2009 Page 18 of 298

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
101	Appraisal of Soil Resources	5%		5%	
102	Soil, Plant, Water, Nutrient Relationships	20%		20%	
111	Conservation and Efficient Use of Water	10%		10%	
112	Watershed Protection and Management	10%		10%	
131	Alternative Uses of Land	10%		10%	
202	Plant Genetic Resources and Biodiversity	15%		15%	
205	Plant Management Systems	10%		10%	
314	Toxic Chemicals, Poisonous Plants, Naturally Occurring Toxins, and Other Hazards Affecting Animals	10%		10%	
405	Drainage and Irrigation Systems and Facilities	10%		10%	
	Total	100%		100%	

V(C). Planned Program (Situation and Scope)

1. Situation and priorities

Our success growing agricultural crops in Maine is fragile. The long history of family farms and community-based farming is facing unprecedented stress from several sources. Intense competition from within and across our national borders has forced prices to levels that threaten the profitability of growing crops locally. These pressures have resulted in a decrease in farm numbers and acreage in every county over the past decade. At the same time, the need to produce crops in a manner that does not threaten the environment has never been greater, despite the added costs and risks this can generate. Thus farmers are trying to develop methods to optimize crop yield and quality using techniques that sustain our environment, while keeping costs at levels that will maintain or improve farm profitability. For example, many Maine crops could benefit from irrigation, but we must be able to provide water to our crops with techniques that are low cost, and also protect our water supply. Storage technology could significantly lengthen and expand marketing opportunities for our crops, but it must also be affordable and environmentally sound. Managing the weeds, insects and diseases that threaten our crops poses a great challenge, as new pests emerge and old methods of controlling pests must be put aside due to resistance, health risks or environmental threats. Growing crops organically can improve marketability and profits, but pest control and fertility problems need to be addressed before organic production can be successful on a large scale in Maine. There are also opportunities to use new crops to expand our markets, improve soil fertility, and reduce pest problems, but most are untested in our climate and could pose an economic risk if they prove unreliable. New technologies, new crops and new markets offer real opportunities for Maine farmers to maintain and improve the profitability of their operations. However, unless these opportunities are fully tested, explored and implemented, it is likely that there will be a significant decline in commercial crop production in Maine in the coming years, with

Report Date 11/10/2009 Page 19 of 298

consequences that will affect all Maine residents.

2. Scope of the Program

- Multistate Integrated Research and Extension
- In-State Extension
- Multistate Research
- Multistate Extension
- Integrated Research and Extension
- In-State Research

V(D). Planned Program (Assumptions and Goals)

1. Assumptions made for the Program

According to the 2002 agricultural census, the diversity of crops we grown on 7,196 Maine farms have a market value of more than \$450 million. With their associated industries, such as processors, suppliers and retailers, farms provide about \$1.2 billion in economic activity for the state, and employ over 65,000 workers. Growing crops on Maine farms preserves over 1.4 million acres in open space and provides Maine citizens with locally grown fresh and processed food. Our farms produce an impressive array of crops. Some, such as potatoes and blueberries, are grown on larger farms, supported by large industries, and create substantial economic activity (\$300 million and \$30 million, respectively). Other crops, such as ornamentals (trees, shrubs and flowers) are grown on far fewer acres, but have very high value, generating over \$300 million annually. Fruits and vegetables tend to be grown on small, diversified farms, many only 20 acres or less, and are often situated near high population areas. Yet this part of the industry is vital and growing, employing a large labor force and providing fresh, nutritious, local produce to Maine people through farm stands, farmers markets and stores, with more than \$30 million dollars in sales annually. Forage crops, such as hay, silage and grain, are vital to our dairy and meat industries and, like other crops, play an important role in maintaining Maine's open spaces and rural heritage. This, in turn, maintains the attractive character of the Maine landscape that keeps our tourism industry vibrant, and slows the spread of urban sprawl.

2. Ultimate goal(s) of this Program

•Enhance the economic and environmental sustainability of Maine agriculture and aquaculture. •Enhance the safety, sustainability, and dependability of Maine's food supply. •Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness. •Increase the economic and social viability and sustainability of Maine communities. •Protect and enhance Maine's natural resources and environment through sustainable stewardship.

V(E). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program

Vann	Exte	nsion	Re	search
Year	1862	1890	1862	1890
2009	19.6	0.0	0.9	0.0
2010	10.4	0.0	0.8	0.0
2011	10.0	0.0	0.8	0.0
2012	10.1	0.0	0.8	0.0
2013	10.0	0.0	0.8	0.0

V(F). Planned Program (Activity)

1. Activity for the Program

- •New England Greenhouse Conference •Display at NewEnglandGrows and New England Garden Conference
- Agriculture Crop Production Related Publications (conference proceedings)
 Agriculture Crop Production Related

Report Date 11/10/2009 Page 20 of 298

Publications (refereed journal article) Commercial Agriculture Conference Commercial Agriculture Workshop Series Consultations on Crop Production Crop Production Related (publication) Crop Production Related (refereed journal •Crops Related (refereed journal article) article) Crops Related (publication) Cut Flower Research Demonstration •Field Days (Sustainable Cropping Systems) •Greenhouse Pest Manual •Mildew Project, Scaevola Project, Field Trials •Maine Agriculture Trades Show •Maine Potato Conference •Maine Senior Farmshare •Maine Vegetable and Fruit School •New England Regional In-Service Training for Agricultural Service Providers New England Small Fruit Pest Management Guide •New England Vegetable and Fruit Conference •New England Vegetable Management Guide Organic Forage and Grain Cropping Systems Pest Alert Newsletter Pest Management Conference
 Pest Management Hotline •Piscataquis Farming Newsletter •Potato Cropping Systems - Applied Research •Potato Program Web site •Small Fruitand Vegetable Variety and Production Trials •Solar Collection for Hoop Houses and Green Houses •Spudlines Newsletter •Tree Fruit Meetings •Tree Fruit Newsletter •Tree Fruit Workshops and Demonstrations Vegetable and Berry News
 Vegetable Fact Sheets
 Vegetable Variety and Production Trials
 York County Farmer's Network

2. Type(s) of methods to be used to reach direct and indirect contacts

Exte	ension
Direct Methods	Indirect Methods
 Demonstrations Other 2 (Display or exhibit) One-on-One Intervention Education Class Workshop Group Discussion Other 1 (Train-the-Trainer) 	 Other 1 (Applied Research) Newsletters Other 2 (Publication) Web sites

3. Description of targeted audience

Agency Staff or Professionals (Adult)
 Agricultural Producers (Adult)
 Commercial Dairy Producers (Adult)
 Commercial Potato Growers (Adult)
 Commercial Vegetable Growers (Adult)
 Community Leaders (Adult)
 Community Members (Adult)
 Extension - all staff (Adult)
 Extension Faculty (Adult)
 Farmers (Adult)
 General Public (Adult)
 Green Industry Members (Adult)
 Greenhouse Operators (Adult)
 Home Gardeners (Adult)
 Limited Income Public (Adult)
 Pesticide Applicators (Adult)
 Scientists (Adult)

V(G). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons(contacts) to be reached through direct and indirect contact methods

	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Year	Target	Target	Target	Target
2009	14600	20700	0	0
2010	15400	20000	0	0
2011	14300	20100	0	0
2012	15200	20000	0	0
2013	15200	20000	0	0

2. (Standard Research Target) Number of Patent Applications Submitted

Expected Patent Applications

	2009 :0	2010 :0	2011 :0	2012 :0	2013 :0
--	----------------	----------------	----------------	----------------	----------------

Report Date 11/10/2009 Page 21 of 298

3. Expected Peer Review Publications

Year	Research Target	Extension Target	Total
2009	0	0	0
2010	0	0	0
2011	0	0	0
2012	0	0	0
2013	0	0	0

$V(\mbox{H}).$ State Defined Outputs

1. Output Target

	output Turgot				
•	Direct - Public Presentation	n			
	2009 :10	2010 10	2011 :7	2012 7	2013 7
•	Direct - Group Presentatio	n			
	2009 :114	2010 114	2011 :114	2012 :114	2013 :114
•	Indirect - Website				
	2009 :1	2010 1	2011 :1	2012:1	2013 :1
•	Direct - Consultation; phon	ne, written, in-person			
	2009 540	2010 540	2011 :540	2012 540	2013 540
•	Indirect - Publication - mar	nual			
	2009 3	2010 1	2011 :3	2012:1	2013 :1
•	Indirect - Publication - new	vsletter			
	2009 45	2010 45	2011 :45	2012 45	2013 45
•	Direct - Conference or sym	nposium			
	2009 104	2010 104	2011 :104	2012 :104	2013 :104
•	Direct - Collaborative or Co	ooperative Effort			
	2009 7	2010 7	2011 :1	2012:1	2013 :1
•	Direct - Applied Research				
	2009 5	2010 5	2011 :5	2012 5	2013 5
•	Direct - Train-the-Trainer				
	2009 2	2010 2	2011 :2	2012 2	2013 2
•	Direct - Workshop - series				

Report Date 11/10/2009 Page 22 of 298

	2009 :100	2010 300	2011 :100	2012 300	2013 300
•	Direct - Workshop - single	session			
	2009 7	2010 7	2011 :7	2012 7	2013 7
•	Indirect - Audio Visual resc	ource			
	2009 15	2010 15	2011 :15	2012 :15	2013 :15
•	Indirect - Applied Research	1			
	2009 12	2010 11	2011 :11	2012 :11	2013 :11
•	Indirect - Publication - conf	erence proceedings			
	2009 ß	2010 2	2011 :2	2012 2	2013 2

Report Date 11/10/2009 Page 23 of 298

V(I). State Defined Outcome

O. No	Outcome Name
1	Adopt Integrated Pest Management strategies
2	Adopt and maintain integrated pest management strategies
3	Adopt appropriate handling and storage technologies
4	Adopt appropriate management strategies
5	Adopt appropriate pest management practices
6	Adopt appropriate practices
7	Adopt appropriate technologies
8	Adopt environmentally sound technologies that improve economic viability
9	Adopt new crop
10	Adopt practices that maintain long-term productivity
11	Adopt practices that maintain profitability
12	Develop environmentally sound technologies that improve economic viability
13	Evaluate and adopt nutrient sources, recycling and delivery systems that produce high quality crops
14	Evaluate new cropping systems
15	Evaluate the potential of new and non-traditional crops and varieties for profitable production in Maine
16	Grow new crop
17	Grow new variety
18	Improve Integrated Pest Management
19	Improve crop quality and marketability
20	Improve production and quality of crops
21	Improve soil health
22	Maintain Certified Crop Advisor Certification
23	Maintain nutrient management certification
24	Maintain pesticide applicator certification
25	Make appropriate cultivar choices
26	Make better decisions regarding pest management
27	Participate in the Maine grass farmer network
28	Test new crops
29 30	Test new production techniques Test new varieties
31	Use relevant UMaine Extension web-based resources
32	Grow trialed plants
33	Increase crop production
34	Reduce the use of high-risk pesticides
35	Test new storage techniques
36	Enhance the economic and environmental sustainability of Maine agriculture and aquaculture.
37	Enhance the safety, sustainability and dependability of Maine's food supply.
38	Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness.
39	Protect and enhance Maine's natural resources and environment through sustainable.
40	Acquire pesticide applicator certification
41	Adopt appropriate nutrient management strategies
42	Create jobs
43	Develop sustainable networks
44	Dollars saved
45	Enroll in and work with Farms for the Future
46	Expand Integrated Pest Management

Report Date 11/10/2009 Page 24 of 298

47	Expand and enhance markets
48	Increase consumption of locally produced foods
49	Increase purchase of Maine products
50	Operate equipment safely
51	Use grasslands efficiently for feed and water quality protection
52	Use new technologies
53	Use pesticides safely

Report Date 11/10/2009 Page 25 of 298

1. Outcome Target

Adopt Integrated Pest Management strategies

2. Outcome Type: Change in Action Outcome Measure

2009 30 **2010** : 30 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 205 - Plant Management Systems

Outcome #2

1. Outcome Target

Adopt and maintain integrated pest management strategies

2. Outcome Type: Change in Action Outcome Measure

2009 60 **2010** : 70 **2011** : 75 **2012** 85 **2013** : 85

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

205 - Plant Management Systems

Outcome #3

1. Outcome Target

Adopt appropriate handling and storage technologies

2. Outcome Type: Change in Action Outcome Measure

2009 25 **2010** : 25 **2011** : 25 **2012** 25 **2013** : 25

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 314 Toxic Chemicals, Poisonous Plants, Naturally Occurring Toxins, and Other Hazards Affecting Animals
- 405 Drainage and Irrigation Systems and Facilities

Outcome #4

1. Outcome Target

Adopt appropriate management strategies

2. Outcome Type : Change in Action Outcome Measure

2009 810 **2010** : 620 **2011** : 820 **2012** 640 **2013** : 640

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 205 - Plant Management Systems

Report Date 11/10/2009 Page 26 of 298

1. Outcome Target

Adopt appropriate pest management practices

2. Outcome Type: Change in Action Outcome Measure

2009 50 **2010** : 50 **2011** : 50 **2012** 50 **2013** : 50

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 205 - Plant Management Systems

Outcome #6

1. Outcome Target

Adopt appropriate practices

2. Outcome Type: Change in Action Outcome Measure

2009 35 **2010** : 35 **2011** : 25 **2012** 35 **2013** : 35

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 101 Appraisal of Soil Resources
- 102 Soil, Plant, Water, Nutrient Relationships
- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 131 Alternative Uses of Land
- 202 Plant Genetic Resources and Biodiversity
- 205 Plant Management Systems
- 314 Toxic Chemicals, Poisonous Plants, Naturally Occurring Toxins, and Other Hazards Affecting Animals
- 405 Drainage and Irrigation Systems and Facilities

Outcome #7

1. Outcome Target

Adopt appropriate technologies

2. Outcome Type: Change in Action Outcome Measure

2009 470 **2010** : 275 **2011** : 475 **2012** 275 **2013** : 275

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 101 Appraisal of Soil Resources
- 102 Soil, Plant, Water, Nutrient Relationships
- 111 Conservation and Efficient Use of Water

Report Date 11/10/2009 Page 27 of 298

- 112 Watershed Protection and Management
- 131 Alternative Uses of Land
- 202 Plant Genetic Resources and Biodiversity
- 205 Plant Management Systems
- 314 Toxic Chemicals, Poisonous Plants, Naturally Occurring Toxins, and Other Hazards Affecting Animals
- 405 Drainage and Irrigation Systems and Facilities

1. Outcome Target

Adopt environmentally sound technologies that improve economic viability

2. Outcome Type: Change in Action Outcome Measure

2009 45 **2010** : 45 **2011** : 45 **2012** 45 **2013** : 45

- 3. Associated Institute Type(s)
 - •1862 Extension

4. Associated Knowledge Area(s)

- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 131 Alternative Uses of Land
- 205 Plant Management Systems

Outcome #9

1. Outcome Target

Adopt new crop

2. Outcome Type : Change in Action Outcome Measure

2009 60 **2010** : 60 **2011** : 60 **2012** 60 **2013** : 60

- 3. Associated Institute Type(s)
 - •1862 Extension

4. Associated Knowledge Area(s)

205 - Plant Management Systems

Outcome #10

1. Outcome Target

Adopt practices that maintain long-term productivity

2. Outcome Type: Change in Action Outcome Measure

2009 985 **2010** : 985 **2011** : 985 **2012** 985 **2013** : 985

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 111 Conservation and Efficient Use of Water
- 205 Plant Management Systems

Report Date 11/10/2009 Page 28 of 298

1. Outcome Target

Adopt practices that maintain profitability

2. Outcome Type: Change in Action Outcome Measure

2009 905 **2010** : 905 **2011** : 905 **2012** 905 **2013** : 905

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 205 - Plant Management Systems

Outcome #12

1. Outcome Target

Develop environmentally sound technologies that improve economic viability

2. Outcome Type: Change in Action Outcome Measure

2009 230 **2010** : 230 **2011** : 230 **2012** 230 **2013** : 230

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 111 Conservation and Efficient Use of Water
- 131 Alternative Uses of Land
- 205 Plant Management Systems

Outcome #13

1. Outcome Target

Evaluate and adopt nutrient sources, recycling and delivery systems that produce high quality crops

2. Outcome Type : Change in Action Outcome Measure

2009 55 **2010** : 60 **2011** : 55 **2012** 55 **2013** : 55

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 101 Appraisal of Soil Resources
- 102 Soil, Plant, Water, Nutrient Relationships
- 131 Alternative Uses of Land
- 205 Plant Management Systems

Outcome #14

1. Outcome Target

Evaluate new cropping systems

Report Date 11/10/2009 Page 29 of 298

2009 55 **2010** : 55 **2011** : 60 **2012** 60 **2013** : 60

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 205 - Plant Management Systems

Outcome #15

1. Outcome Target

Evaluate the potential of new and non-traditional crops and varieties for profitable production in Maine

2. Outcome Type: Change in Action Outcome Measure

2009 63 **2010** : 73 **2011** : 73 **2012** 73 **2013** : 73

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

205 - Plant Management Systems

Outcome #16

1. Outcome Target

Grow new crop

2. Outcome Type: Change in Action Outcome Measure

2009 45 **2010** : 45 **2011** : 45 **2012** 45 **2013** : 45

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 205 - Plant Management Systems

Outcome #17

1. Outcome Target

Grow new variety

2. Outcome Type: Change in Action Outcome Measure

2009 :114 **2010** : 114 **2011** : 104 **2012** :103 **2013** :103

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

205 - Plant Management Systems

Outcome #18

1. Outcome Target

Improve Integrated Pest Management

Report Date 11/10/2009 Page 30 of 298

2009 500 **2010** : 500 **2011** : 500 **2012** 500 **2013** : 500

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 205 - Plant Management Systems

Outcome #19

1. Outcome Target

Improve crop quality and marketability

2. Outcome Type: Change in Action Outcome Measure

2009 40 **2010** : 40 **2011** : 40 **2012** 40 **2013** : 40

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 205 - Plant Management Systems

Outcome #20

1. Outcome Target

Improve production and quality of crops

2. Outcome Type : Change in Action Outcome Measure

2009 :105 **2010** : 110 **2011** : 115 **2012** :125 **2013** : 125

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 205 - Plant Management Systems

Outcome #21

1. Outcome Target

Improve soil health

2. Outcome Type: Change in Action Outcome Measure

2009 30 **2010** : 30 **2011** : 30 **2012** 30 **2013** :30

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 101 Appraisal of Soil Resources
- 102 Soil, Plant, Water, Nutrient Relationships

Outcome #22

1. Outcome Target

Maintain Certified Crop Advisor Certification

Report Date 11/10/2009 Page 31 of 298

2009 70 **2010** : 70 **2011** : 60 **2012** 60 **2013** : 60

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 205 - Plant Management Systems

Outcome #23

1. Outcome Target

Maintain nutrient management certification

2. Outcome Type: Change in Action Outcome Measure

2009 60 **2010** : 60 **2011** : 60 **2012** 60 **2013** : 60

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 102 - Soil, Plant, Water, Nutrient Relationships

Outcome #24

1. Outcome Target

Maintain pesticide applicator certification

2. Outcome Type: Change in Action Outcome Measure

2009 85 **2010** : 85 **2011** : 85 **2012** 85 **2013** : 85

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 205 - Plant Management Systems

Outcome #25

1. Outcome Target

Make appropriate cultivar choices

2. Outcome Type : Change in Action Outcome Measure

2009 60 **2010** : 60 **2011** : 60 **2012** 60 **2013** : 60

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

202 - Plant Genetic Resources and Biodiversity

Outcome #26

1. Outcome Target

Make better decisions regarding pest management

Report Date 11/10/2009 Page 32 of 298

2009 :1215 **2010** : 1215 **2011** : 1215 **2012** :1215 **2013** :1215

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 205 - Plant Management Systems

Outcome #27

1. Outcome Target

Participate in the Maine grass farmer network

2. Outcome Type: Change in Action Outcome Measure

2009 :130 **2010** : 150 **2011** : 150 **2012** :150 **2013** :150

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 101 Appraisal of Soil Resources
- 102 Soil, Plant, Water, Nutrient Relationships
- 131 Alternative Uses of Land

Outcome #28

1. Outcome Target

Test new crops

2. Outcome Type : Change in Action Outcome Measure

2009 50 **2010** : 50 **2011** : 50 **2012** 50 **2013** : 50

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 202 Plant Genetic Resources and Biodiversity
- 205 Plant Management Systems

Outcome #29

1. Outcome Target

Test new production techniques

2. Outcome Type : Change in Action Outcome Measure

2009 :120 **2010** : 129 **2011** : 129 **2012** :129 **2013** :129

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 205 - Plant Management Systems

Report Date 11/10/2009 Page 33 of 298

1. Outcome Target

Test new varieties

2. Outcome Type: Change in Action Outcome Measure

2009 42 **2010** : 42 **2011** : 42 **2012** 42 **2013** : 42

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 202 Plant Genetic Resources and Biodiversity
- 205 Plant Management Systems

Outcome #31

1. Outcome Target

Use relevant UMaine Extension web-based resources

2. Outcome Type: Change in Action Outcome Measure

2009 5770 **2010** : 5770 **2011** : 5770 **2012** 5770 **2013** :5770

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 101 Appraisal of Soil Resources
- 102 Soil, Plant, Water, Nutrient Relationships
- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 131 Alternative Uses of Land
- 202 Plant Genetic Resources and Biodiversity
- 205 Plant Management Systems
- 314 Toxic Chemicals, Poisonous Plants, Naturally Occurring Toxins, and Other Hazards Affecting Animals
- 405 Drainage and Irrigation Systems and Facilities

Outcome #32

1. Outcome Target

Grow trialed plants

2. Outcome Type : Change in Knowledge Outcome Measure

2009 :10 **2010** : 10 **2011** : 10 **2012** :10 **2013** : 10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 202 Plant Genetic Resources and Biodiversity
- 205 Plant Management Systems

Report Date 11/10/2009 Page 34 of 298

1. Outcome Target

Increase crop production

2. Outcome Type: Change in Knowledge Outcome Measure

2009 20 **2010** : 20 **2011** : 20 **2012** 20 **2013** : 20

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 205 - Plant Management Systems

Outcome #34

1. Outcome Target

Reduce the use of high-risk pesticides

2. Outcome Type: Change in Knowledge Outcome Measure

2009:10 **2010**:10 **2011**:10 **2012**:10 **2013**:10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 205 - Plant Management Systems

Outcome #35

1. Outcome Target

Test new storage techniques

2. Outcome Type: Change in Knowledge Outcome Measure

2009 2 **2010** : 2 **2011** : 2 **2012** 2 **2013** : 2

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

405 - Drainage and Irrigation Systems and Facilities

Outcome #36

1. Outcome Target

Enhance the economic and environmental sustainability of Maine agriculture and aquaculture.

2. Outcome Type: Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 101 Appraisal of Soil Resources
- 102 Soil, Plant, Water, Nutrient Relationships
- 111 Conservation and Efficient Use of Water

Report Date 11/10/2009 Page 35 of 298

- 112 Watershed Protection and Management
- 131 Alternative Uses of Land
- 202 Plant Genetic Resources and Biodiversity
- 205 Plant Management Systems
- 314 Toxic Chemicals, Poisonous Plants, Naturally Occurring Toxins, and Other Hazards Affecting Animals
- 405 Drainage and Irrigation Systems and Facilities

1. Outcome Target

Enhance the safety, sustainability and dependability of Maine's food supply.

2. Outcome Type: Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 101 Appraisal of Soil Resources
- 102 Soil, Plant, Water, Nutrient Relationships
- 111 Conservation and Efficient Use of Water
- 131 Alternative Uses of Land
- 202 Plant Genetic Resources and Biodiversity
- 205 Plant Management Systems
- 314 Toxic Chemicals, Poisonous Plants, Naturally Occurring Toxins, and Other Hazards Affecting Animals
- 405 Drainage and Irrigation Systems and Facilities

Outcome #38

1. Outcome Target

Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness.

2. Outcome Type: Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 101 Appraisal of Soil Resources
- 102 Soil, Plant, Water, Nutrient Relationships
- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 202 Plant Genetic Resources and Biodiversity
- 205 Plant Management Systems

Report Date 11/10/2009 Page 36 of 298

- 314 Toxic Chemicals, Poisonous Plants, Naturally Occurring Toxins, and Other Hazards Affecting Animals
- 405 Drainage and Irrigation Systems and Facilities

1. Outcome Target

Protect and enhance Maine's natural resources and environment through sustainable.

2. Outcome Type: Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 101 Appraisal of Soil Resources
- 102 Soil, Plant, Water, Nutrient Relationships
- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 131 Alternative Uses of Land
- 202 Plant Genetic Resources and Biodiversity
- 205 Plant Management Systems
- 314 Toxic Chemicals, Poisonous Plants, Naturally Occurring Toxins, and Other Hazards Affecting Animals
- 405 Drainage and Irrigation Systems and Facilities

Outcome #40

1. Outcome Target

Acquire pesticide applicator certification

2. Outcome Type : Change in Action Outcome Measure

2009 0 **2010** : 20 **2011** : 0 **2012** 20 **2013** : 20

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 314 - Toxic Chemicals, Poisonous Plants, Naturally Occurring Toxins, and Other Hazards Affecting Animals

Outcome #41

1. Outcome Target

Adopt appropriate nutrient management strategies

2. Outcome Type : Change in Action Outcome Measure

2009 30 **2010** : 30 **2011** : 30 **2012** 30 **2013** : 30

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

101 - Appraisal of Soil Resources

Report Date 11/10/2009 Page 37 of 298

- 102 Soil, Plant, Water, Nutrient Relationships
- 205 Plant Management Systems

1. Outcome Target

Create jobs

2. Outcome Type: Change in Knowledge Outcome Measure

2009 :10 **2010** : 10 **2011** : 10 **2012** : 10 **2013** : 10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 131 Alternative Uses of Land

Outcome #43

1. Outcome Target

Develop sustainable networks

2. Outcome Type: Change in Action Outcome Measure

2009 90 **2010** : 100 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 102 Soil, Plant, Water, Nutrient Relationships
- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 205 Plant Management Systems
- 314 Toxic Chemicals, Poisonous Plants, Naturally Occurring Toxins, and Other Hazards Affecting Animals
- 405 Drainage and Irrigation Systems and Facilities

Outcome #44

1. Outcome Target

Dollars saved

2. Outcome Type: Change in Action Outcome Measure

2009 5000 **2010** : 5000 **2011** : 8000 **2012** : 10000 **2013** : 10000

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management

Report Date 11/10/2009 Page 38 of 298

- 205 Plant Management Systems
- 314 Toxic Chemicals, Poisonous Plants, Naturally Occurring Toxins, and Other Hazards Affecting Animals

1. Outcome Target

Enroll in and work with Farms for the Future

2. Outcome Type: Change in Action Outcome Measure

2009:15 **2010**:15 **2011**:15 **2012**:15 **2013**:15

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 131 Alternative Uses of Land
- 205 Plant Management Systems

Outcome #46

1. Outcome Target

Expand Integrated Pest Management

2. Outcome Type : Change in Action Outcome Measure

2009 220 **2010** : 220 **2011** : 220 **2012** 220 **2013** : 220

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 112 Watershed Protection and Management
- 314 Toxic Chemicals, Poisonous Plants, Naturally Occurring Toxins, and Other Hazards Affecting Animals

Outcome #47

1. Outcome Target

Expand and enhance markets

2. Outcome Type: Change in Action Outcome Measure

2009 40 **2010** : 40 **2011** : 40 **2012** 40 **2013** : 40

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 131 Alternative Uses of Land
- 205 Plant Management Systems

Outcome #48

1. Outcome Target

Increase consumption of locally produced foods

Report Date 11/10/2009 Page 39 of 298

2. Outcome Type: Change in Action Outcome Measure

2009 40 **2010** : 40 **2011** : 40 **2012** #0 **2013** : 40

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 131 Alternative Uses of Land
- 205 Plant Management Systems

Outcome #49

1. Outcome Target

Increase purchase of Maine products

2. Outcome Type: Change in Action Outcome Measure

2009 :100 **2010** : 100 **2011** : 100 **2012** :100 **2013** :100

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 205 - Plant Management Systems

Outcome #50

1. Outcome Target

Operate equipment safely

2. Outcome Type : Change in Action Outcome Measure

2009 :10 **2010** : 10 **2011** : 10 **2012** : 10 **2013** : 10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 205 Plant Management Systems
- 314 Toxic Chemicals, Poisonous Plants, Naturally Occurring Toxins, and Other Hazards Affecting Animals
- 405 Drainage and Irrigation Systems and Facilities

Outcome #51

1. Outcome Target

Use grasslands efficiently for feed and water quality protection

2. Outcome Type : Change in Action Outcome Measure

2009 80 **2010** : 80 **2011** : 80 **2012** 80 **2013** : 80

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 112 Watershed Protection and Management
- 205 Plant Management Systems

Report Date 11/10/2009 Page 40 of 298

1. Outcome Target

Use new technologies

2. Outcome Type: Change in Action Outcome Measure

2009 40 **2010** : 50 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 111 Conservation and Efficient Use of Water
- 131 Alternative Uses of Land
- 205 Plant Management Systems
- 405 Drainage and Irrigation Systems and Facilities

Outcome #53

1. Outcome Target

Use pesticides safely

2. Outcome Type: Change in Action Outcome Measure

2009 8 **2010** : 12 **2011** : 16 **2012** 20 **2013** : 20

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 205 Plant Management Systems
- 314 Toxic Chemicals, Poisonous Plants, Naturally Occurring Toxins, and Other Hazards Affecting Animals

V(J). Planned Program (External Factors)

1. External Factors which may affect Outcomes

- Appropriations changes
- Competing Public priorities
- Economy
- Populations changes (immigration,new cultural groupings,etc.)
- Competing Programmatic Challenges
- Public Policy changes
- Government Regulations
- Natural Disasters (drought, weather extremes, etc.)

Description

V(K). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

- During (during program)
- Before-After (before and after program)

Report Date 11/10/2009 Page 41 of 298

Description

Intentions for short-term evaluation: written evaluation surveys will be circulated to program participants and newsletter recipients.

Intentions For Medium-Term and Long-Term Evaluation: a written evaluation survey will be circulated to program participants and newsletter recipients. In addition, the program will be evaluated by the Maine Potato Board as well as the UMaine Extension Potato Advisory Group.

2. Data Collection Methods

- On-Site
- Structured
- Other (Email/Web surveys)

Description

{NO DATA ENTERED}

Report Date 11/10/2009 Page 42 of 298

V(A). Planned Program (Summary)

Program #3

1. Name of the Planned Program

Coastal and Marine

2. Brief summary about Planned Program

Fishing, marine aquaculture, and tourism are vital to Maine's economy. Changing development patterns are causing habitat loss, fragmentation, and degradation that are affecting the viability of Maine's coastal communities and ecosystems. These issues will be addressed through volunteer education and monitoring programs, collaborative fisheries management systems, marine fisheries, aquaculture, and ecosystem education programs, and planning initiatives focused on sustainable coastal communities.

3. Program existence: Mature (More then five years)

4. Program duration : Long-Term (More than five years)

5. Expending formula funds or state-matching funds : Yes

6. Expending other than formula funds or state-matching funds: Yes

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
112	Watershed Protection and Management	25%		25%	
134	Outdoor Recreation	15%		15%	
135	Aquatic and Terrestrial Wildlife	13%		13%	
307	Animal Production Management Systems	12%		12%	
608	Community Resource Planning and Development	35%		35%	
	Total	100%		100%	

V(C). Planned Program (Situation and Scope)

1. Situation and priorities

Maine's seafood industry provides 26,000 direct and indirect jobs and brings \$860 million into the state economy.[i]Lobsters dominate the commercial fishery, with over 5,000 licenses and landings of over 50 million pounds worth more than \$150 million. [ii] The state has approximately 600 ground fish permits, mostly in the Portland area, with landings of over \$23 million.

Marine commercial and recreational aquaculture operations cultivate shellfish—including mussels, clams, bay scallops and

Report Date 11/10/2009 Page 43 of 298

oysters—and finfish, primarily Atlantic salmon. Hatcheries and salmon farms account for most of the value generated by aquaculture products in Maine. Salmon aquaculture peaked at \$80 million in 2000 and declined to less than \$15 million in 2003.

Throughout coastal Maine, traditional working waterfronts based on marine resources infrastructure and industry are being forced to make way for a new waterfront economy in which water-dependent businesses (schooners, kayakers, whale watchers, etc.) compete for waterfront access with traditional industries (lobster wharfs, boat building and other marine trades).

[i] Northeast Fisheries Science Center, Commercial Fisheries and Mariculture Revenues for Northeast States, 1999 (July 5, 2000), www.nefsc.nmfs.gov/press_releases/news00.16.html (accessed August 2004).

[ii] Maine Department of Marine Resources, Statistics Division, Commercial Fisheries Landings, http://www.maine.gov/dmr.commercialfishing/2002landingsbyvalue.htm (accessed August 2004).

2. Scope of the Program

- Multistate Extension
- Multistate Integrated Research and Extension
- In-State Extension
- Integrated Research and Extension
- In-State Research

V(D). Planned Program (Assumptions and Goals)

1. Assumptions made for the Program

Maine's coastal communities under pressure are faced with potential economic losses, including lowered income or lost jobs for coastal fishing families. Fishing not only provides income for families, but also is a traditional way of life. Maine residents may lose the ability to harvest Gulf of Maine resources and participate in resource management. A growing segment of the emerging coastal economy are in the service sector and are often seasonal, offering lower pay and reduced or absent health benefits. Many fear the "hollowing out"[i] of coastal communities, in which retirees and second homeowners replace working people as the character of coastal communities shifts from a fishing culture toward a suburban and tourism-based lifestyle. These changes can cause local conflicts that divide communities trying to balance economic development with public resource protection.

The integrity of Maine's coast is threatened by habitat loss, fragmentation and degradation, often as the result of changing development patterns. Ecosystem health (including deteriorating water quality, the prevalence of invasive species, and climate change) has a direct impact on the communities supported by both the fishing and tourism industries. Ultimately, human health and quality of life are compromised by failure to control pollution or monitor environmental conditions.

[i] John Ryan, Mount Desert Island Housing Trust Action Plan, (February, 2004).

2. Ultimate goal(s) of this Program

•Enhance the economic and environmental sustainability of Maine agriculture and aquaculture. •Increase the economic and social viability and sustainability of Maine communities. •Protect and enhance Maine's natural resources and environment through sustainable stewardship.

V(E). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program

Year	Exte	nsion	Re	search
rear	1862	1890	1862	1890
2009	2.5	0.0	0.3	0.0
2010	2.5	0.0	0.3	0.0
2011	2.5	0.0	0.3	0.0
2012	2.5	0.0	0.3	0.0
2013	2.5	0.0	0.3	0.0

Report Date 11/10/2009 Page 44 of 298

V(F). Planned Program (Activity)

1. Activity for the Program

•Applied Research in Fisheries and Aquaculture •Assessment of Marine Invasive Species •Beach Profile Monitoring Program •Coastal Access Forums •Cobscook Bay Fishermen's Association •Interactive, Collaborative Fisheries Management Workshops •Academic Assessment with the Georges River Case Study •Education/Outreach •Maine Beaches Conference •Maine Scallop Advisory Council •Maine Healthy Beaches Program consultation •Maine Healthy Beaches Program field training •Maine Healthy Beaches Program presentations/forum •Maine Healthy Beaches Program Website •Northeast Farmed Fish Health Management workshop •Porphyra Culture Demonstration Project •Washington County Community College Waterfront Management Committee •Working in Classrooms

2. Type(s) of methods to be used to reach direct and indirect contacts

Extension				
Direct Methods	Indirect Methods			
 One-on-One Intervention Workshop Demonstrations Other 1 (Applied Research) Education Class Other 2 (Collaborative or Cooperative Eff) 	 Other 1 (Applied Research) Other 2 (Publication - fact sheet) Web sites 			

3. Description of targeted audience

Agency Staff or Professionals (Adult)
 Commercial Fishing Industry Members (Adult)
 Commercial Fishing Industry Organization Members (Adult)
 Community Leaders
 (Adult)
 Community Members (Adult)
 General Public (Adult)
 Municipal Officials (Adult)
 Policy Makers (Adult)
 Veterinarians (Adult)
 Students (Youth)

V(G). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons(contacts) to be reached through direct and indirect contact methods

	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Year	Target	Target	Target	Target
2009	1100	50250	480	0
2010	1100	50250	480	0
2011	1100	50250	480	0
2012	1100	50250	480	0
2013	1100	50250	480	0

2. (Standard Research Target) Number of Patent Applications Submitted

Expected Patent Applications

2009:0 **2010**:0 **2011**:0 **2012**:0 **2013**:0

3. Expected Peer Review Publications

Report Date 11/10/2009 Page 45 of 298

Year	Research Target	Extension Target	Total
2009	0	0	0
2010	0	0	0
2011	0	0	0
2012	0	0	0
2013	0	0	0

$V(\mbox{\sc H}).$ State Defined Outputs

1. Output Target

•	Direct - Applied Research							
	2009 2	2010 1	2011 :1	2012:1	2013 :1			
•	Direct - Collaborative or Co	ooperative Effort						
	2009 5	2010 5	2011 :5	2012 5	2013 5			
•	Direct - Conference or syn	nposium						
	2009 D	2010 1	2011 :0	2012:1	2013 Ω			
•	Direct - Consultation; phor	ne, written, in-person						
	2009 :100	2010 . 100	2011 :100	2012 :100	2013 :100			
•	Direct - Experiential Learn	ing						
	2009 15	2010 25	2011 :25	2012 25	2013 25			
•	Direct - Public Presentatio	n						
	2009 :13	2010 13	2011 :13	2012 :13	2013 :13			
•	Direct - Volunteer Training							
	2009 65	2010 65	2011 :45	2012 55	2013 55			
•	Direct - Workshop - single	session						
	2009 4	2010 4	2011 :4	2012 4	2013 4			
•	Indirect - Applied Research	h						
	2009:1	2010 1	2011 :1	2012:1	2013 :1			
•	Indirect - Publication - fact	sheet						
	2009 2	2010 2	2011 :2	2012 2	2013 2			
•	Indirect - Website							
	2009:1	2010 1	2011 :1	2012:1	2013 :1			

Report Date 11/10/2009 Page 46 of 298

V(I). State Defined Outcome

O. No	Outcome Name
1	Adopt appropriate practices
2	Adopt practices that maintain long-term productivity
3	Conduct community service or outreach
4	Create and sustain effective partnerships and collaborations
5	Identify and remediate pollution sources
6	Increase levels of community participation and decision making
7	Make better decision regarding natural resource management
8	Make better decisions using science and technology skills
9	Promote community responsibility and action
10	Promote municipal responsibility and action
11	Promote personal responsibility and action
12	Use relevant UMCE web-based resources
13	Develop environmentally sound technologies and practices
14	Enhance the economic and environmental sustainability of Maine agriculture and aquaculture.
15	Enhance the safety, sustainability and dependability of Maine's food supply.
16	Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness.
17	Protect and enhance Maine's natural resources and environment through sustainable.
18	Assess community needs
19	Collect information and communicate results
20	Design projects or experiments to answer questions

Report Date 11/10/2009 Page 47 of 298

1. Outcome Target

Adopt appropriate practices

2. Outcome Type: Change in Action Outcome Measure

2009 :150 **2010** : 150 **2011** : 150 **2012** :150 **2013** :150

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 112 Watershed Protection and Management
- 134 Outdoor Recreation
- 135 Aguatic and Terrestrial Wildlife
- 307 Animal Production Management Systems
- 608 Community Resource Planning and Development

Outcome #2

1. Outcome Target

Adopt practices that maintain long-term productivity

2. Outcome Type: Change in Action Outcome Measure

2009 60 **2010** : 60 **2011** : 60 **2012** 60 **2013** : 60

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 135 Aquatic and Terrestrial Wildlife
- 307 Animal Production Management Systems

Outcome #3

1. Outcome Target

Conduct community service or outreach

2. Outcome Type : Change in Action Outcome Measure

2009 :12 **2010** : 12 **2011** : 12 **2012** :12 **2013** : 12

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 608 - Community Resource Planning and Development

Outcome #4

1. Outcome Target

Create and sustain effective partnerships and collaborations

Report Date 11/10/2009 Page 48 of 298

2. Outcome Type: Change in Action Outcome Measure

2009 20 **2010** : 20 **2011** : 20 **2012** 20 **2013** : 20

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 608 - Community Resource Planning and Development

Outcome #5

1. Outcome Target

Identify and remediate pollution sources

2. Outcome Type: Change in Action Outcome Measure

2009 20 **2010** : 20 **2011** : 20 **2012** 20 **2013** : 20

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

112 - Watershed Protection and Management

Outcome #6

1. Outcome Target

Increase levels of community participation and decision making

2. Outcome Type : Change in Action Outcome Measure

2009 40 **2010** : 40 **2011** : 40 **2012** 40 **2013** : 40

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 608 - Community Resource Planning and Development

Outcome #7

1. Outcome Target

Make better decision regarding natural resource management

2. Outcome Type : Change in Action Outcome Measure

2009 10 **2010** : 10 **2011** : 10 **2012** 10 **2013** : 10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 112 Watershed Protection and Management
- 134 Outdoor Recreation
- 135 Aquatic and Terrestrial Wildlife
- 307 Animal Production Management Systems

Report Date 11/10/2009 Page 49 of 298

1. Outcome Target

Make better decisions using science and technology skills

2. Outcome Type : Change in Action Outcome Measure

2009 50 **2010** : 50 **2011** : 60 **2012** 70 **2013** : 70

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 112 Watershed Protection and Management
- 135 Aquatic and Terrestrial Wildlife
- 307 Animal Production Management Systems

Outcome #9

1. Outcome Target

Promote community responsibility and action

2. Outcome Type: Change in Action Outcome Measure

2009 25 **2010** : 30 **2011** : 35 **2012** 40 **2013** : 45

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 608 - Community Resource Planning and Development

Outcome #10

1. Outcome Target

Promote municipal responsibility and action

2. Outcome Type: Change in Action Outcome Measure

2009 25 **2010** : 30 **2011** : 35 **2012** #0 **2013** : 45

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 608 - Community Resource Planning and Development

Outcome #11

1. Outcome Target

Promote personal responsibility and action

2. Outcome Type: Change in Action Outcome Measure

2009 :70 **2010** : 80 **2011** : 90 **2012** :100 **2013** :110

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

608 - Community Resource Planning and Development

Report Date 11/10/2009 Page 50 of 298

1. Outcome Target

Use relevant UMCE web-based resources

2. Outcome Type: Change in Action Outcome Measure

2009:100 **2010**:250 **2011**:350 **2012**:450 **2013**:450

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 112 Watershed Protection and Management
- 134 Outdoor Recreation
- 135 Aquatic and Terrestrial Wildlife
- 307 Animal Production Management Systems
- 608 Community Resource Planning and Development

Outcome #13

1. Outcome Target

Develop environmentally sound technologies and practices

2. Outcome Type: Change in Knowledge Outcome Measure

2009 5 **2010** : 5 **2011** : 5 **2012** 5 **2013** : 5

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 112 Watershed Protection and Management
- 135 Aquatic and Terrestrial Wildlife
- 307 Animal Production Management Systems
- 608 Community Resource Planning and Development

Outcome #14

1. Outcome Target

Enhance the economic and environmental sustainability of Maine agriculture and aquaculture.

2. Outcome Type: Change in Condition Outcome Measure

2009 D **2010** : 0 **2011** : 0 **2012** D **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 112 Watershed Protection and Management
- 134 Outdoor Recreation
- 135 Aquatic and Terrestrial Wildlife
- 307 Animal Production Management Systems

Report Date 11/10/2009 Page 51 of 298

• 608 - Community Resource Planning and Development

Outcome #15

1. Outcome Target

Enhance the safety, sustainability and dependability of Maine's food supply.

2. Outcome Type: Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 112 Watershed Protection and Management
- 134 Outdoor Recreation
- 135 Aquatic and Terrestrial Wildlife
- 307 Animal Production Management Systems
- 608 Community Resource Planning and Development

Outcome #16

1. Outcome Target

Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness.

2. Outcome Type: Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 112 Watershed Protection and Management
- 134 Outdoor Recreation
- 135 Aquatic and Terrestrial Wildlife
- 307 Animal Production Management Systems
- 608 Community Resource Planning and Development

Outcome #17

1. Outcome Target

Protect and enhance Maine's natural resources and environment through sustainable.

2. Outcome Type: Change in Condition Outcome Measure

2009 D **2010** : 0 **2011** : 0 **2012** D **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 112 - Watershed Protection and Management

Report Date 11/10/2009 Page 52 of 298

- 134 Outdoor Recreation
- 135 Aquatic and Terrestrial Wildlife
- 307 Animal Production Management Systems
- 608 Community Resource Planning and Development

1. Outcome Target

Assess community needs

2. Outcome Type: Change in Knowledge Outcome Measure

2009:10 **2010**:10 **2011**:10 **2012**:10 **2013**:10

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 608 Community Resource Planning and Development

Outcome #19

1. Outcome Target

Collect information and communicate results

2. Outcome Type : Change in Action Outcome Measure

2009 :100 **2010** : 350 **2011** : 450 **2012** :450 **2013** : 450

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 112 Watershed Protection and Management
 - 608 Community Resource Planning and Development

Outcome #20

1. Outcome Target

Design projects or experiments to answer questions

2. Outcome Type : Change in Action Outcome Measure

2009 :100 **2010** : 150 **2011** : 200 **2012** :250 **2013** :250

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 112 Watershed Protection and Management
 - 608 Community Resource Planning and Development

V(J). Planned Program (External Factors)

1. External Factors which may affect Outcomes

Report Date 11/10/2009 Page 53 of 298

- Government Regulations
- Economy
- Natural Disasters (drought, weather extremes, etc.)
- Populations changes (immigration,new cultural groupings,etc.)
- Competing Programmatic Challenges
- Competing Public priorities
- Appropriations changes
- Public Policy changes

Description

{NO DATA ENTERED}

V(K). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

- Retrospective (post program)
- Time series (multiple points before and after program)
- Before-After (before and after program)

Description

Intentions for short-term evaluation: Pre- and post-program evaluations will be conducted as appropriate. We will track the use of web resources and requests for publications. We will survey marine aquaculture stakeholder groups to document success in collaborative research and education.

Intentions for medium-term evaluation: Follow up survey of program participants will be conducted as appropriate to assess how knowledge/skills gained are being applied. Evaluate behavior changes such as production practices and policies for marine aquaculture resulting from our efforts in collaborative research and education.

Intentions for long-term evaluation: Follow up community-level survey to asses progress made in relation to goals set, such as protecting and enhancing natural resources and environment through sustainable stewardship. Evaluate beneficial changes to the economic and environmental sustainability of marine aquaculture resulting from UMaine Extension's efforts in collaborative research and education.

2. Data Collection Methods

- Structured
- Other (Email/Web surveys)
- On-Site

Description

(NO DATA ENTERED)

Report Date 11/10/2009 Page 54 of 298

V(A). Planned Program (Summary)

Program #4

1. Name of the Planned Program

Entrepreneurship - Small and Home Based Business

2. Brief summary about Planned Program

Small businesses are an important sector of Maine's economy, and approximately 25 percent of new small businesses in Maine are home-based. Business and financial planning and management skills, computer skills, product and value-added development, and marketing skills are essential to the success of new and established small businesses. Workshops, clinics, consultations, conferences, and websites provide access to information and a means to develop and refine skills that are applied at all stages of new business development and current business enhancement.

3. Program existence : Mature (More then five years)

4. Program duration: Long-Term (More than five years)

5. Expending formula funds or state-matching funds : Yes

6. Expending other than formula funds or state-matching funds : Yes

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
134	Outdoor Recreation	2%		2%	
504	Home and Commercial Food Service	2%		2%	
602	Business Management, Finance, and Taxation	80%		80%	
604	Marketing and Distribution Practices	7%		7%	
607	Consumer Economics	2%		2%	
608	Community Resource Planning and Development	5%		5%	
801	Individual and Family Resource Management	2%		2%	
	Total	100%		100%	

Report Date 11/10/2009 Page 55 of 298

V(C). Planned Program (Situation and Scope)

1. Situation and priorities

A 2003 statewide poll of Maine residents, conducted by Market Decisions of South Portland, found the economy, specifically jobs, to be a top concern.[i]

Maine's economic outlook calls for continued steady slow economic growth, with southern and coastal areas of the state outperforming the rest of the state in the years ahead. Most of the new jobs in Maine are expected to come from the services and retail trade sectors concentrated in the southern and coastal regions. The outlook for the manufacturing sector calls for continued employment losses as traditional natural-resource-based industries in Maine continue to erode and decline. Between 2001 and 2002, Maine lost 9,700 manufacturing jobs, representing 11.2 percent of all our manufacturing jobs.[ii] In northern Maine, hundreds of workers have recently lost high paying jobs as a result of the bankruptcies of Great Northern Paper Company in Millinocket, Eastern Fine Paper Company in Brewer, and Lincoln Pulp and Paper Company in Lincoln.

The top priority of Maine's Governor and the Department of Economic and Community Development is to increase economic opportunities. Small business development and entrepreneurship play an important role in the state's current economic development strategy. Maine's economic future is dependent on the successful start-up, continuation and expansion of small businesses. There are about 140,000 small businesses in Maine. [iii] About 90 percent of them employ five or fewer employees, accounting for about 20 percent of the labor force. [iv] Many of these businesses are home-based and located in the rural areas of the state. Together, these small businesses contribute significantly to the employment base in Maine.

Successful start-up of small businesses has played a very important role in Maine's employment growth during the 1990s and early 2000s and is expected to continue through the next decade. About 25 percent of these start-ups are home-based. They include every economic sector, from food processing to home childcare. It is estimated that two out of every three new jobs will be created by small businesses employing fewer than five people. [v] Many of these businesses are expected to be home-based or micro-enterprises that produce value-added products from Maine's natural resources. Small and home-based businesses represent entrepreneurial strength, diversity and durability, which contribute to the economic vitality of the state.

[i] Market Decisions. Mainers' View of Economy Continues to Improve - Rising Faster than National Indices. South Portland, ME, 2003. http://www.marketdecisions.com/index2.htm (accessed September 2004).

[ii] Maine Department of Labor, Labor Market Information Services. http://www.maine.gov/labor/lmis/ (accessed September 2004).

[iii] James C. McConnon. "Maine Microenterprises and Employment Levels by County, 2001." Working paper, University of Maine Cooperative Extension, Orono, Maine, 2003. http://www.umext.maine.edu/topics/county2001.pdf (accessed July 2004). [iv] Ibid

[v] Maine Department of Economic and Community Development, in cooperation with the Kauffman Foundation. Promoting and Sustaining an Entrepreneurship-Based Economy in Maine. http://www.state.me.us/decd/decdweb/OBDapril262003.htm (accessed July 2004).

2. Scope of the Program

- Multistate Integrated Research and Extension
- Multistate Extension
- In-State Extension
- Integrated Research and Extension

V(D). Planned Program (Assumptions and Goals)

1. Assumptions made for the Program

A growing number of Maine residents are considering starting a small business as a way of securing and sustaining a livable wage. There are also many established small businesses that have great potential to expand into new markets. Unfortunately, those interested in starting or expanding their own business are often unaware of the resources available to help them, and many lack the business management skills necessary to successfully evaluate potential business viability, and start and grow a small business. Many also lack the kinds of computer skills that, among other things, can offer access to much broader markets. Extension will collaborate with others to determine the most responsive and effective ways to market our resources and provide practical educational delivery methods and services.

2. Ultimate goal(s) of this Program

•Increase the economic and social viability and sustainability of Maine communities.

Report Date 11/10/2009 Page 56 of 298

V(E). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program

Year	Exte	nsion	Re	search
rear	1862	1890	1862	1890
2009	5.0	0.0	0.5	0.0
2010	5.0	0.0	0.5	0.0
2011	5.0	0.0	0.5	0.0
2012	5.0	0.0	0.5	0.0
2013	4.6	0.0	0.5	0.0

V(F). Planned Program (Activity)

1. Activity for the Program

•Consultations - Small and Home Based Business •Doing Business Radio Show •Eastern Maine Regional Business Regional Conference •Governor's Regional Conferences on Small Business & Entrepreneurship •National Home-Based and Micro Business Design Team •Small and Home Based Business Education Clinic •Small and Home Based Business Workshop Series •Small Business Related (publication) •Small Business Related (refereed journal article) •Tourism Economic Development: Inter-Organizational Consultation •Tourism Economic Development: Information System •Trade Area Analysis Program •Virtual Resource Library

2. Type(s) of methods to be used to reach direct and indirect contacts

Extension				
Direct Methods Indirect Methods				
Education Class	Web sites			
One-on-One Intervention	Other 1 (Publication)			
 Demonstrations 				
Workshop				
Group Discussion				
Other 1 (Collaborative or Cooperative Eff)				
Other 2 (Trade Area Analyses)				

3. Description of targeted audience

*Business Owners - current (Adult) *Business Owners - potential (Adult) *Extension - all staff (Adult) *Extension - all staff (Adult) *Small or Home-Based Business Owners - Potential (Adult) *Tourism Development Stakeholders (Adult) *Tourism Development Stakeholders (Adult)

V(G). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons(contacts) to be reached through direct and indirect contact methods

Report Date 11/10/2009 Page 57 of 298

	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Year	Target	Target	Target	Target
2009	2200	2200	0	0
2010	2200	2300	0	0
2011	2200	2400	0	0
2012	2200	2500	0	0
2013	2200	2500	0	0

2. (Standard Research Target) Number of Patent Applications Submitted

Expected Patent Applications

2009:0

2010:0

2011:0

2012:0

2013:0

3. Expected Peer Review Publications

Year	Research Target	Extension Target	Total
2009	0	0	0
2010	0	0	0
2011	0	0	0
2012	0	0	0
2013	0	0	0

V(H). State Defined Outputs

1. Output Target

• Direct - Conference or symposium; Planning and/or participation

2010 2

Direct - Consultation; phone, written, in-person

2009 281

2009 2

2010 281

2011 :281

2011 :2

2012 281

2012 2

2013 281

2013 2

• Direct - Group Presentation

2009:10

2010 10

2011 :10

2012:10

2013 :10

Direct - Trade Area Analyses

2009 5

2010 5

2011 :5

2012 5

2013 5

Direct - Train-the-Trainer

2009:1

2010 1

2011:1

2012:1

2013 :1

Direct - Workshop - series

2009:10

2010 10

2011 :10

2012:10

2013 :10

Report Date 11/10/2009 Page 58 of 298

• Direct - Workshop - single session

	2009 32	2010 26	2011 :26	2012 26	2013 26
•	Indirect - Website				
	2009 :1	2010 1	2011 :1	2012:1	2013 :1
•	Indirect - Radio Program				
	2009 Ω	2010 12	2011 : 12	2012 ົົົົົົົົົົ	2013 Ω

Report Date 11/10/2009 Page 59 of 298

V(I). State Defined Outcome

O. No	Outcome Name			
1	Adopt business management practices			
2	Adopt record-keeping system			
3	Conduct educational activities through cooperative or collaborative effort			
4	Design and implement small business conference			
5	Develop a business plan			
6	Develop a financial plan			
7	Develop a marketing plan			
8	Develop a pricing strategy			
9	Develop customer service plan			
10	Develop marketing tools			
11	Establish a business			
12	Participate in networking opportunities			
13	Use relevant UMaine Extension web-based resources			
14	4 Decide not to create non-viable business			
15	Develop tourism plan			
16	Expand a business			
17	Form collaborative group			
18	Increase business revenues			
19	Inventory community assets			
20	20 Retain a business			
21	21 Transition a business to closure			
22	Enhance the economic and environmental sustainability of Maine agriculture and aquaculture.			
23	23 Enhance the safety, sustainability and dependability of Maine's food supply.			
24	and lifelong wellness.			
25				
26	Adopt tourism plan			
27	Create jobs			
28	Develop community resources			

Report Date 11/10/2009 Page 60 of 298

1. Outcome Target

Adopt business management practices

2. Outcome Type: Change in Action Outcome Measure

2009 :185 **2010** : 185 **2011** : 185 **2012** :185 **2013** : 185

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 504 Home and Commercial Food Service
- 602 Business Management, Finance, and Taxation
- 604 Marketing and Distribution Practices
- 607 Consumer Economics

Outcome #2

1. Outcome Target

Adopt record-keeping system

2. Outcome Type: Change in Action Outcome Measure

2009 40 **2010** : 60 **2011** : 60 **2012** 60 **2013** : 60

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 504 Home and Commercial Food Service
- 602 Business Management, Finance, and Taxation
- 604 Marketing and Distribution Practices
- 607 Consumer Economics
- 801 Individual and Family Resource Management

Outcome #3

1. Outcome Target

Conduct educational activities through cooperative or collaborative effort

2. Outcome Type : Change in Action Outcome Measure

2009 22 **2010** : 22 **2011** : 22 **2012** 22 **2013** : 22

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 604 Marketing and Distribution Practices
- 607 Consumer Economics

Report Date 11/10/2009 Page 61 of 298

1. Outcome Target

Design and implement small business conference

2. Outcome Type: Change in Action Outcome Measure

2009 4 **2010** : 3 **2011** : 3 **2012** 3 **2013** : 3

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 602 - Business Management, Finance, and Taxation

Outcome #5

1. Outcome Target

Develop a business plan

2. Outcome Type: Change in Action Outcome Measure

2009 80 **2010**: 110 **2011**: 110 **2012** 90 **2013**: 90

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 504 Home and Commercial Food Service
- 602 Business Management, Finance, and Taxation
- 604 Marketing and Distribution Practices
- 607 Consumer Economics

Outcome #6

1. Outcome Target

Develop a financial plan

2. Outcome Type: Change in Action Outcome Measure

2009 :18 **2010** :40 **2011** :40 **2012** :40 **2013** :40

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 504 Home and Commercial Food Service
- 602 Business Management, Finance, and Taxation
- 604 Marketing and Distribution Practices
- 607 Consumer Economics

Report Date 11/10/2009 Page 62 of 298

1. Outcome Target

Develop a marketing plan

2. Outcome Type: Change in Action Outcome Measure

2009 40 **2010** : 40 **2011** : 40 **2012** 40 **2013** : 40

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 504 Home and Commercial Food Service
- 602 Business Management, Finance, and Taxation
- 604 Marketing and Distribution Practices
- 607 Consumer Economics

Outcome #8

1. Outcome Target

Develop a pricing strategy

2. Outcome Type: Change in Action Outcome Measure

2009 30 **2010** : 30 **2011** : 30 **2012** 30 **2013** : 30

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 504 Home and Commercial Food Service
- 602 Business Management, Finance, and Taxation
- 604 Marketing and Distribution Practices
- 607 Consumer Economics

Outcome #9

1. Outcome Target

Develop customer service plan

2. Outcome Type: Change in Action Outcome Measure

2009 38 **2010** : 55 **2011** : 55 **2012** 55 **2013** : 55

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 504 Home and Commercial Food Service
- 602 Business Management, Finance, and Taxation

Report Date 11/10/2009 Page 63 of 298

- 604 Marketing and Distribution Practices
- 607 Consumer Economics

1. Outcome Target

Develop marketing tools

2. Outcome Type: Change in Action Outcome Measure

2009 28 **2010** : 60 **2011** : 60 **2012** 60 **2013** : 60

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 504 Home and Commercial Food Service
- 602 Business Management, Finance, and Taxation
- 604 Marketing and Distribution Practices
- 607 Consumer Economics
- 608 Community Resource Planning and Development

Outcome #11

1. Outcome Target

Establish a business

2. Outcome Type: Change in Action Outcome Measure

2009 68 **2010** : 80 **2011** : 80 **2012** 80 **2013** :80

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 504 Home and Commercial Food Service
- 602 Business Management, Finance, and Taxation

Outcome #12

1. Outcome Target

Participate in networking opportunities

2. Outcome Type : Change in Action Outcome Measure

2009 350 **2010** : 350 **2011** : 350 **2012** 2600 **2013** : 2600

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 504 Home and Commercial Food Service

Report Date 11/10/2009 Page 64 of 298

- 602 Business Management, Finance, and Taxation
- 604 Marketing and Distribution Practices

1. Outcome Target

Use relevant UMaine Extension web-based resources

2. Outcome Type: Change in Action Outcome Measure

2009 550 **2010** : 600 **2011** : 600 **2012** 600 **2013** : 600

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 504 Home and Commercial Food Service
- 602 Business Management, Finance, and Taxation
- 604 Marketing and Distribution Practices
- 607 Consumer Economics
- 608 Community Resource Planning and Development
- 801 Individual and Family Resource Management

Outcome #14

1. Outcome Target

Decide not to create non-viable business

2. Outcome Type: Change in Action Outcome Measure

2009 5 **2010** : 5 **2011** : 5 **2012** 5 **2013** : 5

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 602 - Business Management, Finance, and Taxation

Outcome #15

1. Outcome Target

Develop tourism plan

2. Outcome Type : Change in Action Outcome Measure

2009 8 **2010**:10 **2011**:10 **2012**:10 **2013**:10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 608 Community Resource Planning and Development

Report Date 11/10/2009 Page 65 of 298

1. Outcome Target

Expand a business

2. Outcome Type : Change in Action Outcome Measure

2009 25 **2010** : 25 **2011** : 25 **2012** 25 **2013** : 25

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 602 Business Management, Finance, and Taxation

Outcome #17

1. Outcome Target

Form collaborative group

2. Outcome Type: Change in Action Outcome Measure

2009 5 **2010** : 5 **2011** : 5 **2012** 5 **2013** : 5

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 604 Marketing and Distribution Practices
- 608 Community Resource Planning and Development

Outcome #18

1. Outcome Target

Increase business revenues

2. Outcome Type: Change in Action Outcome Measure

2009 5 **2010** : 5 **2011** : 5 **2012** 5 **2013** : 5

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 604 - Marketing and Distribution Practices

Outcome #19

1. Outcome Target

Inventory community assets

2. Outcome Type: Change in Action Outcome Measure

2009 5 **2010** : 5 **2011** : 5 **2012** 5 **2013** : 5

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

608 - Community Resource Planning and Development

Report Date 11/10/2009 Page 66 of 298

1. Outcome Target

Retain a business

2. Outcome Type: Change in Action Outcome Measure

2009 :10 **2010** : 10 **2011** : 10 **2012** :10 **2013** : 10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 602 - Business Management, Finance, and Taxation

Outcome #21

1. Outcome Target

Transition a business to closure

2. Outcome Type: Change in Action Outcome Measure

2009 2 **2010** : 2 **2011** : 2 **2012** 2 **2013** : 2

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 602 - Business Management, Finance, and Taxation

Outcome #22

1. Outcome Target

Enhance the economic and environmental sustainability of Maine agriculture and aquaculture.

2. Outcome Type : Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 504 Home and Commercial Food Service
- 602 Business Management, Finance, and Taxation
- 604 Marketing and Distribution Practices
- 607 Consumer Economics
- 608 Community Resource Planning and Development
- 801 Individual and Family Resource Management

Outcome #23

1. Outcome Target

Enhance the safety, sustainability and dependability of Maine's food supply.

Report Date 11/10/2009 Page 67 of 298

2. Outcome Type: Change in Condition Outcome Measure

2009 D **2010** : 0 **2011** : 0 **2012** D **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 504 Home and Commercial Food Service
- 602 Business Management, Finance, and Taxation
- 604 Marketing and Distribution Practices
- 607 Consumer Economics
- 801 Individual and Family Resource Management

Outcome #24

1. Outcome Target

Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness.

2. Outcome Type : Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 504 Home and Commercial Food Service
- 602 Business Management, Finance, and Taxation
- 604 Marketing and Distribution Practices
- 607 Consumer Economics
- 608 Community Resource Planning and Development
- 801 Individual and Family Resource Management

Outcome #25

1. Outcome Target

Protect and enhance Maine's natural resources and environment through sustainable.

2. Outcome Type : Change in Condition Outcome Measure

2009 ① **2010** : 0 **2011** : 0 **2012** ① **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 504 Home and Commercial Food Service

Report Date 11/10/2009 Page 68 of 298

- 602 Business Management, Finance, and Taxation
- 604 Marketing and Distribution Practices
- 607 Consumer Economics
- 608 Community Resource Planning and Development
- 801 Individual and Family Resource Management

1. Outcome Target

Adopt tourism plan

2. Outcome Type:

Change in Action Outcome Measure

2009 3 **2010** : 5 **2011** : 5 **2012** 5 **2013** : 5

- 3. Associated Institute Type(s)
 - •1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 608 Community Resource Planning and Development

Outcome #27

1. Outcome Target

Create jobs

2. Outcome Type: Change in Knowledge Outcome Measure

2009 85 **2010** : 85 **2011** : 85 **2012** 85 **2013** : 85

- 3. Associated Institute Type(s)
 - •1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 607 Consumer Economics
- 608 Community Resource Planning and Development

Outcome #28

1. Outcome Target

Develop community resources

2. Outcome Type : Change in Knowledge Outcome Measure

2009 3 **2010** : 5 **2011** : 5 **2012** 5 **2013** : 5

- 3. Associated Institute Type(s)
 - •1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 607 Consumer Economics
- 608 Community Resource Planning and Development

Report Date 11/10/2009 Page 69 of 298

V(J). Planned Program (External Factors)

1. External Factors which may affect Outcomes

- Government Regulations
- Economy
- Public Policy changes
- Appropriations changes
- Competing Programmatic Challenges
- Natural Disasters (drought, weather extremes, etc.)
- Populations changes (immigration,new cultural groupings,etc.)
- Competing Public priorities

Description

{NO DATA ENTERED}

V(K). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

After Only (post program)

Description

Intentions for short-term evaluation: An end-of-program evaluation will be administered to assess initial knowledge and skill changes and establish a baseline of planned practice changes. Quantitative and qualitative methods may be used to assess program impacts.

Intentions for medium-term evaluation: Approximately six-months after each program, an evaluation will be conducted to assess medium-term knowledge, skill, and practice changes and measure initial program impacts. Quantitative and qualitative methods may be used to assess program impacts.

Intentions for long-term evaluation: Approximately one-year after each program, an evaluation will be conducted to assess long-term knowledge, skill and practice changes and to measure program impacts. Quantitative and qualitative methods may be used to assess program impacts.

2. Data Collection Methods

- Other (Email/Web surveys)
- Structured
- Mail

Description

{NO DATA ENTERED}

Report Date 11/10/2009 Page 70 of 298

V(A). Planned Program (Summary)

Program #5

1. Name of the Planned Program

Agriculture - Sustainable Business Management

2. Brief summary about Planned Program

The educational needs of Maine farmers in sustainable business management skills are as varied as the farms themselves. Workshops, consultations, publications, and websites will addresses the need for skills in human resource management, product tracking technology, waste and nutrient management, worker protection standards, financial management, crop insurance, and estate planning, among other topics. Small and part-time farmers will learn basic business management skills such as business plan development, customer service, pricing, merchandising and marketing, and methods of maximizing product value.

3. Program existence: Mature (More then five years)

4. Program duration: Long-Term (More than five years)

5. Expending formula funds or state-matching funds : Yes

6. Expending other than formula funds or state-matching funds: Yes

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
601	Economics of Agricultural Production and Farm Management	60%		60%	
602	Business Management, Finance, and Taxation	40%		40%	
	Total	100%		100%	

V(C). Planned Program (Situation and Scope)

1. Situation and priorities

The current population of full-time farmers in Maine is aging, with an average age of 54. New farmers often require off-farm income to survive. The size of the average farm is increasing, but the overall number of farms continues to decline. Even so, in terms of acreage, while large farms are getting larger, the number of very small, diverse farm enterprises is growing. Maine has seen a growing number of women entering farming. In 2002, Maine had 7,196 farms, with close to 1.4 million acres of farmland. [i]This is about 7 percent of the state's land base.[ii] The majority of these farms are classified as small farms. The number of farms with yearly sales over \$100,000 was 679. Ninety-five percent of Maine farms fit the USDA definition of a "small farm," with annual sales under \$250,000.[iii]

The need for those in agriculture to practice effective business management skills is critical for the sustainability of this industry, which provides employment for more than 65,000 Maine people and contributes over \$1.2 billion to the Maine economy.[iv]

The educational needs of Maine farmers in sustainable business management skills are as varied as the diverse enterprises that make up this industry. As farms become larger, operators have to learn new skills in human resource management, product tracking technology, waste/nutrient management, worker protection standards, financial management and other issues. Small and part-time farmers often need to learn basic business management skills such as business plan development, customer service, pricing, merchandising and marketing, and methods of maximizing product value.

Report Date 11/10/2009 Page 71 of 298

[i] USDA National Agricultural Statistics Service, 2002 Census of Agriculture (June 2004), http://www.nass.usda.gov/census/.

Census of Agriculture (June 2004), http://www.nass.usda.gov/census/.

2. Scope of the Program

- Multistate Extension
- Multistate Integrated Research and Extension
- In-State Extension

V(D). Planned Program (Assumptions and Goals)

1. Assumptions made for the Program

Sustainable business management practices are essential for the survival of commercial agriculture in Maine. The wise use of economic, natural and human resources in an agricultural enterprise is required to keep farming profitable for the present and the future. Maine's farmers have long regarded themselves as stewards of the land and water resources of our state. In recent years, competing interests for land, water, and labor have presented serious challenges to many agricultural producers.

2. Ultimate goal(s) of this Program

•Enhance the economic and environmental sustainability of Maine agriculture and aquaculture. •Enhance the safety, sustainability, and dependability of Maine's food supply. •Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness. •Increase the economic and social viability and sustainability of Maine communities.

V(E). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program

Year	Exte	nsion	Research		
rear	1862	1890	1862	1890	
2009	3.3	0.0	0.2	0.0	
2010	3.2	0.0	0.2	0.0	
2011	3.3	0.0	0.2	0.0	
2012	3.2	0.0	0.2	0.0	
2013	3.2	0.0	0.2	0.0	

V(F). Planned Program (Activity)

1. Activity for the Program

*Agriculture Business Related (publication)
 *Agriculture Business Related (refereed journal article)
 *Consultations Agriculture Business Management
 *Cost of Production Dairy Farms and Forage Crops
 *Crop Insurance Education - AV
 Resource
 *Crop Insurance Education - Conference
 *Crop Insurance Education - Public Presentation
 *Crop Insurance Education - Radio Program
 *Crop Insurance Education - Television Segment
 *Crop Insurance Education - Train the Trainer
 *Crop Insurance Education - Website
 *Crop Insurance Education Display (Indirect)
 *Developing And Implementing An Estate Plan To
 Preserve Wealth
 *Farms for the Future
 *Meetings on Agriculture Business Management

Report Date 11/10/2009 Page 72 of 298

2. Type(s) of methods to be used to reach direct and indirect contacts

Ext	Extension			
Direct Methods Indirect Methods				
 One-on-One Intervention Other 2 (Collaborative or Cooperative Eff) Group Discussion Demonstrations Other 1 (Conference or symposium) Workshop 	 Other 2 (Radio Program) Newsletters Web sites TV Media Programs Other 1 (Applied Research) 			

3. Description of targeted audience

- •Agency Staff or Professionals (Adult) •Agricultural Producers (Adult) •Extension all staff (Adult) •Farmers (Adult) •Forestland Managers (Adult)
- V(G). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons(contacts) to be reached through direct and indirect contact methods

	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Year	Target	Target	Target	Target
2009	3100	90900	0	0
2010	3100	90900	0	0
2011	3100	90900	0	0
2012	3100	90900	0	0
2013	3100	90900	0	0

2. (Standard Research Target) Number of Patent Applications Submitted

Expected Patent Applications

2009:0 **2010**:0 **2011**:0 **2012**:0 **2013**:0

3. Expected Peer Review Publications

Year	Research Target	Extension Target	Total
2009	0	0	0
2010	0	0	0
2011	0	0	0
2012	0	0	0
2013	0	0	0

V(H). State Defined Outputs

1. Output Target

• Direct - Conference or symposium; Planning and/or participation

Report Date 11/10/2009 Page 73 of 298

	2009 50	2010 50	2011 :50	2012 4 0	2013 40
•	Direct - Consultation; phon	e, written, in-person			
	2009 50	2010 50	2011 :50	2012 5 0	2013 50
•	Direct - Display or exhibit				
	2009 ß	2010 8	2011 :8	2012 ß	2013 ß
•	Direct - Group Presentation	า			
	2009 2	2010 1	2011 :2	2012:1	2013 :1
•	Direct - Public Presentation	า			
	2009 :12	2010 12	2011 :12	2012 :12	2013 :12
•	Direct - Workshop - single	session			
	2009 2	2010 2	2011 :2	2012 2	2013 2
•	Indirect - Applied Research	1			
	2009:1	2010 1	2011 :1	2012:1	2013 :1
•	Indirect - Publication				
	2009 4 0	2010 40	2011 :40	2012 ±40	2013 ±40
•	Indirect - Publication - new	sletter			
	2009 :12	2010 12	2011 :12	2012 :12	2013 :12
•	Indirect - Radio Program				
	2009 2	2010 2	2011 :2	2012 2	2013 2
•	Indirect - Television Segme	ent			
	2009 4	2010 4	2011 :4	2012 4	2013 4
•	Indirect - Website				
	2009:1	2010 1	2011 :1	2012:1	2013 :1
•	Direct - Collaborative or Co	ooperative Effort			
	2009 4	2010 4	2011 :4	2012 4	2013 4

Report Date 11/10/2009 Page 74 of 298

V(I). State Defined Outcome

O. No	Outcome Name		
1	Adopt appropriate management strategies		
2	Develop a business plan		
3	Develop a financial plan		
4	Develop an estate plan for business enterprise		
5	Enroll in and work with Farms for the Future		
6	Keep accurate records		
7	Make better decisions using accurate records		
8	Manage business to achieve profit		
9	Secure financing		
10	Use relevant UMCE web-based resources		
11	Adopt practices that maintain profitability		
12	Enhance the economic and environmental sustainability of Maine agriculture and aquaculture.		
13	Enhance the safety, sustainability and dependability of Maine's food supply.		
14	Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness.		
15	Protect and enhance Maine's natural resources and environment through sustainable.		
16	Adopt appropriate technologies		
17	Adopt business management practices		
18	Adopt environmentally sound technologies that improve economic viability		
19	Adopt practices that maintain long-term productivity		
20	Create jobs		
21	Decide not to create non-viable business		
22	Establish a business		
23	Increase business revenues		

Report Date 11/10/2009 Page 75 of 298

1. Outcome Target

Adopt appropriate management strategies

2. Outcome Type: Change in Action Outcome Measure

2009 75 **2010** : 95 **2011** : 115 **2012** : 135 **2013** : 135

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

Outcome #2

1. Outcome Target

Develop a business plan

2. Outcome Type: Change in Action Outcome Measure

2009 :16 **2010** : 17 **2011** : 18 **2012** :19 **2013** :19

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

Outcome #3

1. Outcome Target

Develop a financial plan

2. Outcome Type: Change in Action Outcome Measure

2009 55 **2010** : 70 **2011** : 80 **2012** 90 **2013** : 90

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

Outcome #4

1. Outcome Target

Develop an estate plan for business enterprise

2. Outcome Type : Change in Action Outcome Measure

2009 :15 **2010** : 15 **2011** : 15 **2012** :15 **2013** :15

3. Associated Institute Type(s)

•1862 Extension

Report Date 11/10/2009 Page 76 of 298

4. Associated Knowledge Area(s)

- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

Outcome #5

1. Outcome Target

Enroll in and work with Farms for the Future

2. Outcome Type: Change in Action Outcome Measure

2009 :15 **2010** : 15 **2011** : 15 **2012** :15 **2013** : 15

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

Outcome #6

1. Outcome Target

Keep accurate records

2. Outcome Type: Change in Action Outcome Measure

2009 65 **2010** : 75 **2011** : 85 **2012** 95 **2013** : 95

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

Outcome #7

1. Outcome Target

Make better decisions using accurate records

2. Outcome Type : Change in Action Outcome Measure

2009 :155 **2010** : 165 **2011** : 175 **2012** :185 **2013** : 185

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

Outcome #8

1. Outcome Target

Manage business to achieve profit

Report Date 11/10/2009 Page 77 of 298

2009 :10 **2010** : 10 **2011** : 10 **2012** :10 **2013** :0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

Outcome #9

1. Outcome Target

Secure financing

2. Outcome Type: Change in Action Outcome Measure

2009 £60 **2010** : 70 **2011** : 80 **2012** 90 **2013** : 90

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

Outcome #10

1. Outcome Target

Use relevant UMCE web-based resources

2. Outcome Type: Change in Action Outcome Measure

2009 345 **2010** : 345 **2011** : 355 **2012** 365 **2013** : 365

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

Outcome #11

1. Outcome Target

Adopt practices that maintain profitability

2. Outcome Type : Change in Knowledge Outcome Measure

2009 20 **2010** : 20 **2011** : 20 **2012** 20 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

Report Date 11/10/2009 Page 78 of 298

1. Outcome Target

Enhance the economic and environmental sustainability of Maine agriculture and aquaculture.

2. Outcome Type: Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 502 New and Improved Food Products
- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

Outcome #13

1. Outcome Target

Enhance the safety, sustainability and dependability of Maine's food supply.

2. Outcome Type : Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 502 New and Improved Food Products
- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

Outcome #14

1. Outcome Target

Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness.

2. Outcome Type : Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 502 New and Improved Food Products
- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

Outcome #15

1. Outcome Target

Protect and enhance Maine's natural resources and environment through sustainable.

Report Date 11/10/2009 Page 79 of 298

2009 D **2010** : 0 **2011** : 0 **2012** D **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 502 New and Improved Food Products
- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

Outcome #16

1. Outcome Target

Adopt appropriate technologies

2. Outcome Type: Change in Action Outcome Measure

2009 :10 **2010** : 10 **2011** : 10 **2012** :10 **2013** :10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

Outcome #17

1. Outcome Target

Adopt business management practices

2. Outcome Type: Change in Action Outcome Measure

2009 6 **2010** : 9 **2011** : 12 **2012** : 15 **2013** : 15

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

Outcome #18

1. Outcome Target

Adopt environmentally sound technologies that improve economic viability

2. Outcome Type : Change in Action Outcome Measure

2009 33 **2010** : 37 **2011** : 41 **2012** \$45 **2013** : 45

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

601 - Economics of Agricultural Production and Farm Management

Report Date 11/10/2009 Page 80 of 298

• 602 - Business Management, Finance, and Taxation

Outcome #19

1. Outcome Target

Adopt practices that maintain long-term productivity

2. Outcome Type: Change in Action Outcome Measure

2009 :150 **2010** : 150 **2011** : 150 **2012** :150 **2013** :150

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

Outcome #20

1. Outcome Target

Create jobs

2. Outcome Type: Change in Action Outcome Measure

2009:10 **2010**:10 **2011**:10 **2012**:10 **2013**:10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

Outcome #21

1. Outcome Target

Decide not to create non-viable business

2. Outcome Type: Change in Action Outcome Measure

2009 4 **2010** : 5 **2011** : 6 **2012** 7 **2013** : 7

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

Outcome #22

1. Outcome Target

Establish a business

Report Date 11/10/2009 Page 81 of 298

2009:1 **2010**:2 **2011**:3 **2012**:4 **2013**:4

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

Outcome #23

1. Outcome Target

Increase business revenues

2. Outcome Type: Change in Action Outcome Measure

2009 20 **2010** : 20 **2011** : 20 **2012** 20 **2013** : 20

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

V(J). Planned Program (External Factors)

1. External Factors which may affect Outcomes

- Appropriations changes
- Natural Disasters (drought, weather extremes, etc.)
- Competing Programmatic Challenges
- Populations changes (immigration,new cultural groupings,etc.)
- Competing Public priorities
- Government Regulations
- Economy
- Public Policy changes

Description

{NO DATA ENTERED}

V(K). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

- Retrospective (post program)
- Time series (multiple points before and after program)
- During (during program)
- Before-After (before and after program)

Description

Intentions for short-term evaluation: field day evaluations, workshop evaluations, statistical counts of new pesticide applicator licenses and pesticide recertification credits, evaluation of bench mark data.

Intentions for medium-term evaluation: end of production year evaluation using surveys.

Intentions for long-term evaluation: evaluate changes in annual agricultural productivity and profitability, and adoption of technology.

Report Date 11/10/2009 Page 82 of 298

2. Data Collection Methods

- Other (Email/Web Surveys)
- On-Site
- Structured

Description

(NO DATA ENTERED)

Report Date 11/10/2009 Page 83 of 298

V(A). Planned Program (Summary)

Program #6

1. Name of the Planned Program

Community Development: Capacity-building Skills

2. Brief summary about Planned Program

In all communities, large and small, there is a need for local leadership to deal with complex issues. Members of charitable non-profits and community organizations need to be able to develop skills and access information and technical assistance to inform their decisions. Citizens, both youth and adults, need to engage in building the communities that they want for the future. Workshops, train-the-trainer programs, and coaching sessions will be used to develop facilitation and group process skills that will enhance individual participation and effectiveness in working in groups to make informed decisions and plan for the future of their organizations and communities.

3. Program existence : Mature (More then five years)

4. Program duration: Long-Term (More than five years)

5. Expending formula funds or state-matching funds : Yes

6. Expending other than formula funds or state-matching funds: No

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
608	Community Resource Planning and Development	10%		10%	
802	Human Development and Family Well-Being	35%		35%	
803	Sociological and Technological Change Affecting Individuals, Families and Communities	45%		45%	
805	Community Institutions, Health, and Social Services	5%		5%	
901	Program and Project Design, and Statistics	5%		5%	
	Total	100%		100%	

V(C). Planned Program (Situation and Scope)

1. Situation and priorities

Maine has a population of about 1.25 million people, yet we live in a space that could comfortably hold the other five New England states put together.[i]The majority of Maine's residents live in southern Maine, where coastal property is at a premium and increasingly unaffordable to long-time Maine residents due to escalating property taxes. Southern and mid-coast areas have experienced the greatest in-migration. Our net population is growing slowly. From 2002 to 2010, it is estimated that 3000 to 4000 people will move to Maine "from away."[ii] From within the state, we are moving from north to south, from inland to coastal areas

Report Date 11/10/2009 Page 84 of 298

and from urban to rural areas. Infrastructure costs to support these population shifts (schools, commuter roads, municipal services) and the environmental costs of urban sprawl (water, soil and air quality) are being passed on to state taxpayers.

Maine's population is relatively old, with a median age of 36.9 years.[iii] It is the third oldest state in the nation. In 2002, 14 percent of Maine's total population was 65 or older.[iv] In 2025, that group will represent 21 percent of the total population, as a result of elders living longer, a projected continuing out-migration and declining birth rates.[v] From 2000 to 2020, Maine's population is forecast to grow about 10 percent overall, but Maine's senior population will grow by 50 percent.[vi]Affordable and accessible elder health care, housing and related services will become more pronounced over time.

Some reports indicate that Maine's young people are leaving. This is referred to as the "brain drain."[vii] This presents a challenge: young people are attracted to vibrant economies, and vibrant economies are built on the ideas and energy of young workers.[viii] From 2000 to 2010 the K–12 public school population will decrease; from 2005 to 2010, the number of high school graduates will decrease, and in 2005, the total school population will begin to decline.[ix] In addition to these statistics, the increased time workers spend commuting between home and one or more work sites, just to make ends meet, leaves less time and energy for family connections, volunteerism or civic engagement.

[i] Laurie Lachance, "Maine's Population," Maine Policy Leaders Academy presentation (Augusta, ME: Maine State Planning Office, 2000), http://www.state.me.us/spo/economics/economics/pdf/pla-presentation.pdf (accessed May 2004).

[ii] Charles Colgan, "The 2002 Long Range Economic and Population Forecasts

For Maine and its Regions 2000-2025". (Portland, ME: USM Center for Business and Economic Research, 2002) http://www.muskie.usm.maine.edu/csc/homepage/dmpremi 2000.htm (accessed May 2004).

- [iii] Lachance, "Maine's Population."
- [iv] Lachance, "Maine's Population."
- [v] Lachance, "Maine's Population."
- [vi] Lachance "Maine's Population."
- [vii] Laurie Lachance, "The Maine Economy: Shoring Up the Foundation," presentation to the Jackson Laboratory (Augusta,
- ME: Maine State Planning Office, 2003), www.state.me.us/spo/economics/economics/presentations.php (accessed May 2004). [viii] Lachance, "The Maine Economy."
 - [iv] Colgan "Foonemic and Deputation Foregot
 - [ix] Colgan, "Economic and Population Forecasts."

2. Scope of the Program

- In-State Research
- Multistate Integrated Research and Extension
- In-State Extension
- Multistate Extension
- Integrated Research and Extension
- Multistate Research

V(D). Planned Program (Assumptions and Goals)

1. Assumptions made for the Program

According to James B. Cook, "there is a generally recognized set of characteristics that differentiate community development from other forms of community-related activities."[i]The characteristics of a community development activity include (1) a focus on a defined "unit" called community, (2) a desired outcome that results in positive structural change, (3) involvement of paid professionals or workers, (4) a process initiated from outside of the community, (5) an emphasis on the involvement of community members, and (6) a holistic approach that will increase participation in a democratic process . . . and result in more inclusive community decision-making.[ii]A community's capacity, or ability to achieve identified goals, is realized when potential community assets, resources, gifts and talents are mobilized.

[i]James B. Cook, Community Development Theory, publication MP568, (Columbia, MO: University of Missouri Extension, 1994), 3.

[ii] Cook, Community Development Theory, 3.

2. Ultimate goal(s) of this Program

•Increase the economic and social viability and sustainability of Maine communities.

V(E). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program

Report Date 11/10/2009 Page 85 of 298

Vaca	Extension		Research		
Year	1862	1890	1862	1890	
2009	2.0	0.0	0.3	0.0	
2010	2.0	0.0	0.4	0.0	
2011	1.3	0.0	0.3	0.0	
2012	1.3	0.0	0.3	0.0	
2013	1.1	0.0	0.3	0.0	

V(F). Planned Program (Activity)

1. Activity for the Program

- •Community Capacity Building and Leadership. •Community Coaching •Community Development Related (publication)
- •Community Development Related (refereed journal article) •Community Wellness Coalition •Group Effectiveness
- •Maine Solutions Projects •Organizational Development with Community Groups and Organizations •Strengthening Facilitation Skills •Strengthening Facilitation Skills Workshop •York County Executive Committee

2. Type(s) of methods to be used to reach direct and indirect contacts

Extension			
Direct Methods Indirect Methods			
 Education Class One-on-One Intervention Other 1 (Applied Research) Group Discussion Other 2 (Collaborative or Cooperative Eff) Workshop 	Other 1 (Applied Research)Web sites		

3. Description of targeted audience

•Agency Staff or Professionals (Adult) •Community Leaders (Adult) •Community Members (Adult) •Community Organization Members or Staff (Adult) •County Executive Committee Members (Adult) •Extension - all staff (Adult) •Extension Faculty (Adult) •Policy Makers (Adult) •Radio Program Audience (Adult) •4-H Special Interest or Short-Term Program Participants (Youth)

V(G). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons(contacts) to be reached through direct and indirect contact methods

	Direct Contacts Adults	Direct Contacts Adults Indirect Contacts Adults		Indirect Contacts Youth	
Year	Target	Target	Target	Target	
2009	10800	504	10	100	
2010	11000	504	0	100	
2011	10600	4	0	100	
2012	10600	4	0	100	
2013	10600	4	0	0	

Report Date 11/10/2009 Page 86 of 298

2. (Standard Research Target) Number of Patent Applications Submitted

Expected Patent Applications

2009:0

2010:0

2011:0

2012:0

2013:0

3. Expected Peer Review Publications

Year	Research Target	Extension Target	Total
2009	0	0	0
2010	0	0	0
2011	0	0	0
2012	0	0	0
2013	0	0	0

$V(\mbox{H})$. State Defined Outputs

1. Output Target

Direct - Applied Research

•	Direct - Applied Research					
	2009:1	2010 1	2011 :1	2012:1	2013 :1	
•	Direct - Collaborative or Co	ooperative Effort				
	2009 6	2010 8	2011 :8	2012 ß	2013 ß	
•	Direct - Experiential Learn	ing				
	2009 24	2010 24	2011 :24	2012 24	2013 24	
•	Direct - Train-the-Trainer					
	2009:1	2010 1	2011 :1	2012 D	2013 ນ	
•	Direct - Volunteer Training					
	2009 12	2010 12	2011 :6	2012 6	2013 ɓ	
•	Direct - Workshop - series					
	2009 4	2010 4	2011 :4	2012 4	2013 4	
•	Direct - Workshop - single	session				
	2009 B	2010 7	2011 :2	2012 2	2013 2	
•	Indirect - Applied Research	h				
	2009 :1	2010 1	2011 :1	2012:1	2013 :1	
•	Direct - Consultation; phor	ne, written, in-person				
	2009 27	2010 27	2011 :2	2012 2	2013 2	

Report Date 11/10/2009 Page 87 of 298

V(I). State Defined Outcome

O. No	Outcome Name		
1	Provide learning opportunities for groups or organizations		
2	Take leadership role		
3	Teach others to take leadership and facilitation roles		
4	Access community needs		
5	Be a mentor to other community organizations or groups		
6	Create and sustain effective partnerships and collaborations		
7	Develop a shared vision for the future		
8	Develop partnerships among organizations or groups		
9	Facilitate community discussions		
10	Implement public policies or practices		
11	Increase capacity to function as a group		
12	Increase volunteerism		
13	Teach others to convene and facilitate community collaboratives		
14	Use collaborative process or approach		
15	Increase the economic and social viability and sustainability of Maine communities.		
16	Use relevant UMaine Extension web-based resources		

Report Date 11/10/2009 Page 88 of 298

1. Outcome Target

Provide learning opportunities for groups or organizations

2. Outcome Type: Change in Action Outcome Measure

2009 240 **2010** : 240 **2011** : 240 **2012** 240 **2013** : 240

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 608 Community Resource Planning and Development
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services

Outcome #2

1. Outcome Target

Take leadership role

2. Outcome Type: Change in Action Outcome Measure

2009:150 **2010**:150 **2011**:0 **2012** 0 **2013**:0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 608 Community Resource Planning and Development
- 802 Human Development and Family Well-Being
- 805 Community Institutions, Health, and Social Services

Outcome #3

1. Outcome Target

Teach others to take leadership and facilitation roles

2. Outcome Type : Change in Action Outcome Measure

2009 40 **2010** : 40 **2011** : 40 **2012** 40 **2013** : 40

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 608 Community Resource Planning and Development
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services

Outcome #4

1. Outcome Target

Access community needs

Report Date 11/10/2009 Page 89 of 298

2009 5 **2010** : 5 **2011** : 5 **2012** 5 **2013** : 5

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 608 Community Resource Planning and Development
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services
- 901 Program and Project Design, and Statistics

Outcome #5

1. Outcome Target

Be a mentor to other community organizations or groups

2. Outcome Type: Change in Action Outcome Measure

2009 2 **2010** : 2 **2011** : 2 **2012** 2 **2013** : 2

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 608 Community Resource Planning and Development
- 802 Human Development and Family Well-Being
- 805 Community Institutions, Health, and Social Services

Outcome #6

1. Outcome Target

Create and sustain effective partnerships and collaborations

2. Outcome Type: Change in Action Outcome Measure

2009 2 **2010** : 2 **2011** : 2 **2012** 2 **2013** : 2

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 608 Community Resource Planning and Development
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services
- 901 Program and Project Design, and Statistics

Outcome #7

1. Outcome Target

Develop a shared vision for the future

Report Date 11/10/2009 Page 90 of 298

2. Outcome Type: Change in Knowledge Outcome Measure

2009 5 **2010** : 5 **2011** : 5 **2012** 5 **2013** : 5

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 608 Community Resource Planning and Development
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services
- 901 Program and Project Design, and Statistics

Outcome #8

1. Outcome Target

Develop partnerships among organizations or groups

2. Outcome Type: Change in Action Outcome Measure

2009 2 **2010** : 2 **2011** : 2 **2012** 2 **2013** : 2

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 608 Community Resource Planning and Development
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services

Outcome #9

1. Outcome Target

Facilitate community discussions

2. Outcome Type : Change in Action Outcome Measure

2009:122 **2010**:122 **2011**:22 **2012**:22 **2013**:22

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 608 Community Resource Planning and Development
- 805 Community Institutions, Health, and Social Services

Outcome #10

1. Outcome Target

Implement public policies or practices

Report Date 11/10/2009 Page 91 of 298

2009 2 **2010** : 3 **2011** : 3 **2012** 3 **2013** : 3

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 608 Community Resource Planning and Development
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services
- 901 Program and Project Design, and Statistics

Outcome #11

1. Outcome Target

Increase capacity to function as a group

2. Outcome Type: Change in Action Outcome Measure

2009 *7* **2010** : 7 **2011** : 7 **2012** *7* **2013** : 7

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 608 Community Resource Planning and Development
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services
- 901 Program and Project Design, and Statistics

Outcome #12

1. Outcome Target

Increase volunteerism

2. Outcome Type : Change in Action Outcome Measure

2009 *7* **2010** : 7 **2011** : 7 **2012** *7* **2013** : 7

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 608 Community Resource Planning and Development
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services
- 901 Program and Project Design, and Statistics

Outcome #13

1. Outcome Target

Teach others to convene and facilitate community collaboratives

Report Date 11/10/2009 Page 92 of 298

2009 4 2010 : 4 2011 : 4 2012 # 2013 : 4

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 608 Community Resource Planning and Development
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services

Outcome #14

1. Outcome Target

Use collaborative process or approach

2. Outcome Type : Change in Action Outcome Measure

2009 3 **2010** : 3 **2011** : 3 **2012** 3 **2013** : 3

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 608 Community Resource Planning and Development
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services

Outcome #15

1. Outcome Target

Increase the economic and social viability and sustainability of Maine communities.

2. Outcome Type : Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 608 Community Resource Planning and Development
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services
- 901 Program and Project Design, and Statistics

Outcome #16

1. Outcome Target

Use relevant UMaine Extension web-based resources

Report Date 11/10/2009 Page 93 of 298

2009 400 **2010** : 400 **2011** : 400 **2012** 400 **2013** : 400

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 608 Community Resource Planning and Development
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services
- 901 Program and Project Design, and Statistics

V(J). Planned Program (External Factors)

1. External Factors which may affect Outcomes

- Economy
- Competing Programmatic Challenges
- Populations changes (immigration,new cultural groupings,etc.)
- Natural Disasters (drought, weather extremes, etc.)
- Appropriations changes
- Public Policy changes
- Government Regulations
- Competing Public priorities

Description

{NO DATA ENTERED}

V(K). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

Before-After (before and after program)

Description

Intentions for short-term evaluation: Pre- and post-event evaluation instrument as well as a retrospective evaluation instrument will be used to measure knowledge gained and skills learned.

Intentions for medium-term evaluation: Evaluation of changes in behavior, practice, decision-making, policy, and social action. Evaluation of changes in civic engagement.

Intentions for long-term evaluation: Research on the long-term impact of changes in social, civic, organizational, economic, and environmental conditions.

2. Data Collection Methods

- Other (Email/Web Surveys)
- On-Site

Description

{NO DATA ENTERED}

Report Date 11/10/2009 Page 94 of 298

V(A). Planned Program (Summary)

Program #7

1. Name of the Planned Program

Environmental Education - Sustainable Living

2. Brief summary about Planned Program

All life on Earth is dependent upon healthy ecosystems. Sustainable ecosystems are essential to healthy, sustainable economies. Global issues, such as global warming and over-consumption of resources, can be addressed at the local level through education and individual and collective action. Day camps, summer residential camps, leadership development programs, volunteer development programs, demonstrations, websites, and other methodologies will be used to establish strong connections between individuals and the natural world, and support their commitment to action.

3. Program existence : Mature (More then five years)

4. Program duration : Long-Term (More than five years)

5. Expending formula funds or state-matching funds : Yes

6. Expending other than formula funds or state-matching funds : Yes

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

Report Date 11/10/2009 Page 95 of 298

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
111	Conservation and Efficient Use of Water	10%		10%	
112	Watershed Protection and Management	10%		10%	
123	Management and Sustainability of Forest Resources	10%		10%	
134	Outdoor Recreation	10%		10%	
135	Aquatic and Terrestrial Wildlife	5%		5%	
136	Conservation of Biological Diversity	5%		5%	
403	Waste Disposal, Recycling, and Reuse	15%		15%	
703	Nutrition Education and Behavior	5%		5%	
724	Healthy Lifestyle	15%		15%	
801	Individual and Family Resource Management	15%		15%	
	Total	100%		100%	

V(C). Planned Program (Situation and Scope)

1. Situation and priorities

Nearly all the world's ecosystems are shrinking to make way for humans and their homes, farms, malls and factories. It is no different in Maine. The industrial growth economy, driven in large part by consumerism, is not sustainable. Yet, social health has declined in the United States in the past 30 years, despite higher levels of consumption.

All economic activity, indeed all life, depends on the earth's ecosystem. For economic progress to continue we have little choice but to restructure the economy to make it environmentally sustainable. Educating for a sustainable future involves learning to make decisions that consider the long-term economy, ecology and equity of all communities-learning how to anticipate the consequences of our actions.

A sustainable society is one that satisfies its needs without jeopardizing the prospects of future generations. National opinion surveys reveal that Americans do not understand the concepts involved in sustainable living, and they have little understanding of such pervasive issues as biodiversity, global warming and endangered species. This stands in startling contrast to the fact that the year 2002 was the second hottest (1998 was the hottest) since record keeping began in the 1880s, and that approximately 27,000 species worldwide are driven to extinction each year.

Report Date 11/10/2009 Page 96 of 298

2. Scope of the Program

- Multistate Integrated Research and Extension
- In-State Extension
- Multistate Extension
- Integrated Research and Extension

V(D). Planned Program (Assumptions and Goals)

1. Assumptions made for the Program

Sustainability will require a shift from an industrial growth economy to a life-sustaining society. Support mechanisms for sustainable living are needed in order to translate research information, introduce educational strategies, develop curricula and organize community action. An Extension network for sustainable living would empower individuals in communities to shape their own futures through an appropriate mix of education, group-process training and technical support.

2. Ultimate goal(s) of this Program

•Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness. •Protect and enhance Maine's natural resources and environment through sustainable stewardship.

V(E). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program

Year	Extension		Research		
	1862	1890	1862	1890	
2009	4.4	0.0	0.3	0.0	
2010	4.4	0.0	0.1	0.0	
2011	4.4	0.0	0.2	0.0	
2012	4.4	0.0	0.2	0.0	
2013	3.9	0.0	0.2	0.0	

V(F). Planned Program (Activity)

1. Activity for the Program

•4-H Day School Programs at Camp •4-H Earth Connections - Conducted on School Grounds •4-H Earth Connections -Ovenight School Programs •4-H Earth Connections Summer Residential Camp •Earth Connections Demonstrations at Tanglewood and Blueberry Cove Camps •Earth Connections Volunteers: Creating Sustainable Communities Connections Volunteers: Creating Sustainable Communities - advanced modules •Earth Connections Volunteers: Creating Sustainable Communities - core curriculum •Earth Connections Web Site •Environmental Education - Sustainable Living Programs and Activities • Family Programs • Geographic Information Systems Community Mapping Project for Schools Outreach Conducted by Earth Connections Volunteers Sustainable Communities Related Green Camp Certification (publication) •Sustainable Communities Related (refereed journal article) •Sustainable Living Related (publication) •Sustainable Living Related (refereed journal article) •Tanglewood Discovery Trips Tanglewood's Elderhostel Programs •Vaughn Island 4-H Camp

Report Date 11/10/2009 Page 97 of 298

2. Type(s) of methods to be used to reach direct and indirect contacts

Extension		
Direct Methods	Indirect Methods	
 Other 2 (4-H Day Camp) Other 1 (Applied Research) Education Class Demonstrations Group Discussion Workshop 	Web sites	

3. Description of targeted audience

•Adults with Disabilities (Adults) •Community Members (Adult) •Earth Connections Volunteers (Adult) •Extension

Professionals (Adult) •Families (Adult) •General Public (Adult) •Native Americans (Adult) •Teachers (Adult)

•Volunteers (Adult) •Youth Educators (Adult) •4-H Leaders (Youth) •4-H Members (Youth) •4-H Special Interest or

Short-Term Program Participants (Youth) •Community Members (Youth) •Families (Youth) •School Enrichment Program

Participants (Youth) •Youth (Youth)

V(G). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons(contacts) to be reached through direct and indirect contact methods

	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Year	Target	Target	Target	Target
2009	1500	400	4850	100
2010	1700	400	4850	100
2011	1800	400	4900	100
2012	1850	250	4900	100
2013	1850	250	4900	100

2. (Standard Research Target) Number of Patent Applications Submitted

Expected Patent Applications

2009:0 **2010**:0 **2011**:0 **2012**:0 **2013**:0

3. Expected Peer Review Publications

Year	Research Target	Extension Target	Total
2009	0	0	0
2010	0	0	0
2011	0	0	0
2012	0	0	0
2013	0	0	0

Report Date 11/10/2009 Page 98 of 298

$V(\mbox{H})$. State Defined Outputs

1. Output Target

Direct - 4-H Overnight Camp				
2009 38	2010 38	2011 :38	2012 38	2013 38
Direct - 4-H Day Camp)			
2009 71	2010 71	2011 :71	2012 <i>7</i> 1	2013 <i>7</i> 1
Direct - Demonstration	n Project			
2009 25	2010 25	2011 :25	2012 25	2013 25
Direct - Management t	teams			
2009 15	2010 15	2011 :15	2012 :15	2013 .15
Direct - 4-H School Enrichment				
2009 15	2010 1 5	2011 :15	2012 15	2013 .15
Direct - Collaborative or Cooperative Effort				
2009 5	2010 5	2011 :5	2012 5	2013 5
Direct - Experiential Leg	earning			
2009 23	2010 23	2011 :23	2012 23	2013 23

Report Date 11/10/2009 Page 99 of 298

$\mathrm{V}(\mathbf{I}).$ State Defined Outcome

O. No	Outcome Name		
1	Develop skills that promote healthy relationships		
2	Increase use of Maine-produced natural resources		
3	Make better decision regarding natural resource management		
4	Make better decisions regarding healthy lifestyle		
5	Organize community coalitions and working groups		
6	Promote healthy relationships		
7	Protect or conserve biodiversity and habitat including native plant and animal species		
8	Use new technologies		
9	Adopt appropriate practices		
10	Adopt environmentally sound practices		
11	Adopt lower impact lifestyles		
12	Conduct community service or outreach		
13	Create and sustain effective partnerships and collaborations		
14	Create demonstration model		
15	Create learning opportunities based on principles of positive human development		
16	Develop a sense of belonging to a community		
17	Develop environmentally sound technologies and practices		
18	Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness.		
19	Protect and enhance Maine's natural resources and environment through sustainable.		
20	Secure resources		
21	Support and mentor others in leadership roles		
22	Use services of natural resource professionals		
23	Describe resources available form, and services provided by, natural resource professionals		
24	Conduct a demonstration, tour, or talk		
25	Engage positively in their community		

Report Date 11/10/2009 Page 100 of 298

1. Outcome Target

Develop skills that promote healthy relationships

2. Outcome Type: Change in Action Outcome Measure

2009 :1560 **2010** : 1600 **2011** : 1640 **2012** :1640 **2013** : 1640

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 724 - Healthy Lifestyle

Outcome #2

1. Outcome Target

Increase use of Maine-produced natural resources

2. Outcome Type: Change in Action Outcome Measure

2009 30 **2010** : 30 **2011** : 30 **2012** 30 **2013** : 30

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 134 - Outdoor Recreation

Outcome #3

1. Outcome Target

Make better decision regarding natural resource management

2. Outcome Type : Change in Action Outcome Measure

2009 :75 **2010** : 85 **2011** : 115 **2012** : 115 **2013** : 115

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 123 Management and Sustainability of Forest Resources
- 135 Aquatic and Terrestrial Wildlife
- 136 Conservation of Biological Diversity

Outcome #4

1. Outcome Target

Make better decisions regarding healthy lifestyle

Report Date 11/10/2009 Page 101 of 298

2009 700 **2010** : 700 **2011** : 700 **2012** 700 **2013** : 700

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 724 - Healthy Lifestyle

Outcome #5

1. Outcome Target

Organize community coalitions and working groups

2. Outcome Type: Change in Action Outcome Measure

2009 25 **2010** : 25 **2011** : 25 **2012** 25 **2013** : 25

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

703 - Nutrition Education and Behavior

Outcome #6

1. Outcome Target

Promote healthy relationships

2. Outcome Type : Change in Action Outcome Measure

2009 25 **2010** : 25 **2011** : 25 **2012** 25 **2013** : 25

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 724 - Healthy Lifestyle

Outcome #7

1. Outcome Target

Protect or conserve biodiversity and habitat including native plant and animal species

2. Outcome Type : Change in Action Outcome Measure

2009 30 **2010** : 30 **2011** : 40 **2012** 40 **2013** : 40

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 123 Management and Sustainability of Forest Resources
- 135 Aquatic and Terrestrial Wildlife
- 136 Conservation of Biological Diversity

Report Date 11/10/2009 Page 102 of 298

1. Outcome Target

Use new technologies

2. Outcome Type: Change in Action Outcome Measure

2009 :110 **2010** : 110 **2011** : 110 **2012** :110 **2013** :110

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 123 Management and Sustainability of Forest Resources
- 134 Outdoor Recreation
- 135 Aquatic and Terrestrial Wildlife
- 136 Conservation of Biological Diversity
- 403 Waste Disposal, Recycling, and Reuse
- 724 Healthy Lifestyle

Outcome #9

1. Outcome Target

Adopt appropriate practices

2. Outcome Type : Change in Action Outcome Measure

2009 20 **2010** : 30 **2011** : 40 **2012** #0 **2013** : 40

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 123 Management and Sustainability of Forest Resources
- 134 Outdoor Recreation
- 135 Aquatic and Terrestrial Wildlife
- 136 Conservation of Biological Diversity
- 403 Waste Disposal, Recycling, and Reuse
- 703 Nutrition Education and Behavior
- 724 Healthy Lifestyle
- 801 Individual and Family Resource Management

Outcome #10

1. Outcome Target

Adopt environmentally sound practices

Report Date 11/10/2009 Page 103 of 298

2009:1750 **2010**:1900 **2011**:1950 **2012**:1950 **2013**:1950

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 724 - Healthy Lifestyle

Outcome #11

1. Outcome Target

Adopt lower impact lifestyles

2. Outcome Type: Change in Action Outcome Measure

2009 730 **2010** : 730 **2011** : 730 **2012** 730 **2013** : 730

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 724 Healthy Lifestyle

Outcome #12

1. Outcome Target

Conduct community service or outreach

2. Outcome Type: Change in Action Outcome Measure **2009** 300 **2010**: 330 **2011**: 320 **2012** 340 **2013**: 340

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 724 - Healthy Lifestyle

Outcome #13

1. Outcome Target

Create and sustain effective partnerships and collaborations

2. Outcome Type : Change in Action Outcome Measure

2009 25 **2010** : 25 **2011** : 25 **2012** 25 **2013** : 25

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 724 Healthy Lifestyle
- 801 Individual and Family Resource Management

Report Date 11/10/2009 Page 104 of 298

1. Outcome Target

Create demonstration model

2. Outcome Type: Change in Action Outcome Measure

2009 5 **2010** : 10 **2011** : 10 **2012** : 10 **2013** : 10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 136 Conservation of Biological Diversity
- 703 Nutrition Education and Behavior

Outcome #15

1. Outcome Target

Create learning opportunities based on principles of positive human development

2. Outcome Type : Change in Action Outcome Measure

2009 700 **2010** : 700 **2011** : 700 **2012** 700 **2013** : 700

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 724 - Healthy Lifestyle

Outcome #16

1. Outcome Target

Develop a sense of belonging to a community

2. Outcome Type: Change in Action Outcome Measure

2009 :180 **2010** : 180 **2011** : 180 **2012** :180 **2013** :180

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 724 - Healthy Lifestyle

Outcome #17

1. Outcome Target

Develop environmentally sound technologies and practices

2. Outcome Type : Change in Action Outcome Measure

2009 25 **2010** : 25 **2011** : 25 **2012** 25 **2013** : 25

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

Report Date 11/10/2009 Page 105 of 298

- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 123 Management and Sustainability of Forest Resources
- 134 Outdoor Recreation
- 136 Conservation of Biological Diversity

1. Outcome Target

Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness.

2. Outcome Type: Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 123 Management and Sustainability of Forest Resources
- 134 Outdoor Recreation
- 135 Aquatic and Terrestrial Wildlife
- 136 Conservation of Biological Diversity
- 403 Waste Disposal, Recycling, and Reuse
- 703 Nutrition Education and Behavior
- 724 Healthy Lifestyle
- 801 Individual and Family Resource Management

Outcome #19

1. Outcome Target

Protect and enhance Maine's natural resources and environment through sustainable.

2. Outcome Type: Change in Condition Outcome Measure

2009 D **2010** : 0 **2011** : 0 **2012** D **2013** : 0

- 3. Associated Institute Type(s)
 - •1862 Extension

4. Associated Knowledge Area(s)

- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 123 Management and Sustainability of Forest Resources
- 134 Outdoor Recreation
- 135 Aquatic and Terrestrial Wildlife

Report Date 11/10/2009 Page 106 of 298

- 136 Conservation of Biological Diversity
- 403 Waste Disposal, Recycling, and Reuse
- 703 Nutrition Education and Behavior
- 724 Healthy Lifestyle
- 801 Individual and Family Resource Management

1. Outcome Target

Secure resources

2. Outcome Type: Change in Action Outcome Measure

2009 5 **2010** : 10 **2011** : 10 **2012** 10 **2013** : 10

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 801 Individual and Family Resource Management

Outcome #21

1. Outcome Target

Support and mentor others in leadership roles

2. Outcome Type : Change in Action Outcome Measure

2009 25 **2010** : 25 **2011** : 25 **2012** 25 **2013** : 25

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 724 Healthy Lifestyle

Outcome #22

1. Outcome Target

Use services of natural resource professionals

2. Outcome Type : Change in Action Outcome Measure

2009 25 **2010** : 25 **2011** : 25 **2012** 25 **2013** : 25

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 111 Conservation and Efficient Use of Water
 - 112 Watershed Protection and Management
 - 123 Management and Sustainability of Forest Resources
 - 135 Aquatic and Terrestrial Wildlife
 - 136 Conservation of Biological Diversity

Report Date 11/10/2009 Page 107 of 298

1. Outcome Target

Describe resources available form, and services provided by, natural resource professionals

2. Outcome Type : Change in Knowledge Outcome Measure

2009 25 **2010** : 25 **2011** : 25 **2012** 25 **2013** : 25

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 112 Watershed Protection and Management
- 123 Management and Sustainability of Forest Resources
- 403 Waste Disposal, Recycling, and Reuse

Outcome #24

1. Outcome Target

Conduct a demonstration, tour, or talk

2. Outcome Type : Change in Action Outcome Measure

2009 30 **2010** : 40 **2011** : 40 **2012** #0 **2013** : 40

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 123 Management and Sustainability of Forest Resources
- 136 Conservation of Biological Diversity
- 403 Waste Disposal, Recycling, and Reuse
- 703 Nutrition Education and Behavior
- 724 Healthy Lifestyle
- 801 Individual and Family Resource Management

Outcome #25

1. Outcome Target

Engage positively in their community

2. Outcome Type : Change in Action Outcome Measure

2009 80 **2010** : 80 **2011** : 80 **2012** 80 **2013** :80

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 403 Waste Disposal, Recycling, and Reuse
- 724 Healthy Lifestyle

Report Date 11/10/2009 Page 108 of 298

801 - Individual and Family Resource Management

V(J). Planned Program (External Factors)

1. External Factors which may affect Outcomes

- Competing Programmatic Challenges
- Public Policy changes
- Government Regulations
- Competing Public priorities
- Natural Disasters (drought, weather extremes, etc.)
- Economy
- Appropriations changes
- Populations changes (immigration,new cultural groupings,etc.)

Description

Intentions for short-term evaluation: Pre- and post-program participant evaluations as appropriate, tracking use of web resources and requests for publications.

Intentions for medium-term evaluation: Follow-up survey of program participants as appropriate to assess how knowledge/skills gained are being applied, using surveys.

Intentions for long-term evaluation: Follow up community-level survey to asses progress made in relation to goals set, using surveys.

V(K). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

- During (during program)
- Before-After (before and after program)

Description

Intentions for short-term evaluation: Pre- and post-program participant evaluations as appropriate, tracking use of web resources and requests for publications.

Intentions for medium-term evaluation: Follow-up survey of program participants as appropriate to assess how knowledge/skills gained are being applied, using surveys.

Intentions for long-term evaluation: Follow up community-level survey to asses progress made in relation to goals set, using surveys.

2. Data Collection Methods

- Other (Email/Web Surveys)
- Mail
- On-Site

Description

{NO DATA ENTERED}

Report Date 11/10/2009 Page 109 of 298

V(A). Planned Program (Summary)

Program #8

1. Name of the Planned Program

Family Relations and Transitions

2. Brief summary about Planned Program

Strong families are essential to the well-being of our children and our communities, regardless of how they are configured or what transitions they are experiencing. Core to strong families are good relational skills and parenting skills. Families exist in the context of community, culture, and society, each of which influences the development of individuals. Workshops, home visits, publications, and other methods are used to teach parenting, babysitting, financial management, and media literacy skills to 4-H volunteers, agency staff, parents, teachers, and families. Programs like the Gender Project and Turn Beauty Inside Out seek to engage whole communities in raising strong, healthy, whole young people.

3. Program existence: Mature (More then five years)

4. Program duration: Long-Term (More than five years)

5. Expending formula funds or state-matching funds : Yes

6. Expending other than formula funds or state-matching funds : Yes

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
801	Individual and Family Resource Management	20%		20%	
802	Human Development and Family Well-Being	20%		20%	
803	Sociological and Technological Change Affecting Individuals, Families and Communities	60%		60%	
	Total	100%		100%	

V(C). Planned Program (Situation and Scope)

1. Situation and priorities

The National Extension Parent Education Model states that "parents experience special pressure today not faced by previous generations . . . a majority of American adults, regardless of age, race, marital or parental status believe that it is harder to be a parent today than it used to be." Today's parents often are uncertain about the right thing to do in raising their children.[i]

Many new parents have unexpected conflict after the birth of a first child. This leads to arguing, giving and receiving less affection, doubting their feelings for each other, and feeling unsure about their relationship. More than at any other stage of family life, thoughts of divorce are more frequent after the birth of a baby and when there are preschoolers at home.[ii] Forty-two percent of divorces involving parents take place before their first child leaves kindergarten. Almost 15 percent of these parents end their marriage before their children reach 18 months of age.[iii] Seven out of ten couples have reported a decrease in the level of communication after they become parents. For half of these couples, this became permanent.[iv] Much of the decrease in satisfaction with marriage after the birth of a child is because of role conflicts.[v]

We are now a nation in which the majority of families are divorced; two out of three marriages taking place with adults under age 30 end in divorce.[vi] The average marriage in America lasts only seven years. While the impact of divorce is still

Report Date 11/10/2009 Page 110 of 298

being hotly debated, new research suggests that the differences between children from divorced homes and children from non-divorced homes are not as great as frequently reported.

The critical factor in how divorce affects children is how the adults manage the stress of separation.

- [i] Charles A. Smith, Dorothea Cudabeck, H. Wallace Goddard and Judith A. Myers-Walls, The National Extension Parent Education Model (Manhattan, KS: Kansas Cooperative Extension Service, 1994), 7.
 - [ii] Rhonda Kruse Nordin, After the Baby: Making Sense of Marriage After Childbirth (Dallas: Taylor Publishing, 2000).
- [iii] United States Bureau of Census, "Marriage, Divorce and Remarriage in the 1990s," Current Populations Reports (Washington DC: United States Government Printing Office), 23-180.
- [iv] Jay Belsky and John Kelly, The Transition to Parenthood: How a First Child Changes a Marriage (New York: Delacourte Press, 1994).
- [v] Jean Twenge, W. Keith Campbell and Craig A. Foster, "Parenthood and Marital Satisfaction: A Meta-Analytic Review," Journal of Marriage and Family 65(August 2003), 574-583.
 - [vi] U.S. Census.
 - [vii] Paul R. Amato, "Reconciling Divergent Perspectives: Judith Wallerstein, Quantitative

2. Scope of the Program

- Integrated Research and Extension
- Multistate Integrated Research and Extension
- Multistate Extension
- In-State Extension
- In-State Research

V(D). Planned Program (Assumptions and Goals)

1. Assumptions made for the Program

Effective parenting can be learned by people of all ages. Therefore, special attention must be given to supporting and strengthening the skills of parents, parents-to-be and all adults who care for children by teaching critical parenting practices. We also need to pay particular attention to the needs of stepfamilies and those families experiencing divorce and other role transitions. While the controversy regarding whether the negative impact of divorce on children can be mitigated continues, divorcing parents do benefit from intervention programming. For instance, prevention programming for custodial mothers has the potential to reduce psychological distress.[ii]

Specific goals and objectives need to be set by communities, based on their needs and the availability of educators to address those needs. To suggest statewide goals at this point either makes them too broad to be evaluated or is self-defeating, prescribing the solution before the issue has been discussed, debated and clearly defined.

[i] Rachel A. Haine, Irwin N. Sandler, Sharlene A. Wolchik, Jenn-Yun Tein and Spring R. Dawson-McClure, "Changing the Legacy of Divorce: Evidence From Prevention Programs and Future Directions," Family Relations 52 (2003), 397-405.

2. Ultimate goal(s) of this Program

•Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness. •Increase the economic and social viability and sustainability of Maine communities.

V(E). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program

Report Date 11/10/2009 Page 111 of 298

Year	Exte	nsion	Re	search
rear	1862	1890	1862	1890
2009	8.0	0.0	0.5	0.0
2010	8.0	0.0	0.1	0.0
2011	6.0	0.0	0.1	0.0
2012	6.0	0.0	0.1	0.0
2013	6.0	0.0	0.1	0.0

V(F). Planned Program (Activity)

1. Activity for the Program

•4-H volunteer Development - Volunteer Training •Applied Research - Gender Education •Caring For Kids - Baby Sitting Training for Youth
•Collaborative Relationships With Community Organizations
•Community Inquiries •Consultations - Gender Education •Facilitation skills for community leaders •Family Development •Family Related (publication) •Family Related (refereed journal article) •Gender Project and Turn Beauty Inside Out •Gender Project Train-the-Trainer Workshops •Gender Related (publication) •Gender Related (refereed journal article) ·Home Visits With •Infant Mental Health Professional Development Opportunities •Leadership to Collaborative Groups to Improve and Expand Maine's Home Visiting System •Legislative Education •Marketing/Media Efforts to Influence Parent Purchases for Children •Media Literacy Workshops •Mentor and Provide Technical Assistance to Home Visiting Program Managers •Newsletter - Money Sense •Parent Education Training •Parent Educator Training •Parenting Newsletter Parenting Through Separation and Divorce
 Professional Development For Home Visitors
 Professional Development •Project Collaborations - Gender Education •Recruit, Educate, and Match Volunteer Mentors with Adolescent Trainings •Resource Development - Gender Education •Strengthening Stepfamilies •The Growing Years •This is a pilot- Home Budgeting Clinic with consultation- of a family referred by EAP. •Training Opportunities for Parent Educators. •Turn Beauty Inside Out Network Meetings •Volunteer Support - 4-H Youth Development •What Influences Consumer Buying Habits in Rural Areas •Women's Leadership Retreats: The Eleanor Days

2. Type(s) of methods to be used to reach direct and indirect contacts

Extension					
Direct Methods Indirect Methods					
 Other 1 (Conference or symposium) Education Class Demonstrations One-on-One Intervention Group Discussion Workshop 	NewslettersOther 1 (Applied Research)				

3. Description of targeted audience

*4-H Volunteers (Adult)
 *Agency Staff or Professionals (Adult)
 *Care Providers for Children (Adult)
 *Coalition Members (Adult)
 *Community Leaders (Adult)
 *Community Organization Members or Staff (Adult)
 *Extension - all staff (Adult)
 *Families (Adult)
 *General Public (Adult)
 *Parent Educators (Adult)
 *Parents (Adult)
 *Policy Makers (Adult)
 *Teachers (Adult)
 *Volunteers (Adult)
 *Families (Youth)
 *Youth (Youth)

V(G). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons(contacts) to be reached through direct and indirect contact methods

Report Date 11/10/2009 Page 112 of 298

	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Year	Target	Target	Target	Target
2009	2300	8600	75	0
2010	2200	8750	80	0
2011	2200	9300	45	0
2012	2250	9800	50	0
2013	2250	9800	50	0

2. (Standard Research Target) Number of Patent Applications Submitted

Expected Patent Applications

2009:0

2010:0

2011:0

2012:0

2013:0

3. Expected Peer Review Publications

Year	Research Target	Extension Target	Total
2009	0	0	0
2010	0	0	0
2011	0	0	0
2012	0	0	0
2013	0	0	0

V(H). State Defined Outputs

1. Output Target

• Direct - Collaborative or Cooperative Effort

2009:17

2010 17

2011 :17

2012:17

2013 :17

• Direct - Conference or symposium; Planning and/or participation

2009 3

2010 3

2011 :3

2012 3

2013 3

• Direct - Consultation; phone, written, in-person

2009 :775

2010 750

2011 :490

2012 490

2013 490

• Direct - Group Presentation

2009:14

2010 14

2011 :14

2012:14

2013 :14

Direct - Public Presentation

2009:10

2010 10

2011 :10

2012:10

2013 :10

Direct - Train-the-Trainer

2009 34

2010 34

2011 :34

2012 34

2013 34

Report Date 11/10/2009 Page 113 of 298

Direct - Volunteer Training						
2009 20	2010 1 9	2011 :21	2012 21	2013 21		
Direct - Workshop - serie	es					
2009 9	2010 1 0	2011 :7	2012 7	2013 7		
Indirect - Publication - cu	urriculum					
2009 3	2010 3	2011 :3	2012 3	2013 ß		
Indirect - Publication - no	ewsletter					
2009 54	2010 52	2011 :52	2012 52	2013 52		
Indirect - Written or e-ma	ail response to Client Reques	t				
2009 5 0	2010 50	2011 :50	2012 50	2013 50		
Indirect - Applied Resea	rch					
2009 4	2010 4	2011 :3	2012 3	2013 3		
Indirect - Publication						
2009 2	2010 2	2011 :2	2012 2	2013 2		
Indirect - Publication - refereed journal article						
2009 :1	2010 1	2011 :1	2012:1	2013 :1		

Report Date 11/10/2009 Page 114 of 298

$V(\mbox{{\sc I}}).$ State Defined Outcome

O. No	Outcome Name
1	Adopt record-keeping system
2	Balance roles, responsibilities, and stress
3	Conduct community-based education that encourages healthy individual and family behaviors
4	Create learning opportunities based on principles of positive human development
5	Create safe and empowering learning opportunities
6	Create sustainable networks
7	Develop a financial plan
8	Develop and apply policies or practices that create safe, healthy physical environments
9	Develop and apply policies or practices that create safe, healthy psychological environments
10	Develop literacy and critical thinking skills
11	Develop skills that promote healthy relationships
12	Engage in leadership development
13	Make better decisions
14	Make better decisions using accurate records
15	Manage community resources
16	Model positive group behavior to others
17	Organize conferences or other learning opportunities
18	Use literacy and critical thinking skills
19	Use relevant UMCE web-based resources
20	Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness
21	Increase the economic and social viability and sustainability of Maine communities.
22	Provide learning opportunities for groups or organizations
23	Reduce or eliminate gender stereotyping
24	Teach others to take leadership and facilitation roles
25	Treat all people with dignity and respect
26	Confront disrespectful behaviors
27	Create and sustain effective partnerships and collaborations
28	Create new media
29	Develop a shared vision for the future
30	Have "real" conversations about gender issues and limits of stereotypes
31	Support and mentor others in leadership roles
32	Assume personal responsibility for health
33	Dollars saved
34	Facilitate community discussions
35	Increase volunteerism
36	Keep accurate records
37	Make better decisions regarding healthy lifestyle
38	Make better decisions regarding healthy lifestyle using improved literacy and critical thinking skills
39	Promote healthy relationships
40	Take leadership role
41	Use a collaborative process or approach

Report Date 11/10/2009 Page 115 of 298

1. Outcome Target

Adopt record-keeping system

2. Outcome Type: Change in Action Outcome Measure

2009 :150 **2010** : 200 **2011** : 200 **2012** : 200 **2013** : 200

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 801 - Individual and Family Resource Management

Outcome #2

1. Outcome Target

Balance roles, responsibilities, and stress

2. Outcome Type: Change in Action Outcome Measure

2009 130 **2010** : 140 **2011** : 140 **2012** : 140 **2013** : 140

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 801 Individual and Family Resource Management
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #3

1. Outcome Target

Conduct community-based education that encourages healthy individual and family behaviors

2. Outcome Type : Change in Action Outcome Measure

2009 :160 **2010** : 160 **2011** : 160 **2012** : 160 **2013** : 160

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #4

1. Outcome Target

Create learning opportunities based on principles of positive human development

2. Outcome Type : Change in Action Outcome Measure

2009 405 **2010** : 425 **2011** : 435 **2012** #35 **2013** : 435

3. Associated Institute Type(s)

•1862 Extension

Report Date 11/10/2009 Page 116 of 298

4. Associated Knowledge Area(s)

803 - Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #5

1. Outcome Target

Create safe and empowering learning opportunities

2. Outcome Type: Change in Action Outcome Measure

2009:105 **2010**:115 **2011**:125 **2012**:125 **2013**:125

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 801 Individual and Family Resource Management
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #6

1. Outcome Target

Create sustainable networks

2. Outcome Type: Change in Action Outcome Measure

2009 5 **2010** : 5 **2011** : 5 **2012** 5 **2013** : 5

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 801 - Individual and Family Resource Management

Outcome #7

1. Outcome Target

Develop a financial plan

2. Outcome Type : Change in Action Outcome Measure

2009 300 **2010** : 350 **2011** : 350 **2012** 350 **2013** : 350

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 801 - Individual and Family Resource Management

Outcome #8

1. Outcome Target

Develop and apply policies or practices that create safe, healthy physical environments

Report Date 11/10/2009 Page 117 of 298

2. Outcome Type: Change in Action Outcome Measure

2009 50 **2010** : 65 **2011** : 70 **2012** 70 **2013** : 70

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 802 Human Development and Family Well-Being
 - 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #9

1. Outcome Target

Develop and apply policies or practices that create safe, healthy psychological environments

2. Outcome Type: Change in Action Outcome Measure

2009 83 **2010** : 93 **2011** : 103 **2012** : 103 **2013** : 103

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #10

1. Outcome Target

Develop literacy and critical thinking skills

2. Outcome Type: Change in Action Outcome Measure

2009 :100 **2010** : 100 **2011** : 100 **2012** :100 **2013** :100

- 3. Associated Institute Type(s)
 - •1862 Extension

4. Associated Knowledge Area(s)

- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #11

1. Outcome Target

Develop skills that promote healthy relationships

2. Outcome Type: Change in Action Outcome Measure

2009 294 **2010** : 334 **2011** : 334 **2012** 334 **2013** : 334

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Report Date 11/10/2009 Page 118 of 298

1. Outcome Target

Engage in leadership development

2. Outcome Type: Change in Action Outcome Measure

2009 :100 **2010** : 100 **2011** : 100 **2012** :100 **2013** :100

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #13

1. Outcome Target

Make better decisions

2. Outcome Type: Change in Action Outcome Measure

2009 300 **2010** : 300 **2011** : 300 **2012** 300 **2013** : 300

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 801 Individual and Family Resource Management
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #14

1. Outcome Target

Make better decisions using accurate records

2. Outcome Type: Change in Action Outcome Measure

2009 30 **2010** : 40 **2011** : 40 **2012** #0 **2013** : 40

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 801 - Individual and Family Resource Management

Outcome #15

1. Outcome Target

Manage community resources

2. Outcome Type : Change in Action Outcome Measure

2009 50 **2010** : 50 **2011** : 50 **2012** 50 **2013** : 50

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

Report Date 11/10/2009 Page 119 of 298

801 - Individual and Family Resource Management

Outcome #16

1. Outcome Target

Model positive group behavior to others

2. Outcome Type : Change in Action Outcome Measure

2009 :130 **2010** : 140 **2011** : 140 **2012** :140 **2013** : 140

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #17

1. Outcome Target

Organize conferences or other learning opportunities

2. Outcome Type: Change in Action Outcome Measure

2009 2 **2010** : 2 **2011** : 2 **2012** 2 **2013** : 2

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #18

1. Outcome Target

Use literacy and critical thinking skills

2. Outcome Type: Change in Action Outcome Measure

2009 :130 **2010** : 140 **2011** : 140 **2012** :140 **2013** : 140

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 801 Individual and Family Resource Management
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #19

1. Outcome Target

Use relevant UMCE web-based resources

Report Date 11/10/2009 Page 120 of 298

2. Outcome Type: Change in Action Outcome Measure

2009 290 **2010** : 290 **2011** : 290 **2012** 290 **2013** : 290

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 801 Individual and Family Resource Management
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #20

1. Outcome Target

Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness

2. Outcome Type : Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 801 Individual and Family Resource Management
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #21

1. Outcome Target

Increase the economic and social viability and sustainability of Maine communities.

2. Outcome Type: Change in Condition Outcome Measure

2009 D **2010** : 0 **2011** : 0 **2012** D **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 801 Individual and Family Resource Management
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #22

1. Outcome Target

Provide learning opportunities for groups or organizations

Report Date 11/10/2009 Page 121 of 298

2. Outcome Type: Change in Action Outcome Measure

2009 50 **2010** : 50 **2011** : 50 **2012** 50 **2013** : 50

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 802 Human Development and Family Well-Being
 - 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #23

1. Outcome Target

Reduce or eliminate gender stereotyping

2. Outcome Type: Change in Action Outcome Measure

2009 :150 **2010** : 150 **2011** : 150 **2012** :150 **2013** :150

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 802 Human Development and Family Well-Being
 - 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #24

1. Outcome Target

Teach others to take leadership and facilitation roles

2. Outcome Type : Change in Action Outcome Measure

2009 80 **2010** : 90 **2011** : 100 **2012** :100 **2013** :100

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 802 Human Development and Family Well-Being
 - 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #25

1. Outcome Target

Treat all people with dignity and respect

2. Outcome Type : Change in Action Outcome Measure

2009 220 **2010** : 240 **2011** : 250 **2012** 250 **2013** : 250

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 802 Human Development and Family Well-Being
 - 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Report Date 11/10/2009 Page 122 of 298

1. Outcome Target

Confront disrespectful behaviors

2. Outcome Type: Change in Action Outcome Measure

2009 20 **2010** : 20 **2011** : 20 **2012** 20 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 802 - Human Development and Family Well-Being

Outcome #27

1. Outcome Target

Create and sustain effective partnerships and collaborations

2. Outcome Type : Change in Action Outcome Measure

2009 36 **2010** : 36 **2011** : 36 **2012** 36 **2013** : 36

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 801 - Individual and Family Resource Management

Outcome #28

1. Outcome Target

Create new media

2. Outcome Type : Change in Action Outcome Measure

2009 5 **2010** : 5 **2011** : 5 **2012** 5 **2013** : 5

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

801 - Individual and Family Resource Management

Outcome #29

1. Outcome Target

Develop a shared vision for the future

2. Outcome Type : Change in Action Outcome Measure

2009 3 **2010** : 3 **2011** : 3 **2012** 3 **2013** : 3

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 801 Individual and Family Resource Management
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Report Date 11/10/2009 Page 123 of 298

1. Outcome Target

Have "real" conversations about gender issues and limits of stereotypes

2. Outcome Type: Change in Action Outcome Measure

2009 50 **2010** : 50 **2011** : 50 **2012** 50 **2013** : 50

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #31

1. Outcome Target

Support and mentor others in leadership roles

2. Outcome Type: Change in Action Outcome Measure

2009 7 **2010** : 7 **2011** : 7 **2012** 7 **2013** : 7

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #32

1. Outcome Target

Assume personal responsibility for health

2. Outcome Type : Change in Knowledge Outcome Measure

2009 50 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 802 - Human Development and Family Well-Being

Outcome #33

1. Outcome Target

Dollars saved

2. Outcome Type : Change in Action Outcome Measure

2009 4000 **2010** : 4500 **2011** : 5000 **2012** 5500 **2013** : 6000

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

Report Date 11/10/2009 Page 124 of 298

- 801 Individual and Family Resource Management
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

1. Outcome Target

Facilitate community discussions

2. Outcome Type: Change in Action Outcome Measure

2009 :100 **2010** : 100 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

803 - Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #35

1. Outcome Target

Increase volunteerism

2. Outcome Type: Change in Action Outcome Measure

2009 :12 **2010** : 12 **2011** : 12 **2012** :12 **2013** :12

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

803 - Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #36

1. Outcome Target

Keep accurate records

2. Outcome Type: Change in Action Outcome Measure

2009 :100 **2010** : 100 **2011** : 100 **2012** :100 **2013** :100

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 801 Individual and Family Resource Management
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #37

1. Outcome Target

Make better decisions regarding healthy lifestyle

2. Outcome Type : Change in Action Outcome Measure

2009 50 **2010** : 50 **2011** : 50 **2012** 50 **2013** : 50

3. Associated Institute Type(s)

•1862 Extension

Report Date 11/10/2009 Page 125 of 298

4. Associated Knowledge Area(s)

- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #38

1. Outcome Target

Make better decisions regarding healthy lifestyle using improved literacy and critical thinking skills

2. Outcome Type: Change in Action Outcome Measure

2009 50 **2010** : 50 **2011** : 50 **2012** 50 **2013** : 50

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #39

1. Outcome Target

Promote healthy relationships

2. Outcome Type: Change in Action Outcome Measure

2009 2000 **2010** : 3000 **2011** : 4000 **2012** 5000 **2013** : 6000

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 802 - Human Development and Family Well-Being

Outcome #40

1. Outcome Target

Take leadership role

2. Outcome Type : Change in Action Outcome Measure

2009:150 **2010**:150 **2011**:0 **2012**0 **2013**:0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

803 - Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #41

1. Outcome Target

Use a collaborative process or approach

Report Date 11/10/2009 Page 126 of 298

2. Outcome Type: Change in Action Outcome Measure

2009 5 **2010** : 5 **2011** : 5 **2012** 5 **2013** : 5

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

803 - Sociological and Technological Change Affecting Individuals, Families and Communities

V(J). Planned Program (External Factors)

1. External Factors which may affect Outcomes

- Competing Programmatic Challenges
- Economy
- Appropriations changes
- Public Policy changes
- Government Regulations
- Competing Public priorities
- Natural Disasters (drought, weather extremes, etc.)
- Populations changes (immigration,new cultural groupings,etc.)

Description

{NO DATA ENTERED}

V(K). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

- Before-After (before and after program)
- During (during program)
- Case Study
- Time series (multiple points before and after program)

Description

Intentions for short-term evaluation: Pre- and post-event evaluation of acquired skills and knowledge using surveys. Intentions for medium-term evaluation: Evaluation of changes in behavior, practice, decision-making, policy, and social action using follow-up phone calls, self-reporting, surveys, focus groups, case studies.

Intentions for long-term evaluation: Data collection related to long-term impact using case studies.

2. Data Collection Methods

- Telephone
- Structured
- Other (Email/Web surveys)
- On-Site
- Case Study

Description

{NO DATA ENTERED}

Report Date 11/10/2009 Page 127 of 298

V(A). Planned Program (Summary)

Program #9

1. Name of the Planned Program

Food Safety

2. Brief summary about Planned Program

Food safety programs seek to address two major needs – keeping foods free from harmful chemicals and residues; protecting foods from contamination. Food safety is a concern from production through harvest, processing, purchase, preparation, and serving. Programs are tailored to the sector of the food system being addressed and the issues encountered by that sector. From commercial producers and processors to home gardeners and canners, a variety of educational methods will be used to engage clients in acquiring and applying new knowledge and skills in keeping food safe.

3. Program existence : Mature (More then five years)

4. Program duration: Long-Term (More than five years)

5. Expending formula funds or state-matching funds : Yes

6. Expending other than formula funds or state-matching funds : Yes

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
501	New and Improved Food Processing Technologies	15%		15%	
502	New and Improved Food Products	5%		5%	
504	Home and Commercial Food Service	20%		20%	
704	Nutrition and Hunger in the Population	20%		20%	
711	Ensure Food Products Free of Harmful Chemicals, Including Residues from Agricultural and Other Sources.	20%		20%	
712	Protect Food from Contamination by Pathogenic Microorganisms, Parasites, and Naturally Occurring Toxins	20%		20%	
	Total	100%		100%	

V(C). Planned Program (Situation and Scope)

1. Situation and priorities

The Centers for Disease Control and Prevention (CDC) estimates that food-borne diseases cause approximately 76 million illnesses, 325,000 hospitalizations and 5,000 deaths in the United States each year. Known pathogens account for an estimated 14 million illnesses, 60,000 hospitalizations and 1,800 deaths. Three pathogens, Salmonella, Listeria, and Toxoplasma, are

Report Date 11/10/2009 Page 128 of 298

responsible for 1,500 deaths each year-more than 75 percent of those caused by known pathogens-while unknown agents account for the remaining 62 million illnesses, 265,000 hospitalizations and 3,200 deaths. Overall, food-borne diseases appear to cause more illnesses, but fewer deaths, than previously estimated.

Food-borne illness is much more serious in terms of both duration and severity in the very young and the very old. As the American population ages, this segment of Maine's society will become the most vulnerable. State food regulations allow Maine citizens to produce food for sale in their home. Helping these entrepreneurs to be profitable, competitive and sustainable, while still producing safe products, will greatly enhance economic growth in the state.

2. Scope of the Program

- Integrated Research and Extension
- Multistate Integrated Research and Extension
- In-State Extension

V(D). Planned Program (Assumptions and Goals)

1. Assumptions made for the Program

The existing collaborative work with state and federal agencies must be strengthened and enhanced to fulfill national food safety and quality initiatives, including an active participation in the homeland security process to protect our food supply, ensure its safety and have an effective strategy for response should a challenge to food security occur.

2. Ultimate goal(s) of this Program

•Enhance the economic and environmental sustainability of Maine agriculture and aquaculture. •Enhance the safety, sustainability, and dependability of Maine's food supply. •Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness.

V(E). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program

Year	Exte	nsion	Research	
rear	1862	1890	1862	1890
2009	2.2	0.0	0.3	0.0
2010	2.2	0.0	0.3	0.0
2011	2.2	0.0	0.3	0.0
2012	2.2	0.0	0.3	0.0
2013	2.2	0.0	0.3	0.0

V(F). Planned Program (Activity)

1. Activity for the Program

Applied Research in FoodProcessing Safety
 Consultation - Food Safety and Food Preservation
 Cooking for a Crowd
 FNEP Food Safety
 Fight Foodborne Illness
 Food Cupboard Coalition
 Food Preservation and Nutrition Call Team
 Food Preservation Workshops
 Food Safety Fun Kits
 Food Safety Related (publication)
 Food Safety Related (refereed journal article)
 Good Agricultural Practices (GAP II)
 Health Fair Related to Nutrition
 Maine Cattle Health
 Assurance Program
 Maine Family Nutrition Program Food Safety
 Piscataquis Public Health Coalition
 Pressure Gauge Testing
 Safety Zone

Report Date 11/10/2009 Page 129 of 298

2. Type(s) of methods to be used to reach direct and indirect contacts

Extension					
Direct Methods	Indirect Methods				
 Other 2 (Collaborative or Cooperative Eff) Demonstrations Other 1 (Applied Research) Group Discussion Workshop One-on-One Intervention Education Class 	Web sitesNewsletters				

3. Description of targeted audience

•Agricultural Producers (Adult) •Business Owners - current (Adult) •Care Providers for Children (Adult) •Commercial Dairy Producers (Adult) •Community Members (Adult) •Extension Homemakers (Adult) •Food Cupboard Directors •Food Stamp Recipients (Adult) •General Public (Adult) •Home Gardeners (Adult) •Limited Income Public (Adult) •Nutrition Aides (Adult) •Veterinarians (Adult) •Consumers (Adult) •Food Stamp Youth (Youth) •Limited Income Public (Youth)

V(G). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons(contacts) to be reached through direct and indirect contact methods

	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Year	Target	Target	Target	Target
2009	1850	1050	10650	0
2010	1100	1050	10600	0
2011	1120	1050	10600	0
2012	1150	1050	10600	0
2013	1150	1050	10600	0

2013:0

2. (Standard Research Target) Number of Patent Applications Submitted

Expected Patent Applications

2009:0 **2010**:0 **2011**:0 **2012**:0

3. Expected Peer Review Publications

Year	Research Target	Extension Target	Total
2009	0	0	0
2010	0	0	0
2011	0	0	0
2012	0	0	0
2013	0	0	0

Report Date 11/10/2009 Page 130 of 298

$V(\mbox{H})$. State Defined Outputs

1. Output Target

• Direct - Collaborative or Cooperative Effort

	2009 4	2010 4	2011 :4	2012 4	2013 4		
•	Direct - Consultation; phone, written, in-person						
	2009 :11000	2010 11000	2011 :11000	2012 :11000	2013 :11000		
•	Direct - Workshop - series						
	2009 B	2010 7	2011 :7	2012 7	2013 7		
•	Direct - Workshop - single session						
	2009 :16	2010 16	2011 :16	2012 :16	2013 :16		
•	Indirect - Publication - newsletter						
	2009 6	2010 6	2011 :6	2012 6	2013 6		

Report Date 11/10/2009 Page 131 of 298

V(I). State Defined Outcome

O. No	Outcome Name		
1	Adopt HACCP and bio-security plans		
2	Adopt behaviors to prevent or minimize complications of chronic disease		
3	Adopt food safety practices		
4	Adopt the USDA dietary guidelines and the food guide pyramid		
5	Keep accurate records		
6	Keep livestock healthy		
7	Participate in Maine cattle health assurance program		
8	Participate in Salmonella enteriditis surveillance program		
9	Participate in livestock disease monitoring programs		
10	Use relevant UMCE web-based resources		
11	Enhance the economic and environmental sustainability of Maine agriculture and aquaculture.		
12	Enhance the safety, sustainability, and dependability of Maine's food supply.		
13	, p. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1.		
14	and lifelong wellness.14 Adopt appropriate handling and storage technologies		
15	- I make all the share are all the same and		
16	The state of the s		
17			
18	8 Practice safety		
19	19 Assume personal responsibility for health		
20	Increase consumption of locally produced foods		
21	Integrate regular physical activity into daily life		
22	Make better decisions regarding healthy lifestyles		
23	Manage family resources in alignment with goals		

Report Date 11/10/2009 Page 132 of 298

1. Outcome Target

Adopt HACCP and bio-security plans

2. Outcome Type: Change in Action Outcome Measure

2009 75 **2010** : 100 **2011** : 125 **2012** : 125 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 501 New and Improved Food Processing Technologies
- 711 Ensure Food Products Free of Harmful Chemicals, Including Residues from Agricultural and Other Sources.
- 712 Protect Food from Contamination by Pathogenic Microorganisms, Parasites, and Naturally Occurring Toxins

Outcome #2

1. Outcome Target

Adopt behaviors to prevent or minimize complications of chronic disease

2. Outcome Type: Change in Action Outcome Measure

2009 :125 **2010** : 125 **2011** : 125 **2012** :125 **2013** :125

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 704 - Nutrition and Hunger in the Population

Outcome #3

1. Outcome Target

Adopt food safety practices

2. Outcome Type : Change in Action Outcome Measure

2009 5700 **2010** : 5700 **2011** : 5700 **2012** 5700 **2013** : 5700

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 501 New and Improved Food Processing Technologies
- 504 Home and Commercial Food Service

Outcome #4

1. Outcome Target

Adopt the USDA dietary guidelines and the food guide pyramid

2. Outcome Type : Change in Action Outcome Measure

2009 :160 **2010** : 160 **2011** : 160 **2012** :160 **2013** :160

3. Associated Institute Type(s)

•1862 Extension

Report Date 11/10/2009 Page 133 of 298

4. Associated Knowledge Area(s)

• 704 - Nutrition and Hunger in the Population

Outcome #5

1. Outcome Target

Keep accurate records

2. Outcome Type: Change in Action Outcome Measure

2009 45 **2010** : 45 **2011** : 45 **2012** 45 **2013** : 45

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 504 Home and Commercial Food Service
- 704 Nutrition and Hunger in the Population

Outcome #6

1. Outcome Target

Keep livestock healthy

2. Outcome Type: Change in Action Outcome Measure

2009 :75 **2010** : 100 **2011** : 125 **2012** : 125 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 711 - Ensure Food Products Free of Harmful Chemicals, Including Residues from Agricultural and Other Sources.

Outcome #7

1. Outcome Target

Participate in Maine cattle health assurance program

2. Outcome Type: Change in Action Outcome Measure

2009 40 **2010** : 40 **2011** : 40 **2012** 40 **2013** : 40

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 711 - Ensure Food Products Free of Harmful Chemicals, Including Residues from Agricultural and Other Sources.

Outcome #8

1. Outcome Target

Participate in Salmonella enteriditis surveillance program

2. Outcome Type: Change in Action Outcome Measure

2009 75 **2010** : 100 **2011** : 125 **2012** : 125 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

Report Date 11/10/2009 Page 134 of 298

4. Associated Knowledge Area(s)

- 711 Ensure Food Products Free of Harmful Chemicals, Including Residues from Agricultural and Other Sources.
- 712 Protect Food from Contamination by Pathogenic Microorganisms, Parasites, and Naturally Occurring Toxins

Outcome #9

1. Outcome Target

Participate in livestock disease monitoring programs

2. Outcome Type: Change in Action Outcome Measure

2009 :75 **2010** : 100 **2011** : 125 **2012** : 125 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 711 Ensure Food Products Free of Harmful Chemicals, Including Residues from Agricultural and Other Sources.
- 712 Protect Food from Contamination by Pathogenic Microorganisms, Parasites, and Naturally Occurring Toxins

Outcome #10

1. Outcome Target

Use relevant UMCE web-based resources

2. Outcome Type: Change in Action Outcome Measure

2009 :100 **2010** : 100 **2011** : 100 **2012** : 100 **2013** : 100

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 501 New and Improved Food Processing Technologies
- 502 New and Improved Food Products
- 504 Home and Commercial Food Service
- 704 Nutrition and Hunger in the Population
- 711 Ensure Food Products Free of Harmful Chemicals, Including Residues from Agricultural and Other Sources.
- 712 Protect Food from Contamination by Pathogenic Microorganisms, Parasites, and Naturally Occurring Toxins

Outcome #11

1. Outcome Target

Enhance the economic and environmental sustainability of Maine agriculture and aquaculture.

2. Outcome Type : Change in Condition Outcome Measure

2009 D **2010** : 0 **2011** : 0 **2012** D **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 501 New and Improved Food Processing Technologies
- 502 New and Improved Food Products

Report Date 11/10/2009 Page 135 of 298

- 504 Home and Commercial Food Service
- 704 Nutrition and Hunger in the Population
- 711 Ensure Food Products Free of Harmful Chemicals, Including Residues from Agricultural and Other Sources.
- 712 Protect Food from Contamination by Pathogenic Microorganisms, Parasites, and Naturally Occurring Toxins

1. Outcome Target

Enhance the safety, sustainability, and dependability of Maine's food supply.

2. Outcome Type: Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 501 New and Improved Food Processing Technologies
- 502 New and Improved Food Products
- 504 Home and Commercial Food Service
- 704 Nutrition and Hunger in the Population
- 711 Ensure Food Products Free of Harmful Chemicals, Including Residues from Agricultural and Other Sources.
- 712 Protect Food from Contamination by Pathogenic Microorganisms, Parasites, and Naturally Occurring Toxins

Outcome #13

1. Outcome Target

Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness.

2. Outcome Type : Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 501 New and Improved Food Processing Technologies
- 502 New and Improved Food Products
- 504 Home and Commercial Food Service
- 704 Nutrition and Hunger in the Population
- 711 Ensure Food Products Free of Harmful Chemicals, Including Residues from Agricultural and Other Sources.
- 712 Protect Food from Contamination by Pathogenic Microorganisms, Parasites, and Naturally Occurring Toxins

Outcome #14

1. Outcome Target

Adopt appropriate handling and storage technologies

Report Date 11/10/2009 Page 136 of 298

2. Outcome Type: Change in Action Outcome Measure

2009 35 **2010** : 35 **2011** : 35 **2012** 35 **2013** : 35

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 501 New and Improved Food Processing Technologies
- 504 Home and Commercial Food Service

Outcome #15

1. Outcome Target

Adopt appropriate technolgies

2. Outcome Type: Change in Action Outcome Measure

2009 30 **2010** : 30 **2011** : 30 **2012** 30 **2013** : 30

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 501 New and Improved Food Processing Technologies
- 502 New and Improved Food Products
- 504 Home and Commercial Food Service
- 704 Nutrition and Hunger in the Population
- 711 Ensure Food Products Free of Harmful Chemicals, Including Residues from Agricultural and Other Sources.
- 712 Protect Food from Contamination by Pathogenic Microorganisms, Parasites, and Naturally Occurring Toxins

Outcome #16

1. Outcome Target

Develop educational programs that address health and safety issues

2. Outcome Type : Change in Action Outcome Measure

2009 25 **2010** : 25 **2011** : 25 **2012** 25 **2013** : 25

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 704 - Nutrition and Hunger in the Population

Outcome #17

1. Outcome Target

Operate equipment safely

2. Outcome Type : Change in Action Outcome Measure

2009 30 **2010** : 30 **2011** : 30 **2012** 30 **2013** : 30

3. Associated Institute Type(s)

•1862 Extension

Report Date 11/10/2009 Page 137 of 298

4. Associated Knowledge Area(s)

- 501 New and Improved Food Processing Technologies
- 502 New and Improved Food Products
- 504 Home and Commercial Food Service
- 711 Ensure Food Products Free of Harmful Chemicals, Including Residues from Agricultural and Other Sources.
- 712 Protect Food from Contamination by Pathogenic Microorganisms, Parasites, and Naturally Occurring Toxins

Outcome #18

1. Outcome Target

Practice safety

2. Outcome Type: Change in Action Outcome Measure

2009 50 **2010** : 50 **2011** : 50 **2012** 50 **2013** : 50

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 501 New and Improved Food Processing Technologies
- 502 New and Improved Food Products
- 504 Home and Commercial Food Service
- 711 Ensure Food Products Free of Harmful Chemicals, Including Residues from Agricultural and Other Sources.
- 712 Protect Food from Contamination by Pathogenic Microorganisms, Parasites, and Naturally Occurring Toxins

Outcome #19

1. Outcome Target

Assume personal responsibility for health

2. Outcome Type: Change in Action Outcome Measure

2009 50 **2010** : 50 **2011** : 50 **2012** 50 **2013** : 50

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 704 Nutrition and Hunger in the Population
- 711 Ensure Food Products Free of Harmful Chemicals, Including Residues from Agricultural and Other Sources.
- 712 Protect Food from Contamination by Pathogenic Microorganisms, Parasites, and Naturally Occurring Toxins

Outcome #20

1. Outcome Target

Increase consumption of locally produced foods

2. Outcome Type: Change in Action Outcome Measure

2009 40 **2010** : 40 **2011** : 40 **2012** #0 **2013** : 40

3. Associated Institute Type(s)

•1862 Extension

Report Date 11/10/2009 Page 138 of 298

4. Associated Knowledge Area(s)

- 504 Home and Commercial Food Service
- 704 Nutrition and Hunger in the Population
- 711 Ensure Food Products Free of Harmful Chemicals, Including Residues from Agricultural and Other Sources.
- 712 Protect Food from Contamination by Pathogenic Microorganisms, Parasites, and Naturally Occurring Toxins

Outcome #21

1. Outcome Target

Integrate regular physical activity into daily life

2. Outcome Type: Change in Action Outcome Measure

2009 *?*7 **2010** : 77 **2011** : 77 **2012** *?*7 **2013** : 77

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 704 Nutrition and Hunger in the Population
- 711 Ensure Food Products Free of Harmful Chemicals, Including Residues from Agricultural and Other Sources.
- 712 Protect Food from Contamination by Pathogenic Microorganisms, Parasites, and Naturally Occurring Toxins

Outcome #22

1. Outcome Target

Make better decisions regarding healthy lifestyles

2. Outcome Type: Change in Action Outcome Measure

2009 £6600 **2010** : 6600 **2011** : 6600 **2012** £6600 **2013** : 6600

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 504 Home and Commercial Food Service
- 704 Nutrition and Hunger in the Population
- 711 Ensure Food Products Free of Harmful Chemicals, Including Residues from Agricultural and Other Sources.
- 712 Protect Food from Contamination by Pathogenic Microorganisms, Parasites, and Naturally Occurring Toxins

Outcome #23

1. Outcome Target

Manage family resources in alignment with goals

2. Outcome Type : Change in Action Outcome Measure

2009 5600 **2010** : 5600 **2011** : 5600 **2012** 5600 **2013** : 5600

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 504 - Home and Commercial Food Service

Report Date 11/10/2009 Page 139 of 298

- 704 Nutrition and Hunger in the Population
- 711 Ensure Food Products Free of Harmful Chemicals, Including Residues from Agricultural and Other Sources.
- 712 Protect Food from Contamination by Pathogenic Microorganisms, Parasites, and Naturally Occurring Toxins

V(J). Planned Program (External Factors)

1. External Factors which may affect Outcomes

- Government Regulations
- Competing Programmatic Challenges
- Natural Disasters (drought, weather extremes, etc.)
- Competing Public priorities
- Populations changes (immigration,new cultural groupings,etc.)
- Appropriations changes
- Economy
- Public Policy changes

Description

(NO DATA ENTERED)

V(K). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

- Before-After (before and after program)
- Case Study
- Comparisons between program participants (individuals,group,organizations) and non-participants
- Retrospective (post program)

Description

Intentions for short-term evaluation: Measure the knowledge gained as an immediate result of the educational experience through use of the following tools: Pre- and Post-tests and surveys

Intentions for medium-term evaluation: To measure behaviors, skills, practices, decision-making, policies and social action changes over a period of time through use of surveys, phone interviews, focus groups and self-reporting.

Intentions for long-term evaluation: To measure the health status of Maine citizens including social, economic, civic and environmental changes through data and research findings.

2. Data Collection Methods

- Mail
- On-Site
- Other (Email/Web Surveys)
- Telephone
- Structured

Description

{NO DATA ENTERED}

Report Date 11/10/2009 Page 140 of 298

V(A). Planned Program (Summary)

Program #10

1. Name of the Planned Program

Forestry and Wildlife

2. Brief summary about Planned Program

Maine is highly dependent on natural resources, especially the forest, for a multitude of products and services. From maple syrup to lumber, ginseng to balsam tips, warblers to salamanders, Maine citizens use the forest to provide their livelihood and their connection to the natural world. Enhancing biodiversity, wildlife habitat in settled landscapes, grading maple syrup, wild ginseng production, and improving sawmill operations are a few of our programs that address forest resources issues. Publications, workshops, and demonstrations compliment will one-on-one consultations and volunteer outreach programs.

3. Program existence : Mature (More then five years)

4. Program duration: Long-Term (More than five years)

5. Expending formula funds or state-matching funds : Yes

6. Expending other than formula funds or state-matching funds : No

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

Report Date 11/10/2009 Page 141 of 298

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
112	Watershed Protection and Management	10%		10%	
123	Management and Sustainability of Forest Resources	20%		20%	
124	Urban Forestry	5%		5%	
125	Agroforestry	10%		10%	
134	Outdoor Recreation	5%		5%	
135	Aquatic and Terrestrial Wildlife	20%		20%	
136	Conservation of Biological Diversity	20%		20%	
724	Healthy Lifestyle	10%		10%	
	Total	100%		100%	

V(C). Planned Program (Situation and Scope)

1. Situation and priorities

Maine is the most heavily forested state in the country. Maine's land base covers 19.7 million acres and ninety percent, or 17.6 million acres, is forested. Seventeen million of these forested acres are classified as timberland. The majority of timberland in Maine is privately owned (16.2 million acres or 96 percent). The Maine Forest Service estimates that 30 percent is owned by the forest industry, 15 percent by investor groups, 51 percent by non-industrial owners, and 4 percent is owned by state and federal governments.[i] A healthy forest environment has a direct connection to human health through the water we drink, the food we eat and the air we breathe, as well as the visual environment where we live, work and recreate.

The Maine forest economy is restructuring in a permanent way, with a general shift away from manufacturing. Tourism is replacing wood products as a natural-resource-based industry.[ii] Habitat conservation also delivers strong economic benefits to Maine communities. In 1996, the economic impact of wildlife-related recreation in Maine totaled over 1.1 billion dollars.[iii]

[i] Maine Forest Service, Fourth Annual Inventory Report Maine's Forests, October 2003, http://www.state.me.us/doc/mfs/pubs/pdf/anninv/2002invrpt.pdf (accessed July, 2004).

[ii] Lloyd C. Irland, "Appendix H: This Evergreen Empire: Maine's Forest Resources in a New Century,"

in Richard Barringer and Richard Davies, Blaine House Conference on Maine's Natural Resource-Based Industry: Charting a New Course (Augusta, ME: Maine State Planning Office, 2003),

http://www.maine.gov/governor/baldacci/news/events/pdfs/natresfinalreport.pdf.

[iii] Maine Department of Inland Fisheries & Wildlife, Beginning with Habitat, http://www.beginningwithhabitat.org/index.html (accessed July 2004).

2. Scope of the Program

Report Date 11/10/2009 Page 142 of 298

- In-State Extension
- Multistate Integrated Research and Extension
- Multistate Extension
- Integrated Research and Extension

V(D). Planned Program (Assumptions and Goals)

1. Assumptions made for the Program

The failure of landowners to adopt sound management practices will contribute to future shortages of wood products, loss of habitat, forest fragmentation and a general decline in quality of life. Land in Maine, particularly in southern and coastal areas and along the fringes of the wild lands, will continue to be consumed at an alarming and accelerating rate.

2. Ultimate goal(s) of this Program

•Enhance the economic and environmental sustainability of Maine agriculture and aquaculture. •Increase the economic and social viability and sustainability of Maine communities. •Protect and enhance Maine's natural resources and environment through sustainable stewardship.

V(E). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program

Vasa	Exte	nsion	Research		
Year	1862	1890	1862	1890	
2009	3.2	0.0	0.2	0.0	
2010	3.2	0.0	0.1	0.0	
2011	2.2	0.0	0.1	0.0	
2012	2.2	0.0	0.1	0.0	
2013	2.2	0.0	0.2	0.0	

V(F). Planned Program (Activity)

1. Activity for the Program

•Annual Maple Schools •Biodiversity in the Forests of Maine •Forestry and Wildlife Program Support and Networking
•Forestry and Wildlife Related (publication) •Forestry and Wildlife Related (refereed journal article) •Habitat Education for
the Settled Landscape •Habitat Stewards Program •Habitats Fact Sheet Series and PowerPoint Presentations •Maple
Grading School •Non-timber Forest Products •Other Forestry and Wildlife Programs and Activities •Sawmill Operations
and Technology - Clinic •Sawmill Operations and Technology-Publication •Wood Measurement

2. Type(s) of methods to be used to reach direct and indirect contacts

Extension			
Direct Methods	Indirect Methods		
 Group Discussion Demonstrations Education Class Other 2 (Collaborative or Cooperative Eff) One-on-One Intervention Other 1 (Applied Research) Workshop 	Other 1 (Publication)		

Report Date 11/10/2009 Page 143 of 298

3. Description of targeted audience

•Natural Resource Professional (Adult) •Agricultural Producers (Adult) •Business Owners - current (Adult) •Business Owners - potential (Adult) •Employees (Adult) •Forestland Managers (Adult) •Forestland Owner - 2 to 10 acres (Adult) •Forestland Owner - Non-Industrial (Adult) •General Public (Adult) •Habitat Stewards (Adult) •Homeowners - up to 2 acres (Adult) •Student (Adult) •Habitat Stewards (Youth)

V(G). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons(contacts) to be reached through direct and indirect contact methods

	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Year	Target	Target	Target	Target
2009	5580	120276	42	0
2010	5550	120276	42	0
2011	493	275	42	0
2012	493	275	42	0
2013	493	275	42	0

2. (Standard Research Target) Number of Patent Applications Submitted

2010:0

Expected Patent Applications

2009:0

.

2011:0

2012:0

2013:0

3. Expected Peer Review Publications

Year	Research Target	Extension Target	Total
2009	0	0	0
2010	0	0	0
2011	0	0	0
2012	0	0	0
2013	0	0	0

V(H). State Defined Outputs

1. Output Target

• Direct - Consultation; phone, written, in-person

2009 30 **2010** 30 **2011** :30 **2012** 30 **2013** 30

Direct - Course

2009:1 **2010**:1 **2011**:0 **2012**:0 **2013**:0

Direct - Group Presentation

2009 5 **2010** 5 **2011** :5 **2012** 5 **2013** 5

Report Date 11/10/2009 Page 144 of 298

•	Direct - Public Presentation						
	2009 12	2010 12	2011 :12	2012 12	2013 :12		
•	Direct - Train-the-Trainer						
	2009 :1	2010 1	2011 :1	2012:1	2013 :1		
•	Direct - Workshop - single	session					
	2009 100	2010 100	2011 :100	2012 :100	2013 :100		
•	Indirect - Publication						
	2009 6	2010 6	2011 :2	2012 2	2013 2		
•	Indirect - Publication - fact sheet						
	2009 3	2010 2	2011 :2	2012 2	2013 2		

Report Date 11/10/2009 Page 145 of 298

V(I). State Defined Outcome

O. No	Outcome Name		
1	Adopt appropriate practices		
2	Adopt appropriate technologies		
3	Conduct community service or outreach		
4	Improve cover or shelter for wildlife		
5	Improve food availability for wildlife		
6	Improve water availability for wildlife		
7	Increase purchase of Maine products		
8	Increase use of Maine-produced natural resources		
9	Make better decision regarding natural resource management		
10	Make better decisions using science and technology skills		
11	Protect or conserve biodiversity and habitat including native plant and animal species		
12	Reduce pesticide use		
13	Start viable alternative enterprises based on sustainable use of natural resources (forest, marine, agriculture)		
14 Use relevant UMCE web-based resources			
15			
16	Enhance the economic and environmental sustainability of Maine agriculture and aquaculture.		
17	Increase the economic and social viability and sustainability of Maine communities.		
18	Protect and enhance Maine's natural resources and environment through sustainable stewardship.		
19	Describe record keeping and record keeping systems		
20	Acres managed as wildlife habitat		
21	Adopt new crop		
22	Create demonstration model		
23	Develop a marketing plan		
24	Develop marketing tools		
25	Develop new products		
26	Evaluate the potential of new and non-traditional crops and varieties for profitable production in Maine		
27	Expand and enhance markets		
28	Grow trialed plants		
29	Increase demand for Maine products		
30	Secure resources		
31	Test new production techniques		
32	Use new technologies		
33	Improve crop quality and marketability		
34	Increase profits by at least 10%		

Report Date 11/10/2009 Page 146 of 298

1. Outcome Target

Adopt appropriate practices

2. Outcome Type: Change in Action Outcome Measure

2009 220 **2010** : 230 **2011** : 190 **2012** : 190 **2013** : 190

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 112 Watershed Protection and Management
- 123 Management and Sustainability of Forest Resources
- 124 Urban Forestry
- 125 Agroforestry
- 134 Outdoor Recreation
- 135 Aquatic and Terrestrial Wildlife
- 136 Conservation of Biological Diversity
- 724 Healthy Lifestyle

Outcome #2

1. Outcome Target

Adopt appropriate technologies

2. Outcome Type: Change in Action Outcome Measure

2009 50 **2010** : 50 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 112 Watershed Protection and Management
- 123 Management and Sustainability of Forest Resources
- 124 Urban Forestry
- 125 Agroforestry
- 134 Outdoor Recreation
- 135 Aquatic and Terrestrial Wildlife
- 136 Conservation of Biological Diversity
- 724 Healthy Lifestyle

Outcome #3

1. Outcome Target

Conduct community service or outreach

Report Date 11/10/2009 Page 147 of 298

2. Outcome Type: Change in Action Outcome Measure

2009 40 **2010** : 50 **2011** : 60 **2012** 60 **2013** : 60

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 724 - Healthy Lifestyle

Outcome #4

1. Outcome Target

Improve cover or shelter for wildlife

2. Outcome Type: Change in Action Outcome Measure

2009 :150 **2010** : 150 **2011** : 150 **2012** :150 **2013** :150

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 124 Urban Forestry
- 135 Aquatic and Terrestrial Wildlife

Outcome #5

1. Outcome Target

Improve food availability for wildlife

2. Outcome Type : Change in Action Outcome Measure

2011:150

2012 :150

2013:150

3. Associated Institute Type(s)

•1862 Extension

2009:150

4. Associated Knowledge Area(s)

- 124 Urban Forestry
- 135 Aquatic and Terrestrial Wildlife

Outcome #6

1. Outcome Target

Improve water availability for wildlife

2. Outcome Type : Change in Action Outcome Measure

2010: 150

2009 100 **2010** : 100 **2011** : 100 **2012** 100 **2013** : 100

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 124 Urban Forestry
- 135 Aquatic and Terrestrial Wildlife

Report Date 11/10/2009 Page 148 of 298

1. Outcome Target

Increase purchase of Maine products

2. Outcome Type: Change in Action Outcome Measure

2009:10 **2010**:10 **2011**:10 **2012**:10 **2013**:10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 123 Management and Sustainability of Forest Resources
- 125 Agroforestry

Outcome #8

1. Outcome Target

Increase use of Maine-produced natural resources

2. Outcome Type: Change in Action Outcome Measure

2009 55 **2010** : 55 **2011** : 55 **2012** 55 **2013** : 55

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 123 Management and Sustainability of Forest Resources
- 125 Agroforestry

Outcome #9

1. Outcome Target

Make better decision regarding natural resource management

2. Outcome Type: Change in Action Outcome Measure

2009:160 **2010**:170 **2011**:80 **2012**:80 **2013**:80

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 123 Management and Sustainability of Forest Resources
- 136 Conservation of Biological Diversity

Outcome #10

1. Outcome Target

Make better decisions using science and technology skills

2. Outcome Type : Change in Action Outcome Measure

2009:100 **2010**:100 **2011**:0 **2012** 0 **2013**:0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

Report Date 11/10/2009 Page 149 of 298

- 112 Watershed Protection and Management
- 123 Management and Sustainability of Forest Resources
- 124 Urban Forestry
- 125 Agroforestry
- 134 Outdoor Recreation
- 135 Aquatic and Terrestrial Wildlife
- 136 Conservation of Biological Diversity
- 724 Healthy Lifestyle

1. Outcome Target

Protect or conserve biodiversity and habitat including native plant and animal species

2. Outcome Type: Change in Action Outcome Measure

2009 :120 **2010** : 120 **2011** : 120 **2012** :120 **2013** :120

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 124 Urban Forestry
- 136 Conservation of Biological Diversity

Outcome #12

1. Outcome Target

Reduce pesticide use

2. Outcome Type : Change in Action Outcome Measure

2009 :150 **2010** : 150 **2011** : 150 **2012** :150 **2013** :150

- 3. Associated Institute Type(s)
 - •1862 Extension

4. Associated Knowledge Area(s)

- 124 Urban Forestry
- 136 Conservation of Biological Diversity

Outcome #13

1. Outcome Target

Start viable alternative enterprises based on sustainable use of natural resources (forest, marine, agriculture)

2. Outcome Type : Change in Action Outcome Measure

2009:15 **2010**:15 **2011**:15 **2012**:15 **2013**:15

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

112 - Watershed Protection and Management

Report Date 11/10/2009 Page 150 of 298

- 123 Management and Sustainability of Forest Resources
- 125 Agroforestry

1. Outcome Target

Use relevant UMCE web-based resources

2. Outcome Type: Change in Action Outcome Measure

2009 610 **2010** : 610 **2011** : 10 **2012** 10 **2013** : 10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 112 Watershed Protection and Management
- 123 Management and Sustainability of Forest Resources
- 124 Urban Forestry
- 125 Agroforestry
- 134 Outdoor Recreation
- 135 Aquatic and Terrestrial Wildlife
- 136 Conservation of Biological Diversity
- 724 Healthy Lifestyle

Outcome #15

1. Outcome Target

Use services of natural resource professionals

2. Outcome Type: Change in Action Outcome Measure

2009 240 **2010** : 240 **2011** : 40 **2012** #0 **2013** : 40

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 123 Management and Sustainability of Forest Resources
- 125 Agroforestry

Outcome #16

1. Outcome Target

Enhance the economic and environmental sustainability of Maine agriculture and aquaculture.

2. Outcome Type : Change in Condition Outcome Measure

2009 ① **2010** : 0 **2011** : 0 **2012** ① **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

112 - Watershed Protection and Management

Report Date 11/10/2009 Page 151 of 298

- 123 Management and Sustainability of Forest Resources
- 124 Urban Forestry
- 125 Agroforestry
- 134 Outdoor Recreation
- 135 Aquatic and Terrestrial Wildlife
- 136 Conservation of Biological Diversity
- 724 Healthy Lifestyle

1. Outcome Target

Increase the economic and social viability and sustainability of Maine communities.

2. Outcome Type: Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 112 Watershed Protection and Management
- 123 Management and Sustainability of Forest Resources
- 124 Urban Forestry
- 125 Agroforestry
- 134 Outdoor Recreation
- 135 Aquatic and Terrestrial Wildlife
- 136 Conservation of Biological Diversity
- 724 Healthy Lifestyle

Outcome #18

1. Outcome Target

Protect and enhance Maine's natural resources and environment through sustainable stewardship.

2. Outcome Type : Change in Condition Outcome Measure

2009 D **2010** : 0 **2011** : 0 **2012** D **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 112 Watershed Protection and Management
- 123 Management and Sustainability of Forest Resources
- 124 Urban Forestry
- 125 Agroforestry
- 134 Outdoor Recreation

Report Date 11/10/2009 Page 152 of 298

- 135 Aquatic and Terrestrial Wildlife
- 136 Conservation of Biological Diversity
- 724 Healthy Lifestyle

1. Outcome Target

Describe record keeping and record keeping systems

2. Outcome Type: Change in Knowledge Outcome Measure

2009:10 **2010**:10 **2011**:10 **2012**:10 **2013**:10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 123 Management and Sustainability of Forest Resources
- 125 Agroforestry
- 136 Conservation of Biological Diversity

Outcome #20

1. Outcome Target

Acres managed as wildlife habitat

2. Outcome Type: Change in Action Outcome Measure

2009 2000 **2010** : 2000 **2011** : 2000 **2012** 2000 **2013** : 2000

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 124 - Urban Forestry

Outcome #21

1. Outcome Target

Adopt new crop

2. Outcome Type : Change in Action Outcome Measure

2009:10 **2010**:10 **2011**:10 **2012**:10 **2013**:10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 123 Management and Sustainability of Forest Resources
- 125 Agroforestry

Outcome #22

1. Outcome Target

Create demonstration model

Report Date 11/10/2009 Page 153 of 298

2. Outcome Type : Change in Action Outcome Measure

2009 5 **2010** : 10 **2011** : 10 **2012** : 10 **2013** : 10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 123 - Management and Sustainability of Forest Resources

Outcome #23

1. Outcome Target

Develop a marketing plan

2. Outcome Type: Change in Action Outcome Measure

2009 5 **2010** : 5 **2011** : 5 **2012** 5 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 123 Management and Sustainability of Forest Resources
- 125 Agroforestry

Outcome #24

1. Outcome Target

Develop marketing tools

2. Outcome Type : Change in Action Outcome Measure

2009 5 **2010** : 5 **2011** : 5 **2012** 5 **2013** : 5

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 123 Management and Sustainability of Forest Resources
- 125 Agroforestry

Outcome #25

1. Outcome Target

Develop new products

2. Outcome Type : Change in Action Outcome Measure

2009 5 **2010** : 5 **2011** : 5 **2012** 5 **2013** : 5

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 125 - Agroforestry

Report Date 11/10/2009 Page 154 of 298

1. Outcome Target

Evaluate the potential of new and non-traditional crops and varieties for profitable production in Maine

2. Outcome Type: Change in Action Outcome Measure

2009:10 **2010**:10 **2011**:10 **2012**:10 **2013**:10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 125 - Agroforestry

Outcome #27

1. Outcome Target

Expand and enhance markets

2. Outcome Type: Change in Action Outcome Measure

2009 5 **2010** : 5 **2011** : 5 **2012** 5 **2013** : 5

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 123 Management and Sustainability of Forest Resources
- 125 Agroforestry

Outcome #28

1. Outcome Target

Grow trialed plants

2. Outcome Type : Change in Action Outcome Measure

2009 10 **2010** : 10 **2011** : 10 **2012** : 10 **2013** : 10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 136 - Conservation of Biological Diversity

Outcome #29

1. Outcome Target

Increase demand for Maine products

2. Outcome Type : Change in Action Outcome Measure

2009:10 **2010**:10 **2011**:10 **2012**:10 **2013**:0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 123 Management and Sustainability of Forest Resources
- 125 Agroforestry

Report Date 11/10/2009 Page 155 of 298

1. Outcome Target

Secure resources

2. Outcome Type: Change in Action Outcome Measure

2009 :10 **2010** : 10 **2011** : 10 **2012** :10 **2013** : 10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 123 Management and Sustainability of Forest Resources
- 125 Agroforestry

Outcome #31

1. Outcome Target

Test new production techniques

2. Outcome Type: Change in Action Outcome Measure

2009 5 **2010** : 5 **2011** : 5 **2012** 5 **2013** : 5

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 123 Management and Sustainability of Forest Resources
- 125 Agroforestry

Outcome #32

1. Outcome Target

Use new technologies

2. Outcome Type : Change in Action Outcome Measure

2009 50 **2010** : 50 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 112 Watershed Protection and Management
- 123 Management and Sustainability of Forest Resources
- 124 Urban Forestry
- 125 Agroforestry
- 134 Outdoor Recreation
- 135 Aquatic and Terrestrial Wildlife
- 136 Conservation of Biological Diversity
- 724 Healthy Lifestyle

Report Date 11/10/2009 Page 156 of 298

1. Outcome Target

Improve crop quality and marketability

2. Outcome Type: Change in Action Outcome Measure

2009 :10 **2010** : 10 **2011** : 10 **2012** :10 **2013** : 10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

125 - Agroforestry

Outcome #34

1. Outcome Target

Increase profits by at least 10%

2. Outcome Type : Change in Action Outcome Measure

2009:10 **2010**:10 **2011**:10 **2012**:10 **2013**:10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 125 Agroforestry
- 134 Outdoor Recreation

V(J). Planned Program (External Factors)

1. External Factors which may affect Outcomes

- Economy
- Natural Disasters (drought, weather extremes, etc.)
- Public Policy changes
- Competing Programmatic Challenges
- Competing Public priorities
- Appropriations changes
- Populations changes (immigration,new cultural groupings,etc.)
- Government Regulations

Description

{NO DATA ENTERED}

V(K). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

- Retrospective (post program)
- Before-After (before and after program)
- Comparisons between program participants (individuals,group,organizations) and non-participants
- Comparisons between different groups of individuals or program participants experiencing different levels of program intensity.

Description

Intentions for short-term evaluation: Pre- and post-event evaluation instruments as well as retrospective evaluation instruments will be used to measure knowledge gained and skills learned.

Intentions for medium-term evaluation: Evaluation of changes in behavior, practice, decision-making, policy, and social

Report Date 11/10/2009 Page 157 of 298

action; evaluation of changes in civic engagement.

Intentions for long-term evaluation: Research on the long-term impact of changes in social, civic, organizational, economic, and environmental conditions.

2. Data Collection Methods

- Telephone
- Structured
- Other (Email/Web surveys)
- Case Study
- Mail

Description

{NO DATA ENTERED}

Report Date 11/10/2009 Page 158 of 298

V(A). Planned Program (Summary)

Program #11

1. Name of the Planned Program

Health Literacy, Disease, and Our Health Care System

2. Brief summary about Planned Program

Maine has a higher incidence of preventable and chronic disease than many other states, many of which involve elders in our communities. Using an asset-based community development model, communities will assess their readiness to support the health and well-being of elders and develop an action plan to address issues that arise. The Senior Companion Program focuses on developing relationships and networks that support independent living for elders.

3. Program existence : Mature (More then five years)

4. Program duration: Long-Term (More than five years)

5. Expending formula funds or state-matching funds : Yes

6. Expending other than formula funds or state-matching funds: Yes

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
802	Human Development and Family Well-Being	20%		20%	
803	Sociological and Technological Change Affecting Individuals, Families and Communities	15%		15%	
805	Community Institutions, Health, and Social Services	65%		65%	
	Total	100%		100%	

V(C). Planned Program (Situation and Scope)

1. Situation and priorities

The Year 2000 Blue Ribbon Commission on Health Care in Maine submitted reported that (1) the health care delivery and financing system is inefficient, unreasonably complicated, and unfair, (2) people in Maine are not as healthy as they could be, and efforts to improve health status are inadequate, and (3) many in Maine are unable to obtain health care of the type and quality that they need.[i]

Chronic Disease: The Centers for Disease Control and Prevention (CDC) data indicates that Maine has the fourth highest percentage of people in the U.S. who die from cardiovascular disease, cancer, chronic lung disease and diabetes.[ii]

Health Literacy: Health literacy is defined as the degree to which individuals have the capacity to obtain, process and understand basic health information and services needed to make appropriate health decisions. The U.S. Department of Education's 2002 National Adult Literacy Survey indicated that about 90 million adults in the U.S. have marginal or inadequate literacy skills.[iii] Given that most health education materials are written at the 10th grade level or above, alternative teaching methods and materials with lower reading levels must be developed.

Accidental Injury: The third leading cause of death for all Maine people age 85 and younger is injury. Research indicates that injuries can be prevented by educating people about hazards and risk management, as well as about using safe practices and technology, such as seatbelts and airbags.[iv]

Report Date 11/10/2009 Page 159 of 298

[i] Year 2000 Blue Ribbon Commission on Health Care, "The Cost of Health Care in Maine-An analysis of health care costs, factors that contribute to rising costs, and some potential approaches to stabilize costs," www.mdf.org/chc/basics2.htm (accessed January 2001), now located at http://www.mdf.org/past_initiatives/final2000.html (accessed August 2004).

[ii] Mills, Longer and Healthier Lives, 19-20.

[iii]U.S. Department of Health and Human Services. "Health Communication.".

[iv] USDA CSREES, "Healthy People... Healthy Communities Plan of Action."

2. Scope of the Program

- Integrated Research and Extension
- In-State Extension
- In-State Research
- Multistate Integrated Research and Extension
- Multistate Research

V(D). Planned Program (Assumptions and Goals)

1. Assumptions made for the Program

Potential societal impacts and consequences in Maine if this topic is not addressed include:

•Life expectancy decreases. •Health-related quality of life deteriorates, as measured by self assessments, reported "unhealthy days" per unit time, and years of life spent with chronic or acute limitations. •Health disparities continue: some have access to health-care programs and services and others do not. •Individual, family, community and governmental health-care costs and stress continue to rise.

2. Ultimate goal(s) of this Program

•Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness. •Increase the economic and social viability and sustainability of Maine communities.

V(E). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program

Year	Extension		Research		
rear	1862	1890	1862	1890	
2009	1.1	0.0	0.4	0.0	
2010	1.1	0.0	0.4	0.0	
2011	1.1	0.0	0.4	0.0	
2012	1.1	0.0	0.4	0.0	
2013	0.8	0.0	0.4	0.0	

V(F). Planned Program (Activity)

1. Activity for the Program

•Senior Companion Program Training •Applied Research - Senior Training and Technical Assistance •Health Related (publication) •Health Related (refereed journal article)

Report Date 11/10/2009 Page 160 of 298

2. Type(s) of methods to be used to reach direct and indirect contacts

Extension				
Direct Methods	Indirect Methods			
 Other 1 (Applied Research) Education Class Other 2 (Collaborative or Cooperative Eff) 	Other 1 (Applied Research)			

3. Description of targeted audience

•Community Leaders (Adult) •Community Members (Adult) •Extension - all staff (Adult) •Senior Companion Program Clients (Adult) •Senior Companion Program Volunteers (Adult)

V(G). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons(contacts) to be reached through direct and indirect contact methods

Direct Contacts Adults		Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Year	Target	Target	Target	Target
2009	335	0	0	0
2010	345	0	0	0
2011	365	0	0	0
2012	375	0	0	0
2013	375	0	0	0

2. (Standard Research Target) Number of Patent Applications Submitted

Expected Patent Applications

2009:0

2010:0

2011:0

2012:0

2013:0

3. Expected Peer Review Publications

Year	Research Target	Extension Target	Total
2009	0	0	0
2010	0	0	0
2011	0	0	0
2012	0	0	0
2013	0	0	0

V(H). State Defined Outputs

1. Output Target

Direct - Applied Research

2009:1 2010:1 2011:1 20

2012:1 2013:1

Report Date 11/10/2009 Page 161 of 298

• Direct - Volunteer Training

2009 50 **2010** 50 **2011** :50 **2012** 50 **2013** 50

• Indirect - Applied Research

2009 :1 **2010** :1 **2011** :1 **2012** :1 **2013** :1

Report Date 11/10/2009 Page 162 of 298

V(I). State Defined Outcome

O. No	Outcome Name			
1	Adopt effective communication skills			
2	Develop relationships that support independent living			
3	Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness. Increase the economic and social viability and sustainability of Maine communities.			
5	Assess community needs			
6	Develop a shared vision for the future			
7	Facilitate planning and decision-making processes that create and sustain healthy communities			
8	Inventory community assets			

Report Date 11/10/2009 Page 163 of 298

1. Outcome Target

Adopt effective communication skills

2. Outcome Type: Change in Action Outcome Measure

2009 75 **2010** : 75 **2011** : 75 **2012** 75 **2013** : 75

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #2

1. Outcome Target

Develop relationships that support independent living

2. Outcome Type: Change in Action Outcome Measure

2009 :75 **2010** : 75 **2011** : 75 **2012** :75 **2013** :75

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #3

1. Outcome Target

Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness.

2. Outcome Type: Change in Condition Outcome Measure

2009 D **2010** : 0 **2011** : 0 **2012** D **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services

Outcome #4

1. Outcome Target

Increase the economic and social viability and sustainability of Maine communities.

Report Date 11/10/2009 Page 164 of 298

2. Outcome Type: Change in Condition Outcome Measure

2009 D **2010** : 0 **2011** : 0 **2012** D **2013** : 0

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 802 Human Development and Family Well-Being
 - 803 Sociological and Technological Change Affecting Individuals, Families and Communities
 - 805 Community Institutions, Health, and Social Services

Outcome #5

1. Outcome Target

Assess community needs

2. Outcome Type: Change in Action Outcome Measure

2009 20 **2010** : 20 **2011** : 20 **2012** 20 **2013** : 20

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 805 Community Institutions, Health, and Social Services

Outcome #6

1. Outcome Target

Develop a shared vision for the future

2. Outcome Type : Change in Action Outcome Measure

2009 :10 **2010** : 10 **2011** : 10 **2012** :10 **2013** :10

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 802 Human Development and Family Well-Being
 - 803 Sociological and Technological Change Affecting Individuals, Families and Communities
 - 805 Community Institutions, Health, and Social Services

Outcome #7

1. Outcome Target

Facilitate planning and decision-making processes that create and sustain healthy communities

2. Outcome Type : Change in Action Outcome Measure

2009 :10 **2010** : 10 **2011** : 10 **2012** : 10 **2013** : 10

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 805 Community Institutions, Health, and Social Services

Report Date 11/10/2009 Page 165 of 298

1. Outcome Target

Inventory community assets

2. Outcome Type: Change in Action Outcome Measure

2009 20 **2010** : 20 **2011** : 20 **2012** 20 **2013** : 20

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

805 - Community Institutions, Health, and Social Services

V(J). Planned Program (External Factors)

1. External Factors which may affect Outcomes

- Government Regulations
- Natural Disasters (drought, weather extremes, etc.)
- Appropriations changes
- Competing Public priorities
- Public Policy changes
- Populations changes (immigration,new cultural groupings,etc.)
- Competing Programmatic Challenges
- Economy

Description

{NO DATA ENTERED}

V(K). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

- During (during program)
- Retrospective (post program)
- Before-After (before and after program)

Description

A short-term evaluation will document activities and project outcomes or products using surveys of participants, educator and aide observations, community meeting notes, researcher observation, and researcher journal.

A mid-term evaluation will document changes in civic engagement, community development practice, decision-making approach, policy analysis, social action, changes incommunication to participants, and participant behaviors regarding independence.

A long-term evaluation will investigate the impact of changes in social, civic, organizational, economic and environmental conditions using, but not limited to, retrospective evaluation techniques.

2. Data Collection Methods

- On-Site
- Mail
- Structured
- Other (Email/Web Surveys)
- Observation
- Journals

Description

(NO DATA ENTERED)

Report Date 11/10/2009 Page 166 of 298

V(A). Planned Program (Summary)

Program #12

1. Name of the Planned Program

Healthy Lifestyles

2. Brief summary about Planned Program

Better lifestyle habits can profoundly improve quality of life. Healthy living can prevent diseases and certain disabilities, and can ensure that you not only live longer, but also better. Important elements include eating habits, physical activity, interpersonal skills, parenting skills, financial literacy, food security, and more. These issues will be addressed by engaging children, youth, adults, and families in programs that support healthy lifestyles. Eat Well Nutrition, Senior Companion Program, Techni-Kids on the Move, 4-H After school, Parents Are Teachers Too, and Cooking for a Crowd are a few examples of the multi-faceted approach being used.

3. Program existence: Mature (More then five years)

4. Program duration: Long-Term (More than five years)

5. Expending formula funds or state-matching funds : Yes

6. Expending other than formula funds or state-matching funds : Yes

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
703	Nutrition Education and Behavior	50%		50%	
724	Healthy Lifestyle	10%		10%	
801	Individual and Family Resource Management	10%		10%	
802	Human Development and Family Well-Being	20%		20%	
803	Sociological and Technological Change Affecting Individuals, Families and Communities	10%		10%	
	Total	100%		100%	

V(C). Planned Program (Situation and Scope)

1. Situation and priorities

Overweight and obesity have reached epidemic proportions in Maine and the United States. In 1999-2000, an estimated 65 percent of U.S. adults were either overweight or obese.[i] Overweight is defined as having a Body Mass Index (BMI) of 25 to 30. A person with a BMI of over 30 is categorized as obese. If the current trend toward overweight continues, 40 percent of Maine's population will be obese by the year 2010.[ii] In the past, we have thought of overweight as being an adult problem, but national studies show that the percentage of children who are overweight has doubled in the past two decades, from seven to 15 percent, and the percentage of adolescents who are overweight has tripled, from five to 16 percent in the same period.[iii]

Report Date 11/10/2009 Page 167 of 298

The Maine Department of Human Services reported the results of the annual Youth Risk Behavior Survey (YRBS)*, showing that 15 percent of kindergartners and 13 percent of middle and high school students are overweight. The percentage of children of different ages who were at risk of being overweight ranged from 15 to 21 percent, with the greatest risk among the youngest children.[iv]

Being physically active can improve health. The latest survey of healthy habits showed that 76 percent of Maine adults do not engage in moderate physical activity for 30 minutes or more at least five days a week, and 38 percent of Maine high school students who were surveyed had not exercised vigorously three or more days during the previous week.[v]

Obesity shows nutrient imbalance and often lack of a nutritious diet. In Maine, as in the nation, food insecurity is rampant (lack of adequate food from normal vending sources or channels). In FY03, at least one in five citizens participated in at least one of USDA's 15 food assistance programs.[vi] The USDA's Food Stamp Program, National School Breakfast and Lunch Programs, Special Supplemental Nutrition Program for Women, Infant and Children's Program (WIC), Child and Adult Care Food Program, and Emergency Food Assistance Program, as well as the UMaine Extension Eat Well Program, increase adequate food supplies for low-income citizens and provide education to improve dietary selections. The average monthly participation in the Food Stamp Program by Maine citizens during FY02 was 111,147 people.[vii]

[i] Centers for Disease Control (CDC) National Center for Health Statistics (NCHS), Health E-Stats, Health, United States, 2002 Table 70: Healthy weight, overweight, and obesity among persons 20 years of age and over, according to sex, age, race, and Hispanic origin: United States, 1960-62, 1971-74, 1976-80, 1988-94, and 1999-2000, on "Prevalence of Overweight and Obesity Among Adults: United States, 1999-2000" Web page,

http://www.cdc.gov/nchs/products/pubs/pubd/hestats/obese/obse99.htm (accessed August 2004).

[ii] U.S. Department of Health and Human Services (U.S. HHS), presentation by the Centers for Disease Control and Prevention at the annual meeting of the North American Association for the Study of Obesity (October 2003).

[iii] Centers for Disease Control (CDC) National Center for Health Statistics (NCHS), Health E-Stats, Health, United States, 2002 Table 71: Overweight children and adolescents 6-19 years of age, according to sex, age, race, and Hispanic origin: United States, selected years 1963-65 through 1999-2000, on "Prevalence of Overweight and Obesity Among Adults: United States, 1999-2000" Web page, http://www.cdc.gov/nchs/products/pubs/pubd/hestats/overwght99.htm (accessed August 2004).

[iv] Tippy, Kathy, Maine Child and Youth Weight Status Fact Sheet, Bureau of Health, Maine Department of Human Services.

[v] Maine Department of Human Services (Maine DHS), Healthy Maine 2001: A Report Card on Maine's Leading Health Indicators, 15

[vi] USDA Economic Research Service, Key Topics, "Food and Nutrition Assistance Programs," http://www.ers.usda.gov/Topics/view.asp?T=102600

[vii] Food Research and Action Center, State of the States 2003, (Washington, DC: FRAC, 2003), http://www.frac.org/pdf/sos2003/me.pdf.

2. Scope of the Program

- Multistate Integrated Research and Extension
- Integrated Research and Extension
- In-State Research
- In-State Extension

V(D). Planned Program (Assumptions and Goals)

1. Assumptions made for the Program

Healthy Maine 2001: A Report Card On Maine's Leading Health Indicators reported that overweight and obesity both have risen 40 percent in the last ten years. Being overweight or obese increases one's chances of high blood pressure, high cholesterol, type 2 diabetes, heart disease, stroke, gall bladder disease, arthritis, sleep disorders, and cancers of the breast, prostate, colon and endometrium. Currently 70 percent of Maine people die from only four diseases: heart disease and stroke, cancer, lung disease, and type 2 diabetes. In 2001, the estimated annual cost of obesity in the U.S. was \$123 billion, up \$6 billion from the year before. Hospital stays for children and adolescents for obesity related events cost an estimated 127 million.

[i] Guijing Wang and William H. Dietz, "Economic Burden of Obesity in Youths Aged 6 to 17 Years: 1979-1999," Pediatrics 109, no. 5 (2002): e81. [Cost during 1997-1999 in 2001 constant U.S. Dollars].

2. Ultimate goal(s) of this Program

•Enhance the economic and environmental sustainability of Maine agriculture and aquaculture. •Enhance the safety, sustainability, and dependability of Maine's food supply. •Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness. •Increase the economic and social viability and

Report Date 11/10/2009 Page 168 of 298

sustainability of Maine communities.

V(E). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program

Year	Extension		Research		
Tear	1862	1890	1862	1890	
2009	8.4	0.0	0.8	0.0	
2010	8.4	0.0	0.6	0.0	
2011	8.3	0.0	0.6	0.0	
2012	8.3	0.0	0.6	0.0	
2013	7.9	0.0	0.6	0.0	

V(F). Planned Program (Activity)

1. Activity for the Program

•3-5 I'm in charge •4-H Animal Clinics and Fairs •4-H Club Program •4-H Out of School Programs •4-H Statewide Special Events •Babysitter's Training •Body Image and Dieting in Youth •Building the Capacity of Parenting Educators •Building the Capacity of Senior Companion Program Aides •Bullying Prevention •Consultations - Health Issues •Cooking for a Crowd •Developing Skills for Diverse Learning Abilities •Diabetes: Eating Matters •Dietary Guidelines for Americans, 2005 and MyPyramid Food Guidance System Presentations •Dietary Guidelines for Americans, 2005 and MyPyramid Food Guidance System Publications •Educational Opportunities for All Learning Styles •Effective Partnerships •EFNEP Food Resource Management •EFNEP Nutrition Practices •EFNEP Physical Activity •Extension Homemakers •Food Safety and Nutrition Workshops, Newsletters, Consultations •Food Safety and Preservation Workshop •Food Safety Public Presentations •Gender Project- Media Literacy Workshops •Gender Project: Media Literacy Publication •Health and Nutrition (Display or Exhibit) •Health and Nutrition (Group Presentation) •Health and Nutrition (Train the trainer) •Health and Nutrition (Workshops) •Healthy Eating Sessions •Healthy Lifestyles - Media Literacy •Healthy Lifestyles Public Presentation •Home Visits With New Parents •Keeping Healthy Records Maine FamiLy Nutrition Program Education Materials • Maine Family Nutrition Program Food Resource Management • Maine Family Nutrition Program Nutrition Practices •Maine Family Nutrition Program Physical Activity •Methods of Cooking For Health Sense Newsletter •MyPyramid Fact Sheet Series •Nutrition Related (publications) •Nutrition Workshop •Nutrition Workshops - MyPyramid •Nutrition Related (refereed journal article) •Nutrition, Food and Physical Activity Symsposium Parenting Education in Knox and Waldo Counties
 Professional Development for Home Visitors
 Seasonal Fluid Intake Study •Senor Companion Program •Summer Youth Day Camp •Techni-Kids on the Move! and Moving Matters Heart Truth Campaign: Serious Messages about Women and Heart Disease • Tractor Safety Training • Wellness Matters and Nutrition Notions newsletter •Wellness Matters: Including Dietary Guidelines for Americans and MyPyramid •Wellness Sessions •Youth Related (publication) •Youth Related (refereed journal article)

2. Type(s) of methods to be used to reach direct and indirect contacts

Extension					
Direct Methods	Indirect Methods				
 Other 1 (Train-the-Trainer) Other 2 (Collaborative or Cooperative Eff) One-on-One Intervention Workshop Group Discussion Education Class 	NewslettersOther 1 (Publication)				

3. Description of targeted audience

•4-H Leaders (Adult) •4-H Volunteers (Adult) •Agency Staff or Professionals (Adult) •Agricultural Producers (Adult)

Report Date 11/10/2009 Page 169 of 298

*Care Providers for Children (Adult) *Coalition Members (Adult) *Community Leaders (Adult) *Community Members (Adult) *Community Organization Members or Staff (Adult) *Extension Homemakers (Adult) *Families (Adult) *Food Stamp Recipients (Adult) *General Public (Adult) *Health Care Providers (Adult) *Home Gardeners (Adult) *Limited Income Public (Adult) *Nutrition Aides (Adult) *Parent Educators (Adult) *Parents (Adult) *Senior Companion Program Staff (Adult) *Senior Companion Program Volunteers (Adult) *Teachers (Adult) *Volunteers (Adult) *Working Waterfront Industry Owners (Adult) *Youth Educators (Adult) *4-H Community or Project Clubs Participants (Youth) *General Public (Youth) *Consumers (Youth) *Day Camp Participants (Youth) *Food Stamp Youth (Youth) *General Public (Youth) *Limited Income Public (Youth) *Students (Youth) *Youth (Youth)

V(G). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons(contacts) to be reached through direct and indirect contact methods

Direct Contacts Adults		Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth	
Year	Target	Target	Target	Target	
2009	13000	3800	22500	50	
2010	13000	3900	22700	50	
2011	13000	3900	22750	50	
2012	13000	4000	22800	20	
2013	13000	4000	22800	20	

2. (Standard Research Target) Number of Patent Applications Submitted

Expected Patent Applications

2009:0

2010:0

2011:0

2012:0

2013:0

3. Expected Peer Review Publications

Year	Research Target	Extension Target	Total
2009	0	0	0
2010	0	0	0
2011	0	0	0
2012	0	0	0
2013	0	0	0

V(H). State Defined Outputs

1. Output Target

Direct - 4-H Day Camp

.

2009 :15 **2010** :15

2011 :15

2012:15

2013 :15

Direct - 4-H School Enrichment

2009 :4

2010 5

2011 :5

2012 5

2013 5

Direct - Collaborative or Cooperative Effort

Report Date 11/10/2009 Page 170 of 298

2009 :10100	2010 1 0100	2011 :10100	2012 :10100	2013 :10100				
 Direct - Consultation; ph 	Direct - Consultation; phone, written, in-person							
2009 22100	2010 22100	2011 :22100	2012 22100	2013 22100				
Direct - Course								
2009:1	2010 1	2011 :1	2012:1	2013 :1				
Direct - Group Presentation								
2009 :16	2010 11	2011 :11	2012 :11	2013 :11				
Direct - Public Presentation								
2009 30	2010 30	2011 :30	2012 30	2013 30				
Direct - Train-the-Trainer	r							
2009 :10	2010 12	2011 :12	2012 12	2013 :12				
Direct - Workshop - serie	es							
2009 33	2010 33	2011 :33	2012 32	2013 32				
Direct - Workshop - sing	le session							
2009 29	2010 27	2011 :23	2012 23	2013 23				
 Indirect - Display or Exhi 	bit							
2009 2	2010 2	2011 :2	2012 2	2013 2				
Indirect - Publication - newsletter								
2009 :13	2010 1 3	2011 :13	2012 :13	2013 :13				
Direct - 4-H Club - Project								
2009 9	2010 9	2011 :9	2012 9	2013 9				
Direct - 4-H After School								
2009 ß	2010 5	2011 :7	2012 9	2013 9				
Direct - 4-H Club - Comr	nunity							
2009 :14	2010 1 5	2011 :18	2012 18	2013 :18				
Direct - 4-H Overnight Camp								
2009 5	2010 5	2011 :5	2012 5	2013 5				
Direct - Applied Research								
2009:1	2010 1	2011 :10	2012 :10	2013 :10				

Report Date 11/10/2009 Page 171 of 298

• Indirect - Publication - refereed journal article

2009:1 2010:1 2011:1 2012:1 2013:1

Report Date 11/10/2009 Page 172 of 298

V(I). State Defined Outcome

O. No	Outcome Name
1	Develop literacy and critical thinking skills
2	Develop skills that promote healthy relationships
3	Distribute nutrition education materials and promotional information about the Maine Family Nutrition
4	Program Everyone good feeling about self
4	Express good feeling about self
5 6	Integrate regular physical activity into daily life Keep accurate records
7	Make better decisions
8	Make better decisions regarding health and health care
9	Make better decisions regarding healthy lifestyle
10	Make better decisions regarding healthy lifestyle using improved literacy and critical thinking skills
11	Manage family resources in alignment with goals
12	Model positive group behavior to others
13	Practice safety
14	Provide learning opportunities for groups or organizations
15	Provide training and technical assistance in analyzing and assessing community health issues and policies
16	Reduce or eliminate gender stereotyping
17	Teach others to take leadership and facilitation roles
18	Treat all people with dignity and respect
19	Use relevant UMCE web-based resources
20	Enhance the economic and environmental sustainability of Maine agriculture and aquaculture.
21	Enhance the safety, sustainability, and dependability of Maine's food supply
22	Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition,
23	and lifelong wellness. Increase the economic and social viability and sustainability of Maine communities.
24	Adopt behaviors to prevent or minimize complications of chronic disease
25	Adopt food safety practices
26	Adopt record-keeping system
27	Adopt the USDA dietary guidelines and the food guide pyramid
28	Assume personal responsibility for health
29	Conduct community-based education that encourages healthy individual and family behaviors
30	Confront disrespectful behaviors
31	Create learning opportunities based on principles of positive human development
32	Avoid consumer fraud and finanical explotation
33	Conduct educational activities through cooperative or collaborative effort
34	Create and sustain effective partnerships and collaborations
35	Use a collaborative process or approach
36	Adopt appropriate technologies
37	Balance roles, responsibilities, and stress
38	Conduct community service or outreach
39	Dollars saved
40	Engage positively in their community
41	Handle animals safely
42	Increase capacity to establish goals or make decisions
43	Operate equipment safely
44	Work productively in a team

Report Date 11/10/2009 Page 173 of 298

2009 University of Maine Extension Plan of Work

Report Date 11/10/2009 Page 174 of 298

1. Outcome Target

Develop literacy and critical thinking skills

2. Outcome Type: Change in Action Outcome Measure

2009 200 **2010** : 200 **2011** : 200 **2012** 200 **2013** : 200

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 703 Nutrition Education and Behavior
- 724 Healthy Lifestyle
- 802 Human Development and Family Well-Being

Outcome #2

1. Outcome Target

Develop skills that promote healthy relationships

2. Outcome Type: Change in Action Outcome Measure

2009 :180 **2010** : 180 **2011** : 180 **2012** :180 **2013** :180

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 703 Nutrition Education and Behavior
- 724 Healthy Lifestyle
- 802 Human Development and Family Well-Being

Outcome #3

1. Outcome Target

Distribute nutrition education materials and promotional information about the Maine Family Nutrition Program

2. Outcome Type : Change in Action Outcome Measure

2009 :10000 **2010** : 10000 **2011** : 10000 **2012** :10000 **2013** :10000

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 703 - Nutrition Education and Behavior

Outcome #4

1. Outcome Target

Express good feeling about self

Report Date 11/10/2009 Page 175 of 298

2. Outcome Type: Change in Action Outcome Measure

2009 50 **2010** : 50 **2011** : 50 **2012** 50 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 724 - Healthy Lifestyle

Outcome #5

1. Outcome Target

Integrate regular physical activity into daily life

2. Outcome Type: Change in Action Outcome Measure

2009 280 **2010** : 280 **2011** : 280 **2012** 280 **2013** : 280

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 703 Nutrition Education and Behavior
- 724 Healthy Lifestyle

Outcome #6

1. Outcome Target

Keep accurate records

2. Outcome Type : Change in Action Outcome Measure

2009 210 **2010** : 205 **2011** : 205 **2012** 205 **2013** : 205

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 802 - Human Development and Family Well-Being

Outcome #7

1. Outcome Target

Make better decisions

2. Outcome Type : Change in Action Outcome Measure

2009 300 **2010** : 300 **2011** : 300 **2012** 300 **2013** : 300

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 724 - Healthy Lifestyle

Outcome #8

1. Outcome Target

Make better decisions regarding health and health care

Report Date 11/10/2009 Page 176 of 298

2. Outcome Type: Change in Action Outcome Measure

2009 50 **2010** : 50 **2011** : 50 **2012** 50 **2013** : 50

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 703 Nutrition Education and Behavior
- 724 Healthy Lifestyle
- 802 Human Development and Family Well-Being

Outcome #9

1. Outcome Target

Make better decisions regarding healthy lifestyle

2. Outcome Type: Change in Action Outcome Measure

2009 £6750 **2010** : 6750 **2011** : 6750 **2012** £6750 **2013** : 6750

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 703 Nutrition Education and Behavior
- 724 Healthy Lifestyle

Outcome #10

1. Outcome Target

Make better decisions regarding healthy lifestyle using improved literacy and critical thinking skills

2. Outcome Type : Change in Action Outcome Measure

2009 50 **2010** : 50 **2011** : 50 **2012** 50 **2013** : 50

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 703 Nutrition Education and Behavior
- 724 Healthy Lifestyle

Outcome #11

1. Outcome Target

Manage family resources in alignment with goals

2. Outcome Type: Change in Action Outcome Measure

2009 5575 **2010** : 5575 **2011** : 5575 **2012** 5575 **2013** :5575

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 802 - Human Development and Family Well-Being

Report Date 11/10/2009 Page 177 of 298

1. Outcome Target

Model positive group behavior to others

2. Outcome Type : Change in Action Outcome Measure

2009 :100 **2010** : 100 **2011** : 100 **2012** :100 **2013** :100

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 803 - Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #13

1. Outcome Target

Practice safety

2. Outcome Type: Change in Action Outcome Measure

2009 90 **2010** : 90 **2011** : 90 **2012** 90 **2013** : 90

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 724 - Healthy Lifestyle

Outcome #14

1. Outcome Target

Provide learning opportunities for groups or organizations

2. Outcome Type: Change in Action Outcome Measure

2009 50 **2010** : 50 **2011** : 50 **2012** 50 **2013** : 50

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

803 - Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #15

1. Outcome Target

Provide training and technical assistance in analyzing and assessing community health issues and policies

2. Outcome Type: Change in Action Outcome Measure

2009 20 **2010** : 20 **2011** : 20 **2012** 20 **2013** : 20

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

703 - Nutrition Education and Behavior

Report Date 11/10/2009 Page 178 of 298

1. Outcome Target

Reduce or eliminate gender stereotyping

2. Outcome Type: Change in Action Outcome Measure

2009 50 **2010** : 50 **2011** : 50 **2012** 50 **2013** : 50

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 724 - Healthy Lifestyle

Outcome #17

1. Outcome Target

Teach others to take leadership and facilitation roles

2. Outcome Type : Change in Action Outcome Measure

2009 :13 **2010** : 13 **2011** : 13 **2012** :13 **2013** : 13

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

803 - Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #18

1. Outcome Target

Treat all people with dignity and respect

2. Outcome Type: Change in Action Outcome Measure

2009 50 **2010** : 50 **2011** : 50 **2012** 50 **2013** : 50

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 724 - Healthy Lifestyle

Outcome #19

1. Outcome Target

Use relevant UMCE web-based resources

2. Outcome Type : Change in Action Outcome Measure

2009 955 **2010** : 955 **2011** : 955 **2012** 955 **2013** : 955

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 703 Nutrition Education and Behavior
- 724 Healthy Lifestyle
- 802 Human Development and Family Well-Being

Report Date 11/10/2009 Page 179 of 298

803 - Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #20

1. Outcome Target

Enhance the economic and environmental sustainability of Maine agriculture and aquaculture.

2. Outcome Type: Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 703 Nutrition Education and Behavior
- 724 Healthy Lifestyle
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #21

1. Outcome Target

Enhance the safety, sustainability, and dependability of Maine's food supply

2. Outcome Type: Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 703 Nutrition Education and Behavior
- 724 Healthy Lifestyle
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #22

1. Outcome Target

Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness.

2. Outcome Type : Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 703 Nutrition Education and Behavior
- 724 Healthy Lifestyle
- 802 Human Development and Family Well-Being

Report Date 11/10/2009 Page 180 of 298

803 - Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #23

1. Outcome Target

Increase the economic and social viability and sustainability of Maine communities.

2. Outcome Type: Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 703 Nutrition Education and Behavior
- 724 Healthy Lifestyle
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #24

1. Outcome Target

Adopt behaviors to prevent or minimize complications of chronic disease

2. Outcome Type: Change in Action Outcome Measure

2009:105 **2010**:105 **2011**:105 **2012**:105 **2013**:105

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 724 - Healthy Lifestyle

Outcome #25

1. Outcome Target

Adopt food safety practices

2. Outcome Type: Change in Action Outcome Measure

2009 5500 **2010** : 5500 **2011** : 5500 **2012** 5500 **2013** : 5500

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 703 - Nutrition Education and Behavior

Outcome #26

1. Outcome Target

Adopt record-keeping system

Report Date 11/10/2009 Page 181 of 298

2009 150 **2010** : 200 **2011** : 200 **2012** 200 **2013** : 200

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 801 - Individual and Family Resource Management

Outcome #27

1. Outcome Target

Adopt the USDA dietary guidelines and the food guide pyramid

2. Outcome Type: Change in Action Outcome Measure

2009 :1270 **2010** : 1270 **2011** : 1270 **2012** :1270 **2013** :1270

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 703 Nutrition Education and Behavior
- 724 Healthy Lifestyle

Outcome #28

1. Outcome Target

Assume personal responsibility for health

2. Outcome Type : Change in Action Outcome Measure

2009 :140 **2010** : 90 **2011** : 90 **2012** 90 **2013** : 90

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 703 Nutrition Education and Behavior
- 724 Healthy Lifestyle

Outcome #29

1. Outcome Target

Conduct community-based education that encourages healthy individual and family behaviors

2. Outcome Type : Change in Action Outcome Measure

2009 :130 **2010** : 130 **2011** : 130 **2012** :130 **2013** :130

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 703 Nutrition Education and Behavior
- 801 Individual and Family Resource Management
- 802 Human Development and Family Well-Being

Report Date 11/10/2009 Page 182 of 298

1. Outcome Target

Confront disrespectful behaviors

2. Outcome Type: Change in Action Outcome Measure

2009 50 **2010** : 50 **2011** : 50 **2012** 50 **2013** : 50

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 724 - Healthy Lifestyle

Outcome #31

1. Outcome Target

Create learning opportunities based on principles of positive human development

2. Outcome Type: Change in Action Outcome Measure

2009 485 **2010** : 485 **2011** : 485 **2012** 485 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 724 - Healthy Lifestyle

Outcome #32

1. Outcome Target

Avoid consumer fraud and finanical explotation

2. Outcome Type : Change in Action Outcome Measure

2009 25 **2010** : 25 **2011** : 25 **2012** 25 **2013** : 25

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

801 - Individual and Family Resource Management

Outcome #33

1. Outcome Target

Conduct educational activities through cooperative or collaborative effort

2. Outcome Type : Change in Action Outcome Measure

2009 8 **2010** : 8 **2011** : 8 **2012** 8 **2013** : 8

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 703 Nutrition Education and Behavior
- 724 Healthy Lifestyle
- 801 Individual and Family Resource Management

Report Date 11/10/2009 Page 183 of 298

- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

1. Outcome Target

Create and sustain effective partnerships and collaborations

2. Outcome Type: Change in Action Outcome Measure

2009:16 **2010**:16 **2011**:16 **2012**:16 **2013**:16

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 803 - Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #35

1. Outcome Target

Use a collaborative process or approach

2. Outcome Type: Change in Action Outcome Measure

2009 :18 **2010** : 18 **2011** : 18 **2012** :18 **2013** :18

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 803 - Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #36

1. Outcome Target

Adopt appropriate technologies

2. Outcome Type : Change in Action Outcome Measure

2009 30 **2010** : 30 **2011** : 30 **2012** 30 **2013** : 30

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 703 Nutrition Education and Behavior
- 724 Healthy Lifestyle
- 801 Individual and Family Resource Management
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #37

1. Outcome Target

Balance roles, responsibilities, and stress

Report Date 11/10/2009 Page 184 of 298

2009 100 **2010** : 100 **2011** : 100 **2012** 100 **2013** : 100

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 724 Healthy Lifestyle
- 801 Individual and Family Resource Management
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #38

1. Outcome Target

Conduct community service or outreach

2. Outcome Type : Change in Action Outcome Measure

2009 75 **2010** : 75 **2011** : 90 **2012** 90 **2013** : 90

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 703 Nutrition Education and Behavior
- 724 Healthy Lifestyle
- 802 Human Development and Family Well-Being

Outcome #39

1. Outcome Target

Dollars saved

2. Outcome Type: Change in Action Outcome Measure

2009 4000 **2010** : 4500 **2011** : 5000 **2012** 5500 **2013** : 6000

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 801 Individual and Family Resource Management
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #40

1. Outcome Target

Engage positively in their community

2. Outcome Type : Change in Action Outcome Measure

2009 30 **2010** : 40 **2011** : 50 **2012** 60 **2013** :60

3. Associated Institute Type(s)

•1862 Extension

Report Date 11/10/2009 Page 185 of 298

4. Associated Knowledge Area(s)

- 724 Healthy Lifestyle
- 801 Individual and Family Resource Management
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #41

1. Outcome Target

Handle animals safely

2. Outcome Type: Change in Action Outcome Measure

2009 :120 **2010** : 130 **2011** : 130 **2012** :130 **2013** : 130

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 724 Healthy Lifestyle
- 801 Individual and Family Resource Management
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #42

1. Outcome Target

Increase capacity to establish goals or make decisions

2. Outcome Type: Change in Action Outcome Measure

2009 :75 **2010** : 100 **2011** : 100 **2012** : 100 **2013** : 100

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 703 Nutrition Education and Behavior
- 724 Healthy Lifestyle
- 801 Individual and Family Resource Management
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #43

1. Outcome Target

Operate equipment safely

2. Outcome Type : Change in Action Outcome Measure

2009 ±40 **2010** : 40 **2011** : 40 **2012** ±40 **2013** : 40

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

703 - Nutrition Education and Behavior

Report Date 11/10/2009 Page 186 of 298

• 724 - Healthy Lifestyle

Outcome #44

1. Outcome Target

Work productively in a team

2. Outcome Type: Change in Action Outcome Measure

2009 95 **2010** : 95 **2011** : 110 **2012** : 110 **2013** : 110

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 803 - Sociological and Technological Change Affecting Individuals, Families and Communities

V(J). Planned Program (External Factors)

1. External Factors which may affect Outcomes

- Public Policy changes
- Appropriations changes
- Populations changes (immigration,new cultural groupings,etc.)
- Competing Programmatic Challenges
- Economy
- Natural Disasters (drought, weather extremes, etc.)
- Government Regulations
- Competing Public priorities

Description

V(K). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

- Before-After (before and after program)
- During (during program)
- Retrospective (post program)

Description

A short-term evaluation will document activities and project outcomes or products using surveys of participants, educator and aide observations, community meeting notes, researcher observation, and researcher journal.

A mid-term evaluation will document changes in civic engagement, community development practice, decision-making approach, policy analysis, social action, changes incommunication to participants, and participant behaviors regarding independence.

A long-term evaluation will investigate the impact of changes in social, civic, organizational, economic and environmental conditions using, but not limited to, retrospective evaluation techniques.

2. Data Collection Methods

- Observation
- Journals
- On-Site
- Structured
- Other (Email/Web Surveys)
- Mail

Description

{NO DATA ENTERED}

Report Date 11/10/2009 Page 187 of 298

V(A). Planned Program (Summary)

Program #13

1. Name of the Planned Program

Administrative Plan of Work; Planning and Supervision

2. Brief summary about Planned Program

Inputs related to administrative contributions to the University of Maine Cooperative Extension Plan of Work.

3. Program existence: New (One year or less)

4. Program duration: Long-Term (More than five years)

5. Expending formula funds or state-matching funds: Yes

6. Expending other than formula funds or state-matching funds: No

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
902	Administration of Projects and Programs	100%		100%	
	Total	100%		100%	

V(C). Planned Program (Situation and Scope)

1. Situation and priorities

This Planned Program captures effort related to planning and supervision of Plan of Work activities.

2. Scope of the Program

- Multistate Extension
- In-State Extension
- Integrated Research and Extension

V(D). Planned Program (Assumptions and Goals)

1. Assumptions made for the Program

This Planned Program captures effort related to planning and supervision of Plan of Work activities.

2. Ultimate goal(s) of this Program

"Enhance the economic and environmental sustainability of Maine agriculture and aquaculture.

"Increase the economic and social viability and sustainability of Maine communities.

"Enhance the safety, sustainability, and dependability of Maine's food supply;

"Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness.

"Protect and enhance Maine's natural resources and environment through sustainable stewardship.

V(E). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program

Report Date 11/10/2009 Page 188 of 298

Year	Exte	nsion	Research	
	1862	1890	1862	1890
2009	7.0	0.0	0.4	0.0
2010	7.0	0.0	0.3	0.0
2011	7.0	0.0	0.4	0.0
2012	7.0	0.0	0.3	0.0
2013	7.0	0.0	0.3	0.0

V(F). Planned Program (Activity)

1. Activity for the Program

•POW supervision and administration

2. Type(s) of methods to be used to reach direct and indirect contacts

Extension				
Direct Methods	Indirect Methods			
Other 2 (Staff Training)Other 1 (Supervision)	Other 1 (External Staff Development)			

3. Description of targeted audience

•Extension - all staff (Adult)

V(G). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons(contacts) to be reached through direct and indirect contact methods

	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Year	Target	Target	Target	Target
2009	150	0	0	0
2010	150	0	0	0
2011	150	0	0	0
2012	150	0	0	0
2013	150	0	0	0

2. (Standard Research Target) Number of Patent Applications Submitted

Expected Patent Applications

2009:0 **2010**:0 **2011**:0 **2012**:0 **2013**:0

Report Date 11/10/2009 Page 189 of 298

3. Expected Peer Review Publications

Year	Research Target	Extension Target	Total
2009	0	0	0
2010	0	0	0
2011	0	0	0
2012	0	0	0
2013	0	0	0

V(H). State Defined Outputs

1. Output Target

• {NO DATA ENTERED}

(NO DATA ENTERED) (NO DATA ENTERED) (NO DATA ENTERED) (NO DATA ENTERED) (NO DATA ENTERED)

Report Date 11/10/2009 Page 190 of 298

V(I). State Defined Outcome

O. No	Outcome Name
1	Extension staff will conduct needs based educational outreach according to specific 5 year plans of work.

Report Date 11/10/2009 Page 191 of 298

1. Outcome Target

Extension staff will conduct needs based educational outreach according to specific 5 year plans of work.

2. Outcome Type: Change in Action Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 902 - Administration of Projects and Programs

V(J). Planned Program (External Factors)

1. External Factors which may affect Outcomes

- Competing Public priorities
- Public Policy changes
- Appropriations changes
- Populations changes (immigration,new cultural groupings,etc.)
- Economy
- Government Regulations
- Natural Disasters (drought, weather extremes, etc.)

Description

{NO DATA ENTERED}

V(K). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

- Other (Merit Review Process)
- During (during program)

Description

{NO DATA ENTERED}

2. Data Collection Methods

- Structured
- Other (Performance Reviews; Facilitate)
- Observation

Description

{NO DATA ENTERED}

Report Date 11/10/2009 Page 192 of 298

V(A). Planned Program (Summary)

Program #14

1. Name of the Planned Program

Home Horticulture

2. Brief summary about Planned Program

In the past 10 years there have been huge increases in the numbers of people engaged in indoor and outdoor gardening in Maine. This has been paralleled by the growth of horticultural enterprises throughout the state. Workshops, conferences, demonstrations, consultations, fact sheets, and websites are used to deliver programs, including Master Gardener, Kids Can Grow, and Plant-a-Row for the Hungry, to diverse audiences. Participants gain knowledge and skills in decreasing pesticide and water use, improving urban wildlife habitat, avoiding non-native invasive species, and incorporating native woody ornamentals into their landscapes, among other topics.

3. Program existence : Mature (More then five years)4. Program duration : Long-Term (More than five years)

5. Expending formula funds or state-matching funds : Yes

6. Expending other than formula funds or state-matching funds : Yes

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

Report Date 11/10/2009 Page 193 of 298

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
102	Soil, Plant, Water, Nutrient Relationships	20%		20%	
111	Conservation and Efficient Use of Water	10%		10%	
112	Watershed Protection and Management	5%		5%	
132	Weather and Climate	5%		5%	
133	Pollution Prevention and Mitigation	5%		5%	
203	Plant Biological Efficiency and Abiotic Stresses Affecting Plants	10%		10%	
206	Basic Plant Biology	30%		30%	
213	Weeds Affecting Plants	5%		5%	
403	Waste Disposal, Recycling, and Reuse	5%		5%	
502	New and Improved Food Products	5%		5%	
	Total	100%		100%	

V(C). Planned Program (Situation and Scope)

1. Situation and priorities

Nationally, eight out of ten households (approximately 84 million households) participated in one or more types of do-it-yourself indoor and outdoor lawn and gardening activities in 2003.[i] In Maine, growth in the environmental horticulture industry also reflects increased interest and participation in gardening activities. During the period from 1993 through 1998, the environmental horticulture industry grew by \$93 million in Maine and 115 new businesses were created.[ii] It is currently a \$286 million industry in Maine.

[i] National Gardening Association, "National Gardening Survey 2003," http://www.garden.org/RSRCH/report.asp (accessed July 2004).

[ii] L. Perry and L. B. Stack, \$4 billion and growing: a summary of the environmental horticulture industry's impact on the New England economy, (Natick, MA: New England Nursery Association, Inc., 2003).

2. Scope of the Program

Report Date 11/10/2009 Page 194 of 298

- In-State Extension
- Multistate Integrated Research and Extension
- Integrated Research and Extension

V(D). Planned Program (Assumptions and Goals)

1. Assumptions made for the Program

Land development trends from the Maine State Planning Office indicate that we will experience continued urban/suburban growth through 2050[i]. It is therefore important that homeowner gardening and landscaping education continue, with an emphasis on reduced pesticide and water inputs as well as improved backyard habitats for wildlife. There are additional indicators of the continuing need for education in all areas of home horticulture:

•According to the Maine Board of Pesticides Control, 800,000 pounds of home-use pesticides were brought into Maine in 1995. In 2001, that figure rose to 1,800,000 pounds, an increase of over 200 percent.[ii] •We have dramatically increased our knowledge of potential problems with non-native, invasive plant species in recent years. However, Maine citizens continue to use these disruptive species in the managed landscape, indicating an urgent need for education in this area. •Food security continues to be a problem for many individuals and families in Maine. Recruiting more backyard gardeners into the Plant-A-Row for the Hungry program is one way to address this need.

[i] Maine State Planning Office, "Expansion of Development 1940-2050," http://www.state.me.us/spo/landuse/resources/sprawl.php (accessed July 2004).

[ii] Gary Fish, certification specialist, Maine Board of Pesticides Control (e-mail message, June 12, 2004).

2. Ultimate goal(s) of this Program

•Enhance the economic and environmental sustainability of Maine agriculture and aquaculture. •Enhance the safety, sustainability, and dependability of Maine's food supply. •Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness. •Increase the economic and social viability and sustainability of Maine communities. •Protect and enhance Maine's natural resources and environment through sustainable stewardship.

V(E). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program

Year	Exte	nsion	Research	
	1862	1890	1862	1890
2009	7.5	0.0	0.1	0.0
2010	7.5	0.0	0.1	0.0
2011	7.5	0.0	0.1	0.0
2012	6.9	0.0	0.1	0.0
2013	7.0	0.0	0.2	0.0

V(F). Planned Program (Activity)

1. Activity for the Program

•Central Maine Garden Celebration •Community Programs on Home Horticulture Topics •Consultations on Consumer and Commercial Horticulture Topics •Consumer Horticulture Field Day •Consumer Horticulture Programming •Demonstration Gardens •Demonstration Plantings •Garden Angel Program •Garden Club Presentations Publications Garden to Garden Program •Gardening Web Site •Growing Tree Fruits in Maine •Hazardous Waste Collection Hobby Orchard Consultations •Hobby Orchard Presentations •Home Gardening, Composting and Pest Management. Horticulture Related (publication) Horticulture Related (refereed journal article) Kids Can Grow •Maine Garden Day •Maine State Prison Vocational Horticulture Program •Maine Tree Club Outing •Maine Tree Club •Master Gardener Program •Master Gardener Training Publications •Master Gardener Newsletter Master Gardener Volunteer Time Master Gardener Volunteer Training •Native Woody Plants for Maine Landscapes Piscataguis Gardening Newsletter •Small Fruit and Vegetable Fact Sheets •Solar Collectionin Hoop Houses Vegetable Fact Sheets

Report Date 11/10/2009 Page 195 of 298

2. Type(s) of methods to be used to reach direct and indirect contacts

Extension				
Direct Methods	Indirect Methods			
 Workshop Other 1 (Collaborative or Cooperative Eff) Other 2 (Conference or Symposium) Education Class One-on-One Intervention Demonstrations 	 Other 1 (Publication - Fact Sheet) Web sites Newsletters 			

3. Description of targeted audience

•Adults with Disabilities (Adults) •Agency Staff or Professionals (Adult) •Agricultural Workers (Adult) •Commercial Vegetable Growers (Adult) •Community Members (Adult) •First-Time Gardeners (Adult) •General Public (Adult)

•Green Industry Members (Adult) •Home Gardeners (Adult) •Homeowners (Adult) •Limited Income Public (Adult)

•Master Gardener Trainees (Adult) •Master Gardener Volunteers (Adult) •4-H Special Interest or Short-Term Program Participants (Youth) •General Public (Youth) •Home Gardeners (Youth) •Master Gardener Volunteers (Youth)

V(G). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons(contacts) to be reached through direct and indirect contact methods

	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Year	Target	Target	Target	Target
2009	5600	4000	115	0
2010	5200	4000	135	0
2011	4750	4000	135	0
2012	4200	4000	100	0
2013	4200	4000	100	0

2013:0

2. (Standard Research Target) Number of Patent Applications Submitted

Expected Patent Applications

2009:0 **2010**:0 **2011**:0 **2012**:0

3. Expected Peer Review Publications

Year	Research Target	Extension Target	Total
2009	0	0	0
2010	0	0	0
2011	0	0	0
2012	0	0	0
2013	0	0	0

Report Date 11/10/2009 Page 196 of 298

$V(\mbox{H})$. State Defined Outputs

1. Output Target

Direct - Collaborative or Cooperative Effort								
2009 :1	2010 1	2011 :1	2012 :1	2013 :1				
Direct - Conference or s	Direct - Conference or symposium; Planning and/or participation							
2009 2	2010 2	2011 :1	2012:1	2013 :1				
Direct - Consultation; ph	none, written, in-person							
2009 :1125	2010 . 1125	2011 :1125	2012 :1125	2013 :1125				
Direct - Course								
2009 ຄ	2010 6	2011 :6	2012 5	2013 5				
Direct - Demonstration F	Project							
2009 8	2010 8	2011 :7	2012:7	2013 :7				
Direct - Experiential Lea	rning							
2009 2	2010 2	2011 :1	2012:1	2013 :1				
Direct - Public Presenta	tion							
2009 35	2010 35	2011 :35	2012 35	2013 35				
Direct - Volunteer Traini	ng							
2009 30	2010 20	2011 :20	2012 20	2013 20				
Direct - Workshop - sing	le session							
2009 5	2010 5	2011 :5	2012 5	2013 5				
Indirect - Publication - b	ooklet							
2009 2	2010 2	2011 :2	2012 2	2013 2				
Indirect - Publication - fa	act sheet							
2009 :16	2010 16	2011 :16	2012 :16	2013 :16				
Indirect - Publication - n	ewsletter							
2009 :13	2010 13	2011 :13	2012 :13	2013 :13				
Indirect - Website								
2009:1	2010 1	2011 :1	2012:1	2013 :1				
Direct - 4-H Club - Com	munity							

Report Date 11/10/2009 Page 197 of 298

	2009:1	2010 1	2011 :1	2012 0	2013 Ω			
•	Direct - Site visit							
	2009 3	2010 3	2011 :3	2012 3	2013 ß			
•	Direct - Workshop - series							
	2009 :16	2010 1	2011 :1	2012:1	2013 :1			
•	Indirect - Volunteer Effort							
	2009:1	2010 1	2011 :1	2012:1	2013 :1			

Report Date 11/10/2009 Page 198 of 298

V(I). State Defined Outcome

O. No	Outcome Name
1	Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition,
	and lifelong wellness.
2	Adopt appropriate management strategies
3	Adopt appropriate pest management practices
4	Adopt appropriate technologies
5	Adopt environmentally sound practices
6	Adopt environmentally sound technologies that improve economic viability
7	Adopt practices that maintain profitability
8	Be a mentor to other community organizations or groups
9	Complete volunteer commitment
10 11	Compost Conduct community convice or cutropph
12	Conduct community service or outreach Expand IPM
13	Grow new crop
14	Grow new variety
15	Identify and respond to pest issues
16	Identify and respond to plant and animal disorders
17	Improve IPM
18	Improve in M
19	Improve soil health
20	Increase consumption of locally-grown food
21	Increase crop production
22	Make appropriate cultivar choices
23	Make better decisions regarding pest management
24	Plant and harvest gardens
25	Pounds of food donated
26	Reduce the use of high-risk pesticides
27	Reduce waste stream
28	Test new crops
29	Test new production techniques
30	Test new varieties
31	Use non-chemical pest management practices
32	Use pesticides safely
33	Use relevant UMCE web-based resources
34	Enhance the economic and environmental sustainability of Maine agriculture and aquaculture
35	Enhance the safety, sustainability, and dependability of Maine's food supply
36	Increase the economic and social viability and sustainability of Maine communities
37	Protect and enhance Maine's natural resources and environment through sustainable stewardship
38	Conserve soils
39	Create and sustain effective partnerships and collaborations
40	Develop environmentally sound technologies and practices
41	Develop local food production and distribution systems
42	Engage in leadership development
43	Train new volunteers
44	Provide learning opportunities for groups or organizations
45	Develop partnerships among organizations or groups
46	Dollars saved

Report Date 11/10/2009 Page 199 of 298

47	Expand	and	enhance	markets
----	--------	-----	---------	---------

48 Protect or conserve biodiversity and habitat including native plant and animal species

Report Date 11/10/2009 Page 200 of 298

1. Outcome Target

Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness.

2. Outcome Type: Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 102 Soil, Plant, Water, Nutrient Relationships
- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 132 Weather and Climate
- 133 Pollution Prevention and Mitigation
- 203 Plant Biological Efficiency and Abiotic Stresses Affecting Plants
- 206 Basic Plant Biology
- 213 Weeds Affecting Plants

Outcome #2

1. Outcome Target

Adopt appropriate management strategies

2. Outcome Type : Change in Action Outcome Measure

2009 550 **2010** : 350 **2011** : 550 **2012** 350 **2013** : 350

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 206 Basic Plant Biology
- 502 New and Improved Food Products

Outcome #3

1. Outcome Target

Adopt appropriate pest management practices

2. Outcome Type : Change in Action Outcome Measure

2009 90 **2010** : 100 **2011** : 90 **2012** 90 **2013** : 90

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 206 - Basic Plant Biology

Report Date 11/10/2009 Page 201 of 298

1. Outcome Target

Adopt appropriate technologies

2. Outcome Type: Change in Action Outcome Measure

2009 405 **2010** : 225 **2011** : 425 **2012** 225 **2013** : 225

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 102 Soil, Plant, Water, Nutrient Relationships
- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 132 Weather and Climate
- 133 Pollution Prevention and Mitigation
- 203 Plant Biological Efficiency and Abiotic Stresses Affecting Plants
- 206 Basic Plant Biology
- 213 Weeds Affecting Plants
- 403 Waste Disposal, Recycling, and Reuse
- 502 New and Improved Food Products

Outcome #5

1. Outcome Target

Adopt environmentally sound practices

2. Outcome Type: Change in Action Outcome Measure

2009 50 **2010** : 50 **2011** : 50 **2012** 50 **2013** : 50

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 133 Pollution Prevention and Mitigation

Outcome #6

1. Outcome Target

Adopt environmentally sound technologies that improve economic viability

2. Outcome Type : Change in Action Outcome Measure

2009 :150 **2010** : 150 **2011** : 150 **2012** :150 **2013** :150

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

Report Date 11/10/2009 Page 202 of 298

- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 133 Pollution Prevention and Mitigation

1. Outcome Target

Adopt practices that maintain profitability

2. Outcome Type: Change in Action Outcome Measure

2009 80 **2010** : 80 **2011** : 80 **2012** 80 **2013** : 80

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 206 Basic Plant Biology

Outcome #8

1. Outcome Target

Be a mentor to other community organizations or groups

2. Outcome Type: Change in Action Outcome Measure

2009 30 **2010** : 30 **2011** : 30 **2012** 0 **2013** : 0

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 502 New and Improved Food Products

Outcome #9

1. Outcome Target

Complete volunteer commitment

2. Outcome Type: Change in Action Outcome Measure

2009 65 **2010** : 85 **2011** : 65 **2012** 60 **2013** : 60

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 502 New and Improved Food Products

Outcome #10

1. Outcome Target

Compost

2. Outcome Type : Change in Action Outcome Measure

2009 :125 **2010** : 125 **2011** : 125 **2012** :100 **2013** :100

3. Associated Institute Type(s)

•1862 Extension

Report Date 11/10/2009 Page 203 of 298

4. Associated Knowledge Area(s)

• 403 - Waste Disposal, Recycling, and Reuse

Outcome #11

1. Outcome Target

Conduct community service or outreach

2. Outcome Type: Change in Action Outcome Measure

2009 :130 **2010** : 130 **2011** : 135 **2012** :140 **2013** : 140

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 502 - New and Improved Food Products

Outcome #12

1. Outcome Target

Expand IPM

2. Outcome Type: Change in Action Outcome Measure

2009 30 **2010** : 30 **2011** : 30 **2012** 30 **2013** : 30

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

206 - Basic Plant Biology

Outcome #13

1. Outcome Target

Grow new crop

2. Outcome Type : Change in Action Outcome Measure

2009 45 **2010** : 45 **2011** : 45 **2012** 45 **2013** : 45

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 206 Basic Plant Biology
- 502 New and Improved Food Products

Outcome #14

1. Outcome Target

Grow new variety

2. Outcome Type : Change in Action Outcome Measure

2009 :110 **2010** : 110 **2011** : 100 **2012** :100 **2013** :100

3. Associated Institute Type(s)

•1862 Extension

Report Date 11/10/2009 Page 204 of 298

4. Associated Knowledge Area(s)

- 206 Basic Plant Biology
- 502 New and Improved Food Products

Outcome #15

1. Outcome Target

Identify and respond to pest issues

2. Outcome Type: Change in Action Outcome Measure

2009 210 **2010** : 210 **2011** : 210 **2012** 210 **2013** : 210

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 203 Plant Biological Efficiency and Abiotic Stresses Affecting Plants
- 206 Basic Plant Biology

Outcome #16

1. Outcome Target

Identify and respond to plant and animal disorders

2. Outcome Type: Change in Action Outcome Measure

2009 70 **2010** : 70 **2011** : 70 **2012** 70 **2013** : 70

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 203 Plant Biological Efficiency and Abiotic Stresses Affecting Plants
- 206 Basic Plant Biology
- 213 Weeds Affecting Plants

Outcome #17

1. Outcome Target

Improve IPM

2. Outcome Type: Change in Action Outcome Measure

2009 60 **2010** : 110 **2011** : 60 **2012** : 110 **2013** : 110

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 206 - Basic Plant Biology

Outcome #18

1. Outcome Target

Improve production and quality of crops

Report Date 11/10/2009 Page 205 of 298

2009 305 **2010** : 310 **2011** : 315 **2012** 325 **2013** : 325

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 206 - Basic Plant Biology

Outcome #19

1. Outcome Target

Improve soil health

2. Outcome Type: Change in Action Outcome Measure

2009 45 **2010** : 45 **2011** : 45 **2012** 45 **2013** : 45

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 102 - Soil, Plant, Water, Nutrient Relationships

Outcome #20

1. Outcome Target

Increase consumption of locally-grown food

2. Outcome Type: Change in Action Outcome Measure

2009 332 **2010** : 332 **2011** : 332 **2012** 332 **2013** : 332

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 502 - New and Improved Food Products

Outcome #21

1. Outcome Target

Increase crop production

2. Outcome Type : Change in Action Outcome Measure

2009 60 **2010** : 60 **2011** : 60 **2012** 60 **2013** : 60

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

206 - Basic Plant Biology

Outcome #22

1. Outcome Target

Make appropriate cultivar choices

Report Date 11/10/2009 Page 206 of 298

2009 300 **2010** : 300 **2011** : 300 **2012** 300 **2013** : 300

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 206 Basic Plant Biology
 - 502 New and Improved Food Products

Outcome #23

1. Outcome Target

Make better decisions regarding pest management

2. Outcome Type: Change in Action Outcome Measure

2009 205 **2010** : 205 **2011** : 205 **2012** : 180 **2013** : 180

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 206 - Basic Plant Biology

Outcome #24

1. Outcome Target

Plant and harvest gardens

2. Outcome Type: Change in Action Outcome Measure

2009 490 **2010** : 490 **2011** : 490 **2012** 465 **2013** : 465

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

502 - New and Improved Food Products

Outcome #25

1. Outcome Target

Pounds of food donated

2. Outcome Type : Change in Action Outcome Measure

2009 :130300 **2010** : 132300 **2011** : 130300 **2012** :134300 **2013** :135300

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 502 - New and Improved Food Products

Outcome #26

1. Outcome Target

Reduce the use of high-risk pesticides

Report Date 11/10/2009 Page 207 of 298

2009 :10 **2010** : 10 **2011** : 10 **2012** :10 **2013** : 10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 133 Pollution Prevention and Mitigation
- 206 Basic Plant Biology

Outcome #27

1. Outcome Target

Reduce waste stream

2. Outcome Type: Change in Action Outcome Measure

2009 50 **2010** : 50 **2011** : 50 **2012** 50 **2013** : 50

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 403 - Waste Disposal, Recycling, and Reuse

Outcome #28

1. Outcome Target

Test new crops

2. Outcome Type: Change in Action Outcome Measure

2009 45 **2010** : 45 **2011** : 45 **2012** 45 **2013** : 45

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 502 - New and Improved Food Products

Outcome #29

1. Outcome Target

Test new production techniques

2. Outcome Type : Change in Action Outcome Measure

2009 :115 **2010** : 115 **2011** : 125 **2012** :125 **2013** :125

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 206 Basic Plant Biology
- 502 New and Improved Food Products

Report Date 11/10/2009 Page 208 of 298

1. Outcome Target

Test new varieties

2. Outcome Type: Change in Action Outcome Measure

2009 40 **2010** : 40 **2011** : 40 **2012** 40 **2013** : 40

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 206 Basic Plant Biology
- 502 New and Improved Food Products

Outcome #31

1. Outcome Target

Use non-chemical pest management practices

2. Outcome Type: Change in Action Outcome Measure

2009 25 **2010** : 25 **2011** : 25 **2012** 25 **2013** : 25

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

206 - Basic Plant Biology

Outcome #32

1. Outcome Target

Use pesticides safely

2. Outcome Type : Change in Action Outcome Measure

2009 60 **2010** : 60 **2011** : 60 **2012** 51 **2013** : 51

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 133 Pollution Prevention and Mitigation
- 206 Basic Plant Biology

Outcome #33

1. Outcome Target

Use relevant UMCE web-based resources

2. Outcome Type: Change in Action Outcome Measure

2009 260 **2010** : 260 **2011** : 260 **2012** 260 **2013** : 260

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

102 - Soil, Plant, Water, Nutrient Relationships

Report Date 11/10/2009 Page 209 of 298

- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 132 Weather and Climate
- 133 Pollution Prevention and Mitigation
- 203 Plant Biological Efficiency and Abiotic Stresses Affecting Plants
- 206 Basic Plant Biology
- 213 Weeds Affecting Plants
- 403 Waste Disposal, Recycling, and Reuse
- 502 New and Improved Food Products

1. Outcome Target

Enhance the economic and environmental sustainability of Maine agriculture and aquaculture

2. Outcome Type: Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 102 Soil, Plant, Water, Nutrient Relationships
- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 132 Weather and Climate
- 133 Pollution Prevention and Mitigation
- 203 Plant Biological Efficiency and Abiotic Stresses Affecting Plants
- 206 Basic Plant Biology
- 213 Weeds Affecting Plants
- 403 Waste Disposal, Recycling, and Reuse
- 502 New and Improved Food Products

Outcome #35

1. Outcome Target

Enhance the safety, sustainability, and dependability of Maine's food supply

2. Outcome Type : Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 102 - Soil, Plant, Water, Nutrient Relationships

Report Date 11/10/2009 Page 210 of 298

- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 132 Weather and Climate
- 133 Pollution Prevention and Mitigation
- 203 Plant Biological Efficiency and Abiotic Stresses Affecting Plants
- 206 Basic Plant Biology
- 213 Weeds Affecting Plants
- 403 Waste Disposal, Recycling, and Reuse
- 502 New and Improved Food Products

1. Outcome Target

Increase the economic and social viability and sustainability of Maine communities

2. Outcome Type: Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 102 Soil, Plant, Water, Nutrient Relationships
- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 132 Weather and Climate
- 133 Pollution Prevention and Mitigation
- 203 Plant Biological Efficiency and Abiotic Stresses Affecting Plants
- 206 Basic Plant Biology
- 213 Weeds Affecting Plants
- 403 Waste Disposal, Recycling, and Reuse
- 502 New and Improved Food Products

Outcome #37

1. Outcome Target

Protect and enhance Maine's natural resources and environment through sustainable stewardship

2. Outcome Type : Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 102 - Soil, Plant, Water, Nutrient Relationships

Report Date 11/10/2009 Page 211 of 298

- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 132 Weather and Climate
- 133 Pollution Prevention and Mitigation
- 203 Plant Biological Efficiency and Abiotic Stresses Affecting Plants
- 206 Basic Plant Biology
- 213 Weeds Affecting Plants
- 403 Waste Disposal, Recycling, and Reuse
- 502 New and Improved Food Products

1. Outcome Target

Conserve soils

2. Outcome Type: Change in Action Outcome Measure

2009 20 **2010** : 20 **2011** : 20 **2012** 20 **2013** : 20

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 102 Soil, Plant, Water, Nutrient Relationships

Outcome #39

1. Outcome Target

Create and sustain effective partnerships and collaborations

2. Outcome Type: Change in Action Outcome Measure

2009 30 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 112 Watershed Protection and Management

Outcome #40

1. Outcome Target

Develop environmentally sound technologies and practices

2. Outcome Type : Change in Action Outcome Measure

2009:10 **2010**:10 **2011**:10 **2012**:10 **2013**:10

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 102 Soil, Plant, Water, Nutrient Relationships
 - 111 Conservation and Efficient Use of Water

Report Date 11/10/2009 Page 212 of 298

- 112 Watershed Protection and Management
- 133 Pollution Prevention and Mitigation
- 203 Plant Biological Efficiency and Abiotic Stresses Affecting Plants
- 206 Basic Plant Biology
- 213 Weeds Affecting Plants
- 403 Waste Disposal, Recycling, and Reuse
- 502 New and Improved Food Products

1. Outcome Target

Develop local food production and distribution systems

2. Outcome Type: Change in Action Outcome Measure

2009:1 **2010**:1 **2011**:0 **2012**:0 **2013**:0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 502 - New and Improved Food Products

Outcome #42

1. Outcome Target

Engage in leadership development

2. Outcome Type: Change in Action Outcome Measure

2009 :10 **2010** : 10 **2011** : 10 **2012** :10 **2013** : 10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 112 - Watershed Protection and Management

Outcome #43

1. Outcome Target

Train new volunteers

2. Outcome Type: Change in Action Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 502 - New and Improved Food Products

Outcome #44

1. Outcome Target

Provide learning opportunities for groups or organizations

Report Date 11/10/2009 Page 213 of 298

2009 43 **2010** : 33 **2011** : 33 **2012** 33 **2013** :33

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 206 - Basic Plant Biology

Outcome #45

1. Outcome Target

Develop partnerships among organizations or groups

2. Outcome Type: Change in Action Outcome Measure

2009 :11 **2010** : 11 **2011** : 11 **2011** : 11 **2012** : 11 **2013** : 11

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 133 Pollution Prevention and Mitigation
- 403 Waste Disposal, Recycling, and Reuse

Outcome #46

1. Outcome Target

Dollars saved

2. Outcome Type : Change in Action Outcome Measure

2009 5000 **2010** : 5000 **2011** : 8000 **2012** : 10000 **2013** : 10000

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 133 Pollution Prevention and Mitigation
- 403 Waste Disposal, Recycling, and Reuse
- 502 New and Improved Food Products

Outcome #47

1. Outcome Target

Expand and enhance markets

Report Date 11/10/2009 Page 214 of 298

2009 40 **2010** : 40 **2011** : 40 **2012** #0 **2013** : 40

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 111 Conservation and Efficient Use of Water
- 133 Pollution Prevention and Mitigation
- 403 Waste Disposal, Recycling, and Reuse
- 502 New and Improved Food Products

Outcome #48

1. Outcome Target

Protect or conserve biodiversity and habitat including native plant and animal species

2. Outcome Type: Change in Action Outcome Measure

2009 :15 **2010** : 15 **2011** : 15 **2012** :15 **2013** : 15

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 112 Watershed Protection and Management
- 206 Basic Plant Biology

V(J). Planned Program (External Factors)

1. External Factors which may affect Outcomes

- Appropriations changes
- Natural Disasters (drought, weather extremes, etc.)
- Government Regulations
- Competing Public priorities
- Public Policy changes
- Populations changes (immigration,new cultural groupings,etc.)
- Economy
- Competing Programmatic Challenges

Description

Intentions for short-term evaluation: Survey, pre- and post-test for short-term knowledge gained, program evaluations. Intentions for medium-term evaluation: Survey, program evaluations for behavior changed. Number of new horticulture based businesses started and or expanded.

Intentions for long-term evaluation: Survey, evaluations for long term behavior change.

V(K). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

- Before-After (before and after program)
- During (during program)

Description

Intentions for short-term evaluation: Survey, pre- and post-test for short-term knowledge gained, program evaluations.

Report Date 11/10/2009 Page 215 of 298

Intentions for medium-term evaluation: Survey, program evaluations for behavior changed. Number of new horticulture based businesses started and or expanded.

Intentions for long-term evaluation: Survey, evaluations for long term behavior change.

2. Data Collection Methods

- On-Site
- Other (Email/Web Surveys)
- Structured
- Telephone
- Mail

Description

{NO DATA ENTERED}

Report Date 11/10/2009 Page 216 of 298

V(A). Planned Program (Summary)

Program #15

1. Name of the Planned Program

Maine Livestock Industry

2. Brief summary about Planned Program

Maine's livestock industry, from large commercial operations to small diversified farms, has expressed its need for programs on production, profitability, and the development of sustainable farm management and animal husbandry systems. Related needs include marketing and the development of niche markets and value-added products. Producers, agency personnel, and 4-H members participate in workshops, pasture walks, consultations, and applied research. They attend farmer meetings, and create networks and consortiums as a way to learn from their peers.

3. Program existence : Mature (More then five years)

4. Program duration : Long-Term (More than five years)

5. Expending formula funds or state-matching funds : Yes

6. Expending other than formula funds or state-matching funds : Yes

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

Report Date 11/10/2009 Page 217 of 298

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
102	Soil, Plant, Water, Nutrient Relationships	15%		15%	
301	Reproductive Performance of Animals	5%		5%	
302	Nutrient Utilization in Animals	10%		10%	
307	Animal Production Management Systems	15%		15%	
308	Improved Animal Products (Before Harvest)	10%		10%	
311	Animal Diseases	15%		15%	
315	Animal Welfare, Well-Being and Protection	5%		5%	
401	Structures, Facilities, and General Purpose Farm Supplies	5%		5%	
601	Economics of Agricultural Production and Farm Management	10%		10%	
602	Business Management, Finance, and Taxation	10%		10%	
	Total	100%		100%	

V(C). Planned Program (Situation and Scope)

1. Situation and priorities

The Maine livestock industry has two distinct sectors: large commercial farms and small integrated and diverse farms. The dairy industry has experienced a large consolidation of farms. While the number of dairy farms and the number of milk cows have decreased over the past ten years, milk production per cow has increased to 17,730 pounds in 2002, compared with 15,786 pounds in 1993. The total milk produced in Maine has remained level for the past several years, at approximately 655 millions pounds of milk a year.[i]

There has also been a shift in production techniques. Of the nearly 400 dairy farms licensed to sell milk in Maine, close to 80 farms are certified organic or are in transition to organic. The organic certification allows farmers to sell their milk for a premium, albeit with higher production costs.

All livestock farmers need access to information about their markets as well as on the care and feeding of their animals. Farm business management skills enable large and small farmers to make informed decisions about their operations. Farm management is more complex today than in previous times. Farmers need more detailed resources to inform decisions in order to keep ahead of the small profit margins. There is a difference in educational needs between large- and small-scale farmers.

Despite the attrition of established farmers, there are men and women interested in starting livestock enterprises in Maine,

Report Date 11/10/2009 Page 218 of 298

who are looking for education about the basics of animal care.[ii]

[i] New England Agricultural Statistics Service, div. of USDA National Agricultural Statistics Service, "Milk Production," New England Agricultural Statistics 2003, page 95, http://www.nass.usda.gov/nh/ (accessed July 2004).

[ii] Sharon Kiley Mack, "Farming Seminar For Women Slated This Fall In Turner," Bangor Daily News (Bangor, ME: June 16, 2004), 5.

2. Scope of the Program

- Multistate Research
- Multistate Extension
- Multistate Integrated Research and Extension
- In-State Research
- Integrated Research and Extension
- In-State Extension

V(D). Planned Program (Assumptions and Goals)

1. Assumptions made for the Program

The Maine livestock industry faces challenges in the following areas:

- •Farm profitability and price volatility. •Animal health and livestock management such as nutrition and reproduction.
- •Food safety and value-added production (on-farm processing). •Niche marketing and diversification. •Financial management and business planning. •Consolidation of livestock farms and processing facilities, and vanishing infrastructure such as veterinarians, suppliers, and equipment. •Environmental concerns (nutrient management, odor, particulate, silage effluent, mortality disposal). •Education of the non-farm public (agricultural literacy); farm/non-farm relations. •Farm use of biotechnology.

2. Ultimate goal(s) of this Program

•Enhance the economic and environmental sustainability of Maine agriculture and aquaculture. •Enhance the safety, sustainability, and dependability of Maine's food supply. •Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness.

V(E). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program

Year	Exte	nsion	Re	search
rear	1862	1890	1862	1890
2009	2.7	0.0	0.3	0.0
2010	2.7	0.0	0.3	0.0
2011	2.8	0.0	0.0	0.0
2012	2.8	0.0	0.0	0.0
2013	2.8	0.0	0.0	0.0

V(F). Planned Program (Activity)

1. Activity for the Program

•Beef Conference •Beef Quality Assurance Training •Consultations - Livestock •Cornell Dairy Farm Business
Summary Participation •Dairy Email Newsletters •Extension Livestock Website •Farm Financial Recordkeeping Schools
•Farm Visits •Farmer Meetings •Farmer Seminars •Grass Farmers Network /Northeast Pasture Consortium

Livestock Consultations
 Livestock Related (conference proceedings)
 Livestock Related (publication)
 Related (refereed journal article)
 Nutrient Management
 On Farm research
 Pasture Walk
 Piscataquis Farming
 Newsletter
 Regional Organic Dairy Project

Report Date 11/10/2009 Page 219 of 298

2. Type(s) of methods to be used to reach direct and indirect contacts

Extension					
Direct Methods Indirect Methods					
 Other 1 (Applied Research) Demonstrations Other 2 (Collaborative or Cooperative Eff) One-on-One Intervention Workshop Group Discussion 	Web sitesNewsletters				

3. Description of targeted audience

•Agency Staff or Professionals (Adult) •Agricultural Producers (Adult) •Agricultural Workers (Adult) •Beef Producers (Adult) •Commercial Dairy Producers (Adult) •General Public (Adult)

V(G). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons(contacts) to be reached through direct and indirect contact methods

	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Year	Target	Target	Target	Target
2009	970	840	0	0
2010	940	840	0	0
2011	940	840	0	0
2012	950	840	0	0
2013	950	840	0	0

2. (Standard Research Target) Number of Patent Applications Submitted

Expected Patent Applications

2009:0 **2010**:0 **2011**:0 **2012**:0 **2013**:0

3. Expected Peer Review Publications

Year	Research Target	Extension Target	Total
2009	0	0	0
2010	0	0	0
2011	0	0	0
2012	0	0	0
2013	0	0	0

V(H). State Defined Outputs

1. Output Target

• Direct - Collaborative or Cooperative Effort

Report Date 11/10/2009 Page 220 of 298

	2009 60	2010 60	2011 :60	2012 60	2013 60			
•	Direct - Consultation; phone, written, in-person							
	2009 260	2010 260	2011 :260	2012 <i>2</i> 60	2013 260			
•	Direct - Forum							
	2009 5	2010 5	2011 :5	2012 5	2013 5			
•	Direct - Seminar							
	2009 6	2010 6	2011 :6	2012 f3	2013 ɓ			
•	Indirect - Publication - news	sletter						
	2009 18	2010 18	2011 :18	2012 :18	2013 :18			
•	Indirect - Website							
	2009 :1	2010 1	2011 :1	2012:1	2013 :1			
•	Direct - Site visit							
	2009 30	2010 30	2011 :30	2012 30	2013 30			
•	Indirect - Publication - fact	sheet						
	2009:1	2010 1	2011 :1	2012:1	2013 Ω			
•	Direct - Group Presentation							
	2009 :10	2010 10	2011 :10	2012 :10	2013 :10			

Report Date 11/10/2009 Page 221 of 298

V(I). State Defined Outcome

O. No	Outcome Name
1	Adopt appropriate management strategies
2	Adopt appropriate nutrient management strategies
3	Adopt appropriate technologies
4	Adopt practices that maintain long-term productivity
5	Adopt practices that maintain profitability
6	Develop a business plan
7	Improve animal well-being
8	Keep accurate records
9	Maintain nutrient management certification
10	Make better decisions using available diagnostics
11	Participate in Maine cattle health assurance program
12	Participate in farm animal identification program
13	Participate in livestock disease monitoring programs
14	Participate in livestock quality assurance program
15	Participate in relevant animal associations
16	Participate in the Maine grass farmer network
17	Use grasslands efficiently for feed and water quality protection
18	Use grasslands profitably
19	Use relevant UMCE web-based resources
20	Enhance the economic and environmental sustainability of Maine agriculture and aquaculture
21	Enhance the safety, sustainability, and dependability of Maine's food supply
22	Create Jobs
23	Evaluate and adopt nutrient sources, recycling and delivery systems that produce high quality crops

Report Date 11/10/2009 Page 222 of 298

1. Outcome Target

Adopt appropriate management strategies

2. Outcome Type: Change in Action Outcome Measure

2009 70 **2010** : 70 **2011** : 70 **2012** 70 **2013** : 70

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 307 Animal Production Management Systems
- 601 Economics of Agricultural Production and Farm Management

Outcome #2

1. Outcome Target

Adopt appropriate nutrient management strategies

2. Outcome Type: Change in Action Outcome Measure

2009 30 **2010** : 30 **2011** : 30 **2012** 30 **2013** : 30

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 302 Nutrient Utilization in Animals
- 307 Animal Production Management Systems
- 315 Animal Welfare, Well-Being and Protection

Outcome #3

1. Outcome Target

Adopt appropriate technologies

2. Outcome Type: Change in Action Outcome Measure

2009 60 **2010** : 60 **2011** : 60 **2012** 60 **2013** : 60

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 102 Soil, Plant, Water, Nutrient Relationships
- 301 Reproductive Performance of Animals
- 302 Nutrient Utilization in Animals
- 307 Animal Production Management Systems
- 308 Improved Animal Products (Before Harvest)
- 311 Animal Diseases
- 315 Animal Welfare, Well-Being and Protection
- 401 Structures, Facilities, and General Purpose Farm Supplies

Report Date 11/10/2009 Page 223 of 298

- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

1. Outcome Target

Adopt practices that maintain long-term productivity

2. Outcome Type: Change in Action Outcome Measure

2009 70 **2010** : 70 **2011** : 70 **2012** 70 **2013** : 70

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 301 Reproductive Performance of Animals
- 307 Animal Production Management Systems
- 315 Animal Welfare, Well-Being and Protection
- 601 Economics of Agricultural Production and Farm Management

Outcome #5

1. Outcome Target

Adopt practices that maintain profitability

2. Outcome Type: Change in Action Outcome Measure

2009 :100 **2010** : 100 **2011** : 100 **2012** : 100 **2013** : 100

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 307 Animal Production Management Systems
- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

Outcome #6

1. Outcome Target

Develop a business plan

2. Outcome Type: Change in Action Outcome Measure

2009 20 **2010** : 20 **2011** : 20 **2012** 20 **2013** : 20

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

602 - Business Management, Finance, and Taxation

Outcome #7

1. Outcome Target

Improve animal well-being

Report Date 11/10/2009 Page 224 of 298

2. Outcome Type: Change in Action Outcome Measure

2009 100 **2010** : 100 **2011** : 100 **2012** : 100 **2013** : 100

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 307 Animal Production Management Systems
 - 308 Improved Animal Products (Before Harvest)
 - 311 Animal Diseases
 - 315 Animal Welfare, Well-Being and Protection

Outcome #8

1. Outcome Target

Keep accurate records

2. Outcome Type: Change in Action Outcome Measure

2009:10 **2010**:10 **2011**:10 **2012**:10 **2013**:10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 307 Animal Production Management Systems
- 311 Animal Diseases
- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

Outcome #9

1. Outcome Target

Maintain nutrient management certification

2. Outcome Type: Change in Action Outcome Measure

2009 60 **2010** : 60 **2011** : 60 **2012** 60 **2013** : 60

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 302 - Nutrient Utilization in Animals

Outcome #10

1. Outcome Target

Make better decisions using available diagnostics

2. Outcome Type : Change in Action Outcome Measure

2009 :100 **2010** : 100 **2011** : 100 **2012** :100 **2013** :100

3. Associated Institute Type(s)

•1862 Extension

Report Date 11/10/2009 Page 225 of 298

4. Associated Knowledge Area(s)

- 307 Animal Production Management Systems
- 308 Improved Animal Products (Before Harvest)
- 311 Animal Diseases
- 315 Animal Welfare, Well-Being and Protection

Outcome #11

1. Outcome Target

Participate in Maine cattle health assurance program

2. Outcome Type: Change in Action Outcome Measure

2009 50 **2010** : 50 **2011** : 50 **2012** 50 **2013** : 50

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 301 Reproductive Performance of Animals
- 307 Animal Production Management Systems
- 308 Improved Animal Products (Before Harvest)
- 311 Animal Diseases
- 315 Animal Welfare, Well-Being and Protection

Outcome #12

1. Outcome Target

Participate in farm animal identification program

2. Outcome Type: Change in Action Outcome Measure

2009 500 **2010**:500 **2011**:500 **2012** 500 **2013**:500

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 307 - Animal Production Management Systems

Outcome #13

1. Outcome Target

Participate in livestock disease monitoring programs

2. Outcome Type: Change in Action Outcome Measure

2009 30 **2010** : 30 **2011** : 30 **2012** 30 **2013** : 30

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 307 Animal Production Management Systems
- 311 Animal Diseases

Report Date 11/10/2009 Page 226 of 298

• 315 - Animal Welfare, Well-Being and Protection

Outcome #14

1. Outcome Target

Participate in livestock quality assurance program

2. Outcome Type: Change in Action Outcome Measure

2009 :100 **2010** : 100 **2011** : 100 **2012** : 100 **2013** : 100

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 307 Animal Production Management Systems
- 308 Improved Animal Products (Before Harvest)
- 311 Animal Diseases
- 315 Animal Welfare, Well-Being and Protection

Outcome #15

1. Outcome Target

Participate in relevant animal associations

2. Outcome Type: Change in Action Outcome Measure

2009 75 **2010** : 75 **2011** : 75 **2012** 75 **2013** : 75

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 602 - Business Management, Finance, and Taxation

Outcome #16

1. Outcome Target

Participate in the Maine grass farmer network

2. Outcome Type : Change in Action Outcome Measure

2009 :180 **2010** : 200 **2011** : 200 **2012** : 200 **2013** : 200

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 307 Animal Production Management Systems
- 601 Economics of Agricultural Production and Farm Management

Outcome #17

1. Outcome Target

Use grasslands efficiently for feed and water quality protection

Report Date 11/10/2009 Page 227 of 298

2. Outcome Type: Change in Action Outcome Measure

2009 :130 **2010** : 130 **2011** : 130 **2012** :130 **2013** :130

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 307 - Animal Production Management Systems

Outcome #18

1. Outcome Target

Use grasslands profitably

2. Outcome Type: Change in Action Outcome Measure

2009 90 **2010** : 90 **2011** : 90 **2012** 90 **2013** : 90

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 311 Animal Diseases
- 601 Economics of Agricultural Production and Farm Management

Outcome #19

1. Outcome Target

Use relevant UMCE web-based resources

2. Outcome Type : Change in Action Outcome Measure

2009 300 **2010** : 300 **2011** : 300 **2012** 300 **2013** : 300

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 102 Soil, Plant, Water, Nutrient Relationships
- 301 Reproductive Performance of Animals
- 302 Nutrient Utilization in Animals
- 307 Animal Production Management Systems
- 308 Improved Animal Products (Before Harvest)
- 311 Animal Diseases
- 315 Animal Welfare, Well-Being and Protection
- 401 Structures, Facilities, and General Purpose Farm Supplies
- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

Outcome #20

1. Outcome Target

Enhance the economic and environmental sustainability of Maine agriculture and aquaculture

Report Date 11/10/2009 Page 228 of 298

2. Outcome Type: Change in Condition Outcome Measure

2009 D **2010** : 0 **2011** : 0 **2012** D **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 102 Soil, Plant, Water, Nutrient Relationships
- 301 Reproductive Performance of Animals
- 302 Nutrient Utilization in Animals
- 307 Animal Production Management Systems
- 308 Improved Animal Products (Before Harvest)
- 311 Animal Diseases
- 315 Animal Welfare, Well-Being and Protection
- 401 Structures, Facilities, and General Purpose Farm Supplies
- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

Outcome #21

1. Outcome Target

Enhance the safety, sustainability, and dependability of Maine's food supply

2. Outcome Type : Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 102 Soil, Plant, Water, Nutrient Relationships
- 301 Reproductive Performance of Animals
- 302 Nutrient Utilization in Animals
- 307 Animal Production Management Systems
- 308 Improved Animal Products (Before Harvest)
- 311 Animal Diseases
- 315 Animal Welfare, Well-Being and Protection
- 401 Structures, Facilities, and General Purpose Farm Supplies
- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

Outcome #22

1. Outcome Target

Create Jobs

Report Date 11/10/2009 Page 229 of 298

2. Outcome Type: Change in Action Outcome Measure

2009 :10 **2010** : 10 **2011** : 10 **2012** :10 **2013** : 10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 601 Economics of Agricultural Production and Farm Management
- 602 Business Management, Finance, and Taxation

Outcome #23

1. Outcome Target

Evaluate and adopt nutrient sources, recycling and delivery systems that produce high quality crops

2. Outcome Type: Change in Action Outcome Measure

2009 40 **2010** : 45 **2011** : 45 **2012** 45 **2013** : 45

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 102 Soil, Plant, Water, Nutrient Relationships
- 601 Economics of Agricultural Production and Farm Management

V(J). Planned Program (External Factors)

1. External Factors which may affect Outcomes

- Public Policy changes
- Populations changes (immigration,new cultural groupings,etc.)
- Natural Disasters (drought, weather extremes, etc.)
- Government Regulations
- Appropriations changes
- Economy
- Competing Programmatic Challenges
- Competing Public priorities

Description

Intentions for short-term evaluation: Numbers of participants, milk samples submitted, meetings and workshops held, numbers of clients attending meetings and work shops, publications/ articles written, bench mark data.

Intentions for medium-term evaluation: Milk quality data from processors, new management practices adopted, diagnostic lab submissions.

Intentions for long-term evaluation: Impact of programs on agricultural productivity and profitability.

V(K). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

- Comparison between locales where the program operates and sites without program intervention
- During (during program)
- Before-After (before and after program)
- Case Study

Description

Intentions for short-term evaluation: Numbers of participants, milk samples submitted, meetings and workshops held, numbers of clients attending meetings and work shops, publications/ articles written, bench mark data.

Report Date 11/10/2009 Page 230 of 298

Intentions for medium-term evaluation: Milk quality data from processors, new management practices adopted, diagnostic lab submissions.

Intentions for long-term evaluation: Impact of programs on agricultural productivity and profitability.

2. Data Collection Methods

- On-Site
- Mail
- Other (Email/Web surveys)
- Structured
- Case Study

Description

{NO DATA ENTERED}

Report Date 11/10/2009 Page 231 of 298

V(A). Planned Program (Summary)

Program #16

1. Name of the Planned Program

Pest Management

2. Brief summary about Planned Program

The identification, management, and control of plant and animal pests is integral to the farming and horticulture industries, both conventional and organic, to the environment, and to human health. Through workshops, demonstrations, field days, school programs, and diagnostic services, information and training will be provided to farmers, pesticide applicators, teachers, students, and home owners. Websites, newsletters, and fact sheets will supplement educational programs and provide informational access to the general public.

3. Program existence : Mature (More then five years)

4. Program duration : Long-Term (More than five years)

5. Expending formula funds or state-matching funds : Yes

6. Expending other than formula funds or state-matching funds : Yes

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
211	Insects, Mites, and Other Arthropods Affecting Plants	25%		25%	
212	Pathogens and Nematodes Affecting Plants	18%		18%	
213	Weeds Affecting Plants	2%		2%	
215	Biological Control of Pests Affecting Plants	3%		3%	
216	Integrated Pest Management Systems	47%		47%	
721	Insects and Other Pests Affecting Humans	5%		5%	
	Total	100%		100%	

V(C). Planned Program (Situation and Scope)

1. Situation and priorities

Maine farmers and homeowners constantly face a wide array of pests that threaten crops, homes, and health. Appropriate management techniques allow most of us to successfully grow our crops and live safely. Yet effective, safe management of pests is becoming more challenging. Emerging pests and diseases, including potato mop-top virus, new strains of potato late

Report Date 11/10/2009 Page 232 of 298

blight, West Nile virus, the hemlock woolly adelgid and others, pose significant threats to Maine agriculture, the environment and human health. Additionally, as the costs of energy and other inputs increase, and long-term costs to our environment are recognized, the need for more affordable and sustainable pest management becomes more acute. Growers must maximize yield and quality while counterbalancing with a reduction of inputs to maximize profits and reduce environmental degradation.

The current market demand for perfect, pest and damage-free produce and crops, combined with the public's desire to decrease pesticide use for human health and environmental reasons, creates a difficult challenge for Maine farmers. Homeowners and farmers are increasingly at odds over the application of pesticides on farms adjacent to new or existing housing developments. Ironically, homeowners are increasing their own pesticide use. According to the Maine Board of Pesticides Control, from 1995 to 2001, the weight of pesticides brought into Maine for sales to homeowners more than doubled, from 800,000 to 1.8 million pounds.

Pesticide resistance-as well as the withdrawal from the market of effective but risky products that have been long-established industry standards-creates the need for continual adjustment in all aspects of pest management. The number of organic farms and acreage is increasing. Organic farmers, with few options available to them, need appropriate and effective pest management alternatives. This is highly challenging but essential for success. However availability, costs and knowledge gaps have, in some cases, become major barriers to the use of organic and biological controls.

2. Scope of the Program

- In-State Extension
- Multistate Integrated Research and Extension
- Integrated Research and Extension
- In-State Research
- Multistate Extension

V(D). Planned Program (Assumptions and Goals)

1. Assumptions made for the Program

The management of insects and other arthropods, plant diseases, weeds, vertebrates, and other pests is an integral part of the production of every major and minor commercial crop in Maine, including potatoes, blueberries, greenhouse/nursery crops, strawberries, brambles, apples, and corn, among others. The 7,200 farms in Maine generate agricultural crop sales valued at over \$450 million, and employ over 65,000 people. In 2003, the growing Maine environmental horticulture industry was valued at \$288 million dollars in plant production, landscape services, and wholesale/ retail sales. This industry has created 4,300 new jobs in the last five years. Without reliable and sustainable pest management strategies, these industries face severe crop losses resulting in significant reductions in profits and threats to their long-term viability. In addition to agricultural and commercial settings, IPM is important in home yard scapes and inside structures such as schools, homes, and businesses. Mosquito- and tick-borne human diseases such as West Nile virus and Lyme disease have emerged as major public health concerns.

2. Ultimate goal(s) of this Program

•Enhance the economic and environmental sustainability of Maine agriculture and aquaculture. •Enhance the safety, sustainability, and dependability of Maine's food supply.

V(E). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program

Report Date 11/10/2009 Page 233 of 298

Year	Exte	nsion	Re	search
Tear	1862	1890	1862	1890
2009	9.7	0.0	1.1	0.0
2010	9.7	0.0	1.1	0.0
2011	9.7	0.0	1.1	0.0
2012	9.7	0.0	1.1	0.0
2013	9.7	0.0	1.1	0.0

V(F). Planned Program (Activity)

1. Activity for the Program

*Client Consultation - Insect, Plant Disease, Pest Management *Cranberry Integrated Pest Management *Cranberry Integrated Pest Management *Cranberry Integrated Pest Management *Cranberry Related Fact Sheets *Educational Entomological Display *Fact Sheet - Wild Blueberry *Field Day - Blueberry Hill Farm Annual *Field Day - University of Maine Blueberry Hill Farm *Grower Site Visits *Integrated Pest Management *IPM Related (publication) *IPM Related (refereed journal article) *Maine Agricultural Trade Show *Maine Cranberry Integrated Pest Management Guide *Master Gardener Training - Pests *Newsletter - Apple Pest Report *Newsletter - Pest Alert *Newsletter - Strawberry Integrated Pest Management *Newsletter - Wild Blueberry *Pest Management Conference *Pesticide Applicator Training *Pesticide Applicator Training Certification Exams *Pesticide Applicator Training Educational Manuals *Plant Disease Diagnostics *Potato Integrated Pest Management *Presentations - Apple Integrated Pest Management *Dest Management *Seminars and Training - Plant Disease Diagnostics *Soil & Water Conservation District Agricultural Conservation Fairs *Spring Wild Blueberry Meeting *Strawberry Integrated Pest Management *Sweet Corn Integrated Pest Management *Teacher Training - Entomology *Website - Apple Integrated Pest Management *Website - New England Pest Management Network *Website - Wild Blueberries *Wild Blueberry Farmer Site Visits *Wild Blueberry Integrated Crop Management

2. Type(s) of methods to be used to reach direct and indirect contacts

Extension				
Direct Methods Indirect Methods				
 Group Discussion Education Class Other 1 (Collaborative or Cooperative Eff) Demonstrations Other 2 (Conference or Sympsoium) Workshop 	 Web sites Newsletters Other 1 (Applied Research) Other 2 (Manual) 			

3. Description of targeted audience

Agency Staff or Professionals (Adult)
 Agricultural Producers (Adult)
 Agricultural Workers (Adult)
 Commercial Apple Growers (Adult)
 Commercial Cranberry Growers (Adult)
 Commercial Potato Growers (Adult)
 Commercial Sweet Corn Growers (Adult)
 Farmers (Adult)
 General Public (Adult)
 Home Gardeners (Adult)
 Master Gardener Trainees (Adult)
 Pesticide Applicator Training Participants (Adult)
 Scientists (Adult)
 Teachers (Adult)
 Students (Youth)

Report Date 11/10/2009 Page 234 of 298

V(G). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons(contacts) to be reached through direct and indirect contact methods

	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Year	Target	Target	Target	Target
2009	11550	27200	6360	0
2010	11550	26400	6360	0
2011	11550	27200	6360	0
2012	11600	27400	6360	0
2013	11600	27400	6360	0

2. (Standard Research Target) Number of Patent Applications Submitted

Expected Patent Applications

2009:0

2010 :0

2011:0

2012:0

2013:0

3. Expected Peer Review Publications

Year	Research Target	Extension Target	Total
1001	researon ranger	Extension ranger	
2009	0	0	0
2010	0	0	0
2011	0	0	0
2012	0	0	0
2013	0	0	0

V(H). State Defined Outputs

1. Output Target

Direct - AV Resource

	2009 4	2010 4	2011 :4	2012 4	2013 4
•	Direct - Collaborative or Co	poperative Effort			
	2009 2455	2010 2455	2011 :2455	2012 2455	2013 2455
•	Direct - Course				
	2009 290	2010 295	2011 :300	2012 3 10	2013 310
•	Direct - Demonstration Project				
	2009 :137	2010 137	2011 :137	2012 :137	2013 :137

Direct - Display or exhibit

Report Date 11/10/2009 Page 235 of 298

2009 :15	2010 15	2011 :15	2012 :15	2013 :15
Direct - Group Presenta	tion			
2009 25	2010 25	2011 :25	2012 25	2013 25
Direct - Public Presenta	tion			
2009 2	2010 2	2011 :2	2012 2	2013 2
Direct - Seminar				
2009 :1	2010 1	2011 :1	2012:1	2013 :1
Direct - Site visit				
2009 27	2010 27	2011 :27	2012 27	2013 27
Direct - Volunteer Traini	ng			
2009 7	2010 7	2011 :7	2012 7	2013 7
Direct - Workshop - seri	es			
2009 :13	2010 1 3	2011 :13	2012 :13	2013 :13
Direct - Workshop - sing	le session			
2009 :14	2010 14	2011 :14	2012 :14	2013 :14
Indirect - Applied Research	ırch			
2009 ß	2010 3	2011 :3	2012 ß	2013 ß
Indirect - Publication - b	ooklet			
2009:1	2010 1	2011 :1	2012:1	2013 :1
Indirect - Publication - fa	act sheet			
2009 ?	2010 5	2011 :7	2012 7	2013 :7
Indirect - Publication - m	nanual			
2009 :1000	2010 1000	2011 :1000	2012 :1000	2013 :1000
Indirect - Publication - n	ewsletter			
2009 44	2010 44	2011 :44	2012 44	2013 44
Indirect - Website				
2009 552	2010 552	2011 :552	2012 552	2013 552

Report Date 11/10/2009 Page 236 of 298

V(I). State Defined Outcome

O. No	Outcome Name	
1	Adopt and maintain integrated pest management strategies	
2	Acquire pesticide applicator certification	
3	Adopt IPM strategies	
4	Adopt appropriate technologies	
5	Adopt practices that maintain long-term productivity	
6	Adopt practices that maintain profitability	
7	Develop environmentally sound technologies that improve economic viability	
8	Expand IPM	
9	Identify and respond to pest issues	
10	Identify and respond to plant and animal disorders	
11	Improve IPM	
12	Maintain pesticide applicator certification	
13	Make better decisions regarding pest management	
14	Reduce the use of high-risk pesticides	
15	15 Use pesticides safely	
16	16 Use relevant UMCE web-based resources	
17	Enhance the economic and environmental sustainability of Maine agriculture and aquaculture.	
18	Enhance the safety, sustainability, and dependability of Maine's food supply.	
19	Scout crops for pests	

Report Date 11/10/2009 Page 237 of 298

1. Outcome Target

Adopt and maintain integrated pest management strategies

2. Outcome Type: Change in Action Outcome Measure

2009:1660 **2010**:1670 **2011**:1730 **2012**:1740 **2013**:1740

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 211 Insects, Mites, and Other Arthropods Affecting Plants
- 212 Pathogens and Nematodes Affecting Plants
- 215 Biological Control of Pests Affecting Plants
- 216 Integrated Pest Management Systems
- 721 Insects and Other Pests Affecting Humans

Outcome #2

1. Outcome Target

Acquire pesticide applicator certification

2. Outcome Type: Change in Action Outcome Measure

2009 590 **2010** : 590 **2011** : 590 **2012** 590 **2013** : 590

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 216 - Integrated Pest Management Systems

Outcome #3

1. Outcome Target

Adopt IPM strategies

2. Outcome Type : Change in Action Outcome Measure

2009 :100 **2010** : 100 **2011** : 100 **2012** :100 **2013** :100

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 216 - Integrated Pest Management Systems

Outcome #4

1. Outcome Target

Adopt appropriate technologies

Report Date 11/10/2009 Page 238 of 298

2. Outcome Type: Change in Action Outcome Measure

2009 650 **2010** : 660 **2011** : 660 **2012** 670 **2013** : 670

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 211 Insects, Mites, and Other Arthropods Affecting Plants
- 212 Pathogens and Nematodes Affecting Plants
- 213 Weeds Affecting Plants
- 215 Biological Control of Pests Affecting Plants
- 216 Integrated Pest Management Systems
- 721 Insects and Other Pests Affecting Humans

Outcome #5

1. Outcome Target

Adopt practices that maintain long-term productivity

2. Outcome Type : Change in Action Outcome Measure

2009 #20 **2010** : 420 **2011** : 420 **2012** #20 **2013** : 420

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

216 - Integrated Pest Management Systems

Outcome #6

1. Outcome Target

Adopt practices that maintain profitability

2. Outcome Type: Change in Action Outcome Measure

2009 420 **2010** : 420 **2011** : 420 **2012** 420 **2013** : 420

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 216 - Integrated Pest Management Systems

Outcome #7

1. Outcome Target

Develop environmentally sound technologies that improve economic viability

2. Outcome Type : Change in Action Outcome Measure

2009 200 **2010** : 200 **2011** : 200 **2012** 200 **2013** : 200

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

Report Date 11/10/2009 Page 239 of 298

216 - Integrated Pest Management Systems

Outcome #8

1. Outcome Target

Expand IPM

2. Outcome Type: Change in Action Outcome Measure

2009 350 **2010** : 420 **2011** : 440 **2012** #40 **2013** : 440

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 216 - Integrated Pest Management Systems

Outcome #9

1. Outcome Target

Identify and respond to pest issues

2. Outcome Type: Change in Action Outcome Measure

2009 3620 **2010** : 3660 **2011** : 3670 **2012** 3700 **2013** : 3700

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 211 Insects, Mites, and Other Arthropods Affecting Plants
- 215 Biological Control of Pests Affecting Plants
- 216 Integrated Pest Management Systems
- 721 Insects and Other Pests Affecting Humans

Outcome #10

1. Outcome Target

Identify and respond to plant and animal disorders

2. Outcome Type : Change in Action Outcome Measure

2009 :1550 **2010** : 1560 **2011** : 1570 **2012** :1580 **2013** :1580

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 211 Insects, Mites, and Other Arthropods Affecting Plants
- 212 Pathogens and Nematodes Affecting Plants
- 215 Biological Control of Pests Affecting Plants
- 216 Integrated Pest Management Systems
- 721 Insects and Other Pests Affecting Humans

Report Date 11/10/2009 Page 240 of 298

1. Outcome Target

Improve IPM

2. Outcome Type: Change in Action Outcome Measure

2009 530 **2010** : 600 **2011** : 580 **2012** 650 **2013** : 650

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

216 - Integrated Pest Management Systems

Outcome #12

1. Outcome Target

Maintain pesticide applicator certification

2. Outcome Type: Change in Action Outcome Measure

2009 3600 **2010** : 3600 **2011** : 3600 **2012** 3600 **2013** : 3600

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 216 - Integrated Pest Management Systems

Outcome #13

1. Outcome Target

Make better decisions regarding pest management

2. Outcome Type: Change in Action Outcome Measure

2009 2400 **2010** : 2450 **2011** : 2475 **2012** 2500 **2013** :2500

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

216 - Integrated Pest Management Systems

Outcome #14

1. Outcome Target

Reduce the use of high-risk pesticides

2. Outcome Type : Change in Action Outcome Measure

2009 20 **2010** : 20 **2011** : 22 **2012** 22 **2013** : 22

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 213 Weeds Affecting Plants
- 215 Biological Control of Pests Affecting Plants
- 216 Integrated Pest Management Systems

Report Date 11/10/2009 Page 241 of 298

1. Outcome Target

Use pesticides safely

2. Outcome Type: Change in Action Outcome Measure

2009 800 **2010** : 850 **2011** : 900 **2012** : 1000 **2013** : 1000

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 211 Insects, Mites, and Other Arthropods Affecting Plants
- 212 Pathogens and Nematodes Affecting Plants
- 213 Weeds Affecting Plants
- 215 Biological Control of Pests Affecting Plants
- 216 Integrated Pest Management Systems
- 721 Insects and Other Pests Affecting Humans

Outcome #16

1. Outcome Target

Use relevant UMCE web-based resources

2. Outcome Type: Change in Action Outcome Measure

2009 20450 **2010** : 21000 **2011** : 21450 **2012** 22000 **2013** : 22000

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 211 Insects, Mites, and Other Arthropods Affecting Plants
- 212 Pathogens and Nematodes Affecting Plants
- 213 Weeds Affecting Plants
- 215 Biological Control of Pests Affecting Plants
- 216 Integrated Pest Management Systems
- 721 Insects and Other Pests Affecting Humans

Outcome #17

1. Outcome Target

Enhance the economic and environmental sustainability of Maine agriculture and aquaculture.

2. Outcome Type : Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 211 - Insects, Mites, and Other Arthropods Affecting Plants

Report Date 11/10/2009 Page 242 of 298

- 212 Pathogens and Nematodes Affecting Plants
- 213 Weeds Affecting Plants
- 215 Biological Control of Pests Affecting Plants
- 216 Integrated Pest Management Systems
- 721 Insects and Other Pests Affecting Humans

1. Outcome Target

Enhance the safety, sustainability, and dependability of Maine's food supply.

2. Outcome Type: Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 211 Insects, Mites, and Other Arthropods Affecting Plants
- 212 Pathogens and Nematodes Affecting Plants
- 213 Weeds Affecting Plants
- 215 Biological Control of Pests Affecting Plants
- 216 Integrated Pest Management Systems
- 721 Insects and Other Pests Affecting Humans

Outcome #19

1. Outcome Target

Scout crops for pests

2. Outcome Type : Change in Action Outcome Measure

2009:14 **2010**:16 **2011**:20 **2012**:22 **2013**:22

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 211 Insects, Mites, and Other Arthropods Affecting Plants
- 212 Pathogens and Nematodes Affecting Plants
- 213 Weeds Affecting Plants
- 215 Biological Control of Pests Affecting Plants
- 216 Integrated Pest Management Systems

V(J). Planned Program (External Factors)

1. External Factors which may affect Outcomes

Report Date 11/10/2009 Page 243 of 298

- Competing Programmatic Challenges
- Competing Public priorities
- Appropriations changes
- Economy
- Public Policy changes
- Natural Disasters (drought, weather extremes, etc.)
- Government Regulations
- Populations changes (immigration,new cultural groupings,etc.)

Description

{NO DATA ENTERED}

V(K). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

- Comparison between locales where the program operates and sites without program intervention
- After Only (post program)

Description

Intentions for short-term evaluation: A written evaluation survey will be circulated to program participants and newsletter recipients.

Intentions for medium-term evaluation: A written evaluation survey will be circulated to program participants and newsletter recipients. In addition, the program will be evaluated by the Maine Potato Board and the Maine Potato Advisory Group or other stakeholder groups as determined.

Intentions for long-term evaluation: A written evaluation survey will be circulated to program participants and newsletter recipients. In addition, the program will be evaluated by the Maine Potato Board as well as the Maine Potato Advisory Group or other stakeholder groups as determined. Historical records will be used.

2. Data Collection Methods

- Mail
- Other (Email/Web surveys)
- On-Site

Description

{NO DATA ENTERED}

Report Date 11/10/2009 Page 244 of 298

V(A). Planned Program (Summary)

Program #17

1. Name of the Planned Program

Sustainable Communities

2. Brief summary about Planned Program

Programs directed at the development of sustainable communities are multi-faceted, long-term efforts that engage individuals and families in different ways and in different settings. Based on local needs, programs will address social and environmental issues from fisheries management to food systems, community resource planning to consumer horticulture, and from conservation of natural resources to community and organizational development. Agricultural and fisheries industry members, community members, policy makers, and home gardeners will engage in public issues education, develop vision-to-action projects, and demonstrate sustainable practices.

3. Program existence: Mature (More then five years)

4. Program duration: Long-Term (More than five years)

5. Expending formula funds or state-matching funds : Yes

6. Expending other than formula funds or state-matching funds : Yes

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

Report Date 11/10/2009 Page 245 of 298

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
111	Conservation and Efficient Use of Water	15%			
112	Watershed Protection and Management	15%			
133	Pollution Prevention and Mitigation	10%			
136	Conservation of Biological Diversity	10%			
403	Waste Disposal, Recycling, and Reuse	10%			
605	Natural Resource and Environmental Economics	10%			
608	Community Resource Planning and Development	10%			
724	Healthy Lifestyle	10%			
802	Human Development and Family Well-Being	5%			
803	Sociological and Technological Change Affecting Individuals, Families and Communities	5%			
	Total	100%			

V(C). Planned Program (Situation and Scope)

1. Situation and priorities

Many communities are beginning to see that economic development, environmental quality, healthy families, and social equity are mutually supportive. The creation of sustainable communities encompasses "smart growth" responses to a complex matrix of issues relating to development, economy, growth, environment, and society.

There is no consensus, however, about the need for sustainable practices at the community level. We face a "crisis of perception" about the current situation and threats to future security. If Maine does not create a shared vision about the need to develop and foster sustainable communities, we will very likely pass along to future generations an environment that is depleted of high quality natural resources, an economy that serves the interests of investors but not citizens. Communities may become increasingly polarized, thus more stressful places to live.

Maine citizens, including families, business interests, organizational leaders, and municipal officials need information about the current community situation on which to base sound judgments. Collaborative techniques that encourage participation in building a shared vision of success, and examples of projects that have proved successful, provide the foundation of new opportunities to positively influence community life. Many partners are working in local areas and at the state level to provide information and facilitate community-based approaches to sustainability.

Report Date 11/10/2009 Page 246 of 298

2. Scope of the Program

- In-State Extension
- In-State Research
- Multistate Extension
- Multistate Integrated Research and Extension

V(D). Planned Program (Assumptions and Goals)

1. Assumptions made for the Program

Community success is to often gauged by measures of population and economic growth. The perception is so pervasive that almost every American community is looking for ways to grow out of its problems, even when those problems are themselves the result of growth. It is easy to find examples of short-term thinking that pits economic growth against the health of citizens and the natural world. The creation of sustainable communities requires that development strategies integrate thinking beyond pure growth to include such things as affordable housing, local food production and marketing, ecotourism, tax reform, healthier life choices, and efforts to increase social justice.

2. Ultimate goal(s) of this Program

•Enhance the economic and environmental sustainability of Maine agriculture and aquaculture. •Enhance the safety, sustainability, and dependability of Maine's food supply. •Increase the economic and social viability and sustainability of Maine communities. •Protect and enhance Maine's natural resources and environment through sustainable stewardship.

V(E). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program

Vana	Extension		Research		
Year	1862	1890	1862	1890	
2009	1.4	0.0	0.0	0.0	
2010	1.4	0.0	0.0	0.0	
2011	1.4	0.0	0.0	0.0	
2012	1.5	0.0	0.0	0.0	
2013	1.5	0.0	0.0	0.0	

V(F). Planned Program (Activity)

1. Activity for the Program

•Food Donated to food cupboards and soup kitchens •Food System Education Programs •Large-scale community vision-to-action projects •Public Issue education through facilitated community forums and conferences •Public Issue Education via Talk of the Towns and Family Radio Forum •Smart Growth Demonstration Projects •Smart Growth Programming •Sustainability Series

2. Type(s) of methods to be used to reach direct and indirect contacts

Extension		
Direct Methods	Indirect Methods	
 Demonstrations Group Discussion Workshop Education Class 	Other 1 (Radio)	

Report Date 11/10/2009 Page 247 of 298

3. Description of targeted audience

•Community Leaders (Adult) •Community Members (Adult) •Home Gardeners (Adult) •Homeowners (Adult) •Radio Program Audience (Adult) •Consumers (Adult) •Home Gardeners (Youth)

V(G). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons(contacts) to be reached through direct and indirect contact methods

	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Year	Target	Target	Target	Target
2009	585	7500	60	0
2010	945	7500	70	0
2011	945	7500	80	0
2012	945	7500	80	0
2013	945	7500	80	0

2. (Standard Research Target) Number of Patent Applications Submitted

Expected Patent Applications

2009:0 **2010**:0 **2011**:0 **2012**:0 **2013**:0

3. Expected Peer Review Publications

Year	Research Target	Extension Target	Total
2009	0	0	0
2010	0	0	0
2011	0	0	0
2012	0	0	0
2013	0	0	0

V(H). State Defined Outputs

1. Output Target

• Direct - Conference or symposium; Planning and/or participation

2009 2 2010 4 2011 4 2012 4 2013 4

Direct - Demonstration Project

2009 21 **2010** 21 **2011** :21 **2012** 21 **2013** 21

Direct - Public Presentation

2009 2 2010 2 2011 2 2012 2 2013 2

Direct - Seminar

Report Date 11/10/2009 Page 248 of 298

	2009 4	2010 4	2011 :4	2012 4	2013 4
•	Direct - Course				
	2009 24	2010 24	2011 :24	2012 24	2013 24
•	Indirect - Radio Program				
	2009 ß	2010 3	2011 :3	2012 3	2013 β
•	Direct - Workshop - single	session			
	2009 3	2010 4	2011 :5	2012 5	2013 5
•	Direct - Workshop - series				
	2009:1	2010 1	2011 :1	2012:1	2013 :1

Report Date 11/10/2009 Page 249 of 298

V(I). State Defined Outcome

O. No	Outcome Name		
1	Promote community responsibility and action		
2	Promote personal responsibility and action		
3	Reduce use of fossil fuels		
4	Reduce waste stream		
5	Reduces greenhouse gasses		
6	Adopt appropriate practices		
7	Adopt appropriate technologies		
8	Adopt lower impact lifestyles		
9	Conduct community service or outreach		
10	Develop local food production and distribution systems		
11	Increase consumption of locally-grown food		
12	Increase levels of community participation and decision making		
13	Make better decisions regarding natural resource management		
14	Assess community needs		
15	Balance roles, responsibilities, and stress		
16	Compost		
17	Facilitate community discussions		
18	Increase use of Maine-produced natural resources		
19	Consume less		
20	Create demonstration model		
21	Develop public policies or practices		
22	Engage positively in their community		
23	Evaluate or analyze existing public policies or practices		
24	Promote healthy relationships		
25	Promote municipal responsibility and action		
26	Reduce pesticide use		
27	Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness.		
28	Increase the economic and social viability and sustainability of Maine communities.		
29	Protect and enhance Maine's natural resources and environment through sustainable stewardship.		
30	Use relevant UMaine Extension web-based resources		

Report Date 11/10/2009 Page 250 of 298

1. Outcome Target

Promote community responsibility and action

2. Outcome Type: Change in Action Outcome Measure

2009 25 **2010** : 30 **2011** : 35 **2012** 40 **2013** : 45

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 608 - Community Resource Planning and Development

Outcome #2

1. Outcome Target

Promote personal responsibility and action

2. Outcome Type: Change in Action Outcome Measure

2009 70 **2010** : 80 **2011** : 90 **2012** : 100 **2013** : 100

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 724 Healthy Lifestyle
- 802 Human Development and Family Well-Being

Outcome #3

1. Outcome Target

Reduce use of fossil fuels

2. Outcome Type: Change in Action Outcome Measure

2009 25 **2010** : 30 **2011** : 40 **2012** 50 **2013** : 50

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 133 - Pollution Prevention and Mitigation

Outcome #4

1. Outcome Target

Reduce waste stream

2. Outcome Type : Change in Action Outcome Measure

2009 20 **2010** : 30 **2011** : 30 **2012** #0 **2013** : 40

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 133 - Pollution Prevention and Mitigation

Report Date 11/10/2009 Page 251 of 298

1. Outcome Target

Reduces greenhouse gasses

2. Outcome Type: Change in Action Outcome Measure

2009 25 **2010** : 30 **2011** : 35 **2012** #0 **2013** : 40

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 133 Pollution Prevention and Mitigation
- 605 Natural Resource and Environmental Economics

Outcome #6

1. Outcome Target

Adopt appropriate practices

2. Outcome Type: Change in Action Outcome Measure

2009 20 **2010** : 20 **2011** : 20 **2012** 20 **2013** : 20

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 133 Pollution Prevention and Mitigation
- 136 Conservation of Biological Diversity
- 403 Waste Disposal, Recycling, and Reuse
- 605 Natural Resource and Environmental Economics
- 608 Community Resource Planning and Development
- 724 Healthy Lifestyle
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #7

1. Outcome Target

Adopt appropriate technologies

2. Outcome Type : Change in Action Outcome Measure

2009 40 **2010** : 40 **2011** : 40 **2012** 40 **2013** : 40

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

111 - Conservation and Efficient Use of Water

Report Date 11/10/2009 Page 252 of 298

- 112 Watershed Protection and Management
- 133 Pollution Prevention and Mitigation
- 136 Conservation of Biological Diversity
- 403 Waste Disposal, Recycling, and Reuse
- 605 Natural Resource and Environmental Economics
- 608 Community Resource Planning and Development
- 724 Healthy Lifestyle
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

1. Outcome Target

Adopt lower impact lifestyles

2. Outcome Type: Change in Action Outcome Measure

2009 :15 **2010** : 15 **2011** : 15 **2012** :15 **2013** : 15

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 133 Pollution Prevention and Mitigation
- 136 Conservation of Biological Diversity
- 403 Waste Disposal, Recycling, and Reuse
- 605 Natural Resource and Environmental Economics
- 608 Community Resource Planning and Development
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #9

1. Outcome Target

Conduct community service or outreach

2. Outcome Type : Change in Action Outcome Measure

2009 32 **2010** : 37 **2011** : 42 **2012** 47 **2013** : 47

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 608 - Community Resource Planning and Development

Report Date 11/10/2009 Page 253 of 298

1. Outcome Target

Develop local food production and distribution systems

2. Outcome Type: Change in Action Outcome Measure

2009 :1 **2010** :1 **2011** :1 **2012** :1 **2013** :1

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 608 - Community Resource Planning and Development

Outcome #11

1. Outcome Target

Increase consumption of locally-grown food

2. Outcome Type: Change in Action Outcome Measure

2009 32 **2010** : 37 **2011** : 37 **2012** 42 **2013** : 42

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 724 Healthy Lifestyle
- 802 Human Development and Family Well-Being

Outcome #12

1. Outcome Target

Increase levels of community participation and decision making

2. Outcome Type : Change in Action Outcome Measure

2009 42 **2010** : 42 **2011** : 42 **2012** #2 **2013** : 42

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

608 - Community Resource Planning and Development

Outcome #13

1. Outcome Target

Make better decisions regarding natural resource management

2. Outcome Type: Change in Action Outcome Measure

2009 :10 **2010** : 10 **2011** : 10 **2012** : 10 **2013** : 10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management

Report Date 11/10/2009 Page 254 of 298

- 133 Pollution Prevention and Mitigation
- 136 Conservation of Biological Diversity
- 605 Natural Resource and Environmental Economics
- 608 Community Resource Planning and Development

1. Outcome Target

Assess community needs

2. Outcome Type: Change in Action Outcome Measure

2009:10 **2010**:10 **2011**:10 **2012**:10 **2013**:10

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 608 Community Resource Planning and Development

Outcome #15

1. Outcome Target

Balance roles, responsibilities, and stress

2. Outcome Type : Change in Knowledge Outcome Measure

2009 :10 **2010** : 10 **2011** : 10 **2012** :10 **2013** : 10

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 724 Healthy Lifestyle
 - 802 Human Development and Family Well-Being

Outcome #16

1. Outcome Target

Compost

2. Outcome Type : Change in Action Outcome Measure

2009 20 **2010** : 20 **2011** : 20 **2012** 20 **2013** : 20

3. Associated Institute Type(s)

•1862 Extension

- 4. Associated Knowledge Area(s)
 - 403 Waste Disposal, Recycling, and Reuse

Outcome #17

1. Outcome Target

Facilitate community discussions

Report Date 11/10/2009 Page 255 of 298

2009 2 **2010** : 2 **2011** : 2 **2012** 2 **2013** : 2

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 608 - Community Resource Planning and Development

Outcome #18

1. Outcome Target

Increase use of Maine-produced natural resources

2. Outcome Type: Change in Action Outcome Measure

2009 2 **2010** : 3 **2011** : 4 **2012** 5 **2013** : 5

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 605 - Natural Resource and Environmental Economics

Outcome #19

1. Outcome Target

Consume less

2. Outcome Type : Change in Action Outcome Measure

2009 :10 **2010** : 20 **2011** : 20 **2012** 20 **2013** : 20

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

605 - Natural Resource and Environmental Economics

• 724 - Healthy Lifestyle

Outcome #20

1. Outcome Target

Create demonstration model

2. Outcome Type : Change in Action Outcome Measure

2009 :10 **2010** : 10 **2011** : 10 **2012** :10 **2013** :10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 605 - Natural Resource and Environmental Economics

Outcome #21

1. Outcome Target

Develop public policies or practices

Report Date 11/10/2009 Page 256 of 298

2009 5 **2010** : 5 **2011** : 5 **2012** 5 **2013** : 5

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 608 Community Resource Planning and Development

Outcome #22

1. Outcome Target

Engage positively in their community

2. Outcome Type: Change in Action Outcome Measure

2009:10 **2010**:15 **2011**:20 **2012**:25 **2013**:25

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 802 Human Development and Family Well-Being
 - 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #23

1. Outcome Target

Evaluate or analyze existing public policies or practices

2. Outcome Type: Change in Action Outcome Measure

2009 4 **2010** : 5 **2011** : 5 **2012** 5 **2013** : 5

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 608 Community Resource Planning and Development

Outcome #24

1. Outcome Target

Promote healthy relationships

2. Outcome Type : Change in Action Outcome Measure

2009:15 **2010**:20 **2011**:20 **2012**:25 **2013**:25

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 724 Healthy Lifestyle
 - 802 Human Development and Family Well-Being

Report Date 11/10/2009 Page 257 of 298

1. Outcome Target

Promote municipal responsibility and action

2. Outcome Type: Change in Action Outcome Measure

2009 25 **2010** : 30 **2011** : 35 **2012** #0 **2013** : 45

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 608 - Community Resource Planning and Development

Outcome #26

1. Outcome Target

Reduce pesticide use

2. Outcome Type: Change in Action Outcome Measure

2009 20 **2010** : 20 **2011** : 20 **2012** 20 **2013** : 20

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 133 - Pollution Prevention and Mitigation

Outcome #27

1. Outcome Target

Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness.

2. Outcome Type: Change in Condition Outcome Measure

2009 D **2010** : 0 **2011** : 0 **2012** D **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 724 Healthy Lifestyle
- 802 Human Development and Family Well-Being

Outcome #28

1. Outcome Target

Increase the economic and social viability and sustainability of Maine communities.

2. Outcome Type: Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

605 - Natural Resource and Environmental Economics

Report Date 11/10/2009 Page 258 of 298

- 608 Community Resource Planning and Development
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

1. Outcome Target

Protect and enhance Maine's natural resources and environment through sustainable stewardship.

2. Outcome Type: Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 133 Pollution Prevention and Mitigation
- 136 Conservation of Biological Diversity
- 403 Waste Disposal, Recycling, and Reuse
- 605 Natural Resource and Environmental Economics
- 608 Community Resource Planning and Development

Outcome #30

1. Outcome Target

Use relevant UMaine Extension web-based resources

2. Outcome Type: Change in Action Outcome Measure

2009 20 **2010** : 20 **2011** : 20 **2012** 20 **2013** : 20

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 133 Pollution Prevention and Mitigation
- 136 Conservation of Biological Diversity
- 403 Waste Disposal, Recycling, and Reuse
- 605 Natural Resource and Environmental Economics
- 608 Community Resource Planning and Development
- 724 Healthy Lifestyle
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Report Date 11/10/2009 Page 259 of 298

V(J). Planned Program (External Factors)

1. External Factors which may affect Outcomes

- Competing Public priorities
- Appropriations changes
- Populations changes (immigration,new cultural groupings,etc.)
- Competing Programmatic Challenges
- Natural Disasters (drought, weather extremes, etc.)
- Public Policy changes
- Economy
- Government Regulations

Description

{NO DATA ENTERED}

V(K). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

- Comparisons between program participants (individuals,group,organizations) and non-participants
- Retrospective (post program)
- Comparisons between different groups of individuals or program participants experiencing different levels of program intensity.
- Before-After (before and after program)

Description

Intentions for short-term evaluation: Pre- and post-event evaluation instruments as well as retrospective evaluation instruments will be used to measure knowledge gained and skills learned.

Intentions for medium-term evaluation: Evaluation of changes in behavior, practice, decision-making, policy, and social action; evaluation of changes in civic engagement.

Intentions for long-term evaluation: Research on the long-term impact of changes in social, civic, organizational, economic, and environmental conditions.

2. Data Collection Methods

- Case Study
- Mail
- Structured
- Telephone
- Other (Email/Web surveys)

Description

{NO DATA ENTERED}

Report Date 11/10/2009 Page 260 of 298

V(A). Planned Program (Summary)

Program #18

1. Name of the Planned Program

Youth Development

2. Brief summary about Planned Program

Based on statewide needs assessments, the Maine 4-H Youth Development program has four focus areas: Youth in Governance; Healthy Lifestyles; Science and Technology; and Earth Connections. Maine youth and their volunteer leaders will participate in workshops, experiential learning, clubs, after-school programs, camps, and international exchange programs. As a result, they will gain knowledge and life skills that will support their development into engaged, responsible citizens committed to a sustainable future.

3. Program existence : Mature (More then five years)4. Program duration : Long-Term (More than five years)

5. Expending formula funds or state-matching funds : Yes

6. Expending other than formula funds or state-matching funds: Yes

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

Report Date 11/10/2009 Page 261 of 298

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
133	Pollution Prevention and Mitigation	5%		5%	
134	Outdoor Recreation	15%		15%	
724	Healthy Lifestyle	20%		20%	
801	Individual and Family Resource Management	5%		5%	
802	Human Development and Family Well-Being	15%		15%	
803	Sociological and Technological Change Affecting Individuals, Families and Communities	10%		10%	
805	Community Institutions, Health, and Social Services	3%		3%	
806	Youth Development	27%		27%	
	Total	100%		100%	

V(C). Planned Program (Situation and Scope)

1. Situation and priorities

Maine is a rural state, and home to over 230,000 youth between the ages of 5 and 17.[i] The following statistics and facts support the need for UMaine Extension to emphasize life skills development in five categories:

Workforce preparation: The Maine Learning Results require that each student leave school as a clear and effective communicator, a self-directed and life-long learner, a creative and practical problem solver, a responsible and involved citizen, a collaborative and quality worker and an integrative and informed thinker.[ii] Over the past five years there has been a 14 percent increase in the number of high school dropouts and a 14 percent increase in teens not attending school and not working.[iii]

Media literacy and technology: The Kaiser Foundation found that the average child between 8 and 18 years of age spends more time with television, video games, music, and the Internet than they spend at school or with parents,[iv] even though forty-two percent of children in Maine are unable to access the Internet from home.[v]

Youth leadership: Approximately 44 percent of Maine youth engage in community service and volunteerism.[vi] Students engaged in service learning show an increase in awareness of community needs, believe they can make a difference, and are committed to volunteerism now and in the future.[vii]

Out-of-school time: Twenty-three percent of Maine's K-12 youth are responsible for taking care of themselves after school. Currently, only 15 percent of Maine's K-12 youth participate in after-school programs.[viii]

Healthy lifestyle choices: In the last five years Maine has reported a 14 percent increase in teen deaths (by accident, homicide, and suicide), six percent higher than the national average.[ix]

[i] U.S. Census Bureau, U.S. Census 2000, http://www.census.gov.

Report Date 11/10/2009 Page 262 of 298

- [ii] Maine State Department of Education, State of Maine Learning Results,
- http://www.state.me.us/education/lres/homepage.htm (accessed July 2004).
- [iii] The Annie E. Casey Foundation, Kids Count 2004 Data Book, http://www.aecf.org/kidscount/databook/ (accessed July 2004).
- [iv] Donald F. Roberts, Ulla Foehr, Victoria J. Rideout, and Mollyann Brodie,, Kids & Media @ The New Millennium, (The Herbert J. Kaiser Family Foundation, November 1999),
- http://www.kff.org/entmedia/loader.cfm?url=/commonspot/security/getfile.cfm&PageID=13267 (accessed July 2004).
 - [v] Casey Foundation, Kids Count.
- [vi] USM Edmund S. Muskie School of Public Service, Maine Marks for Children, Families and Communities (June 2003), http://www.mainemarks.org/.
 - [vii] A. Melchior, National Evaluation of Learn and Serve America, (Waltham, MA: Brandeis University, 1999).
- [viii] Afterschool Alliance, America After 3 pm, http://www.afterschoolalliance.org/press_archives/america_3pm/ME_NR.pdf (accessed July 2004).
 - [ix] Casey Foundation, Kids Count.

2. Scope of the Program

- In-State Extension
- In-State Research
- Multistate Extension
- Multistate Research
- Multistate Integrated Research and Extension
- Integrated Research and Extension

V(D). Planned Program (Assumptions and Goals)

1. Assumptions made for the Program

If Maine chooses to ignore these issues, youth will not get the guidance needed to develop the life skills necessary to be successful, and will continue to struggle with making healthy choices. This will affect their workforce preparation and potentially decrease their aspirations. The difficulty of making positive choices increases with a lack of after-school opportunities: many young people are more likely to engage in risky behavior during the time period immediately after school, from 4:00-8:00 p.m. In 2000, 10,885 children were arrested in Maine.[i] Lack of technology will further isolate rural Maine. Because of the volume of media youth are exposed to, it is imperative that they become media literate. According to the Maine Department of Education, approximately 70 percent of youth who graduate from high school will further their education. However, there are concerns that in the more rural and economically depressed counties those percentages are lower.[ii]

- [i] Federal Bureau of Investigation, Arrested Persons by State (2000), http://www.fbi.gov/ucr/00cius.htm (accessed July 2004).
- [ii] ME Dept of Education, Graduates on to post secondary schools history, by county and unit public schools, http://www.state.me.us/education/enroll/grads/historical/gradtrend.htm (accessed July 2004).

2. Ultimate goal(s) of this Program

•Enhance the economic and environmental sustainability of Maine agriculture and aquaculture.
citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness.
and social viability and sustainability of Maine communities.
•Protect and enhance Maine's natural resources and environment through sustainable stewardship.

V(E). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program

Report Date 11/10/2009 Page 263 of 298

Year	Exte	nsion	Re	search
rear	1862	1890	1862	1890
2009	10.3	0.0	0.3	0.0
2010	10.3	0.0	0.1	0.0
2011	10.3	0.0	0.0	0.0
2012	10.3	0.0	0.0	0.0
2013	10.3	0.0	0.0	0.0

V(F). Planned Program (Activity)

1. Activity for the Program

 •4-H Afterschool
 •4-H Civil Rights Teams
 •4-H Club Leader Development and Support
 •4-H Club Support
 •4-H County Club Program •4-H County Club Programs •4-H Dairy Challenge •4-H Earth Connections Club Kits •4-H Earth Connections Day Camp •4-H Fairs •4-H leader and volunteer development •4-H Leader Development and Support •4-H Livestock Activities •4-H Super Sitter •4-H Youth In Governance •Adult 4-H Volunteer Trainings •Agricultural Job Exploration •Community Collaborative Healthy Lifestyle Program •County 4-H Leadership Team •Cumberland County 4-H School Enrichment •Financial Literacy for High School Students •Gender Project- Youth •GIS/GPS Training •Healthy Lifestyles- Safe Operation of Farm Tractors and Equipment •Healthy Lifestyles: 4-H School Enrichment •Knox-Lincoln Counties 4-H School Enrichment •Maine 4-H GIS/GPS Project-Cumberland County •Maine 4-H International Exchanges/month long summer exchange • Maine 4-H International Year long High School Exchange Media On-line Communities Outreach - Youth Community Action YouthCAN Website & Dream Now Website; research into engaging adults in Youth Community Action •Operation Military Kids •Outreach to new audiences - Native American Communities; Operation Military Kids •School GIS/GPS programs •Science and Technology •Summer Camps - 4-H Day Camp •Tanglewood Leadership Program •Tanglewood Summer Residential Camp •Teen Leadership Council Entrepreneurship Activities •Volunteer Development - Clubs and 4-H Afterschool •York County 4-H Discovery Arts Youth Adult Tech Teams

2. Type(s) of methods to be used to reach direct and indirect contacts

Extension					
Direct Methods Indirect Methods					
 One-on-One Intervention Other 2 (4-H Day and Overnight Camp) Group Discussion Other 1 (Collaborative or Cooperative Eff) Workshop Education Class 	• Other 1 ()				

3. Description of targeted audience

*4-H Leaders (Adult)
 *4-H Volunteers (Adult)
 *Adults with Disabilities (Adults)
 *Agency Staff or Professionals (Adult)
 *Agricultural Workers (Adult)
 *Community Leaders (Adult)
 *Community Members (Adult)
 *Community Organization
 Members or Staff (Adult)
 *Extension - all staff (Adult)
 *Parents (Adult)
 *Teachers (Adult)
 *Volunteers (Adult)
 *4-H
 Community or Project Clubs Participants (Youth)
 *4-H Independent Members (Youth)
 *4-H Special Interest or Short-Term Program
 Participants (Youth)
 *4-H Volunteers (Youth)
 *Community Members (Youth)
 *School Enrichment Program Participants
 (Youth)
 *Students (Youth)
 *Youth (Youth)

Report Date 11/10/2009 Page 264 of 298

V(G). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons(contacts) to be reached through direct and indirect contact methods

	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Year	Target	Target	Target	Target
2009	1445	0	5334	4
2010	1490	0	5503	0
2011	1524	0	5562	0
2012	1555	0	5665	0
2013	1572	0	5691	0

2. (Standard Research Target) Number of Patent Applications Submitted

Expected Patent Applications

2009:0

2010:0

2011:0

2012:0

2013:0

3. Expected Peer Review Publications

Year	Research Target	Extension Target	Total
1001	researon ranger	Extension ranger	
2009	0	0	0
2010	0	0	0
2011	0	0	0
2012	0	0	0
2013	0	0	0

V(H). State Defined Outputs

1. Output Target

• Direct - 4-H After School

2009 1.2 **2010** 1.2 **2011** 1.12 **2012** 1.12 **2013** 1.12

• Direct - 4-H Club - Community

2009 68 **2010** 76 **2011** :84 **2012** 91 **2013** 91

• Direct - 4-H Club - Project

2009 144 **2010** 119 **2011** 121 **2012** 171 **2013** 171

Direct - 4-H Day Camp

2009 6 **2010** 7 **2011** 7 **2012** 7 **2013** 7

Direct - 4-H Overnight Camp

Report Date 11/10/2009 Page 265 of 298

2009 5 25	2010 525	2011 :525	2012 525	2013 525				
Direct - 4-H School Enrice	Direct - 4-H School Enrichment							
2009 35	2010 34	2011 :34	2012 34	2013 34				
Direct - 4-H Short-term								
2009 6	2010 6	2011 :6	2012 ნ	2013 6				
Direct - 4-H Special Inter	rest							
2009 264	2010 265	2011 :266	2012 266	2013 266				
Direct - Collaborative or	Cooperative Effort							
2009 :10	2010 11	2011 :6	2012 7	2013 7				
Direct - Volunteer Trainir	ng							
2009 91	2010 98	2011 :104	2012 :109	2013 :109				
Direct - Workshop Series	3							
2009 :13	2010 1 3	2011 :13	2012 13	2013 :13				
Direct - Conference or sy	ymposium; Planning and/or p	articipation						
2009 4	2010 4	2011 :4	2012 4	2013 4				
Direct - Consultation; phone, written, in-person								
2009 :10	2010 1 0	2011 :10	2012 :10	2013 :10				
Direct - Train-the-Trainer	Direct - Train-the-Trainer							
2009 5	2010 5	2011 :5	2012 5	2013 5				

Report Date 11/10/2009 Page 266 of 298

$\mathrm{V}(\mathbf{I}).$ State Defined Outcome

O. No	Outcome Name
1	Develop a plan for increasing physical activity
2	Conduct tours of agricultural employers in Maine
3	Adopt appropriate technologies
4	Adopt lower impact lifestyles
5	Adopt the USDA dietary guidelines and the food guide pyramid
6	Assume personal responsibility for health
7	Balance roles, responsibilities, and stress
8	Be a global citizen
9	Conduct community service or outreach
10	Conduct community service or outreach using science and technology skills
11	Create and sustain effective partnerships and collaborations
12	Create learning opportunities based on principles of positive human development
13	Create learning opportunities that are safe and empowering
14	Develop a financial plan
15	Develop a sense of belonging to a community
16	Develop community resources
17	Develop literacy and critical thinking skills
18	Develop skills that promote healthy relationships
19	Engage in leadership development
20	Engage positively in their community
21	Ensure that all people feel safe and accepted
22	Facilitate meetings effectively
23	Handle animals safely
24	Identify and solve problems using science and technology skills
25	Increase capacity to achieve goals
26	Increase capacity to establish goals or make decisions
27	Integrate regular physical activity into daily life Keep livestock healthy
28 29	Make better decisions
30	Make better decisions regarding healthy lifestyle
31	Make better decisions regarding healthy lifestyle using improved literacy and critical thinking skills
32	Manage community resources
33	Model positive group behavior to others
34	Operate equipment safely
35	Participate in leadership roles
36	Participation in 4-H Dairy projects and events
37	Practice safety
38	Support and mentor others in leadership roles
39	Take leadership role
40	Teach effectively
41	Treat all people with dignity and respect
42	Use clear and effective communication skills
43	Use new technologies
44	Work effectively with diverse groups
45	Work productively in a team
46	Enhance the economic and environmental sustainability of Maine agriculture and aquaculture

Report Date 11/10/2009 Page 267 of 298

- 47 Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness
- 48 Increase the economic and social viability and sustainability of Maine communities
- 49 | Protect and enhance Maine's natural resources and environment through sustainable stewardship
- 50 | Collect information and communicate results
- 51 Increase volunteerism
- 52 Lead effectively
- 53 | Promote healthy relationships
- 54 | Protect or conserve biodiversity and habitat including native plant and animal species
- 55 Adopt record-keeping system
- 56 Develop a business plan
- 57 | Dollars saved
- 58 Make better decisions using records and data
- 59 Use relevant UMaine Extension web-based resources

Report Date 11/10/2009 Page 268 of 298

1. Outcome Target

Develop a plan for increasing physical activity

2. Outcome Type: Change in Knowledge Outcome Measure

2009 90 **2010** : 90 **2011** : 90 **2012** 90 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 724 Healthy Lifestyle
- 806 Youth Development

Outcome #2

1. Outcome Target

Conduct tours of agricultural employers in Maine

2. Outcome Type: Change in Action Outcome Measure

2009 3 **2010** : 3 **2011** : 3 **2012** 3 **2013** : 3

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 805 - Community Institutions, Health, and Social Services

Outcome #3

1. Outcome Target

Adopt appropriate technologies

2. Outcome Type: Change in Action Outcome Measure

2009 246 **2010** : 260 **2011** : 264 **2012** 276 **2013** : 276

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 133 Pollution Prevention and Mitigation
- 134 Outdoor Recreation
- 724 Healthy Lifestyle
- 801 Individual and Family Resource Management
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services
- 806 Youth Development

Report Date 11/10/2009 Page 269 of 298

1. Outcome Target

Adopt lower impact lifestyles

2. Outcome Type: Change in Action Outcome Measure

2009 *7*40 **2010** : 740 **2011** : 740 **2012** *7*40 **2013** : 740

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 724 Healthy Lifestyle
- 802 Human Development and Family Well-Being
- 806 Youth Development

Outcome #5

1. Outcome Target

Adopt the USDA dietary guidelines and the food guide pyramid

2. Outcome Type: Change in Action Outcome Measure

2009 5 **2010** : 5 **2011** : 5 **2012** 5 **2013** : 5

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 724 Healthy Lifestyle
- 802 Human Development and Family Well-Being
- 806 Youth Development

Outcome #6

1. Outcome Target

Assume personal responsibility for health

2. Outcome Type: Change in Action Outcome Measure

2009 245 **2010** : 195 **2011** : 195 **2012** . 195 **2013** : 195

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 724 Healthy Lifestyle
- 806 Youth Development

Outcome #7

1. Outcome Target

Balance roles, responsibilities, and stress

Report Date 11/10/2009 Page 270 of 298

2009 :100 **2010** : 100 **2011** : 100 **2012** :100 **2013** :0

- 3. Associated Institute Type(s)
 - •1862 Extension

4. Associated Knowledge Area(s)

- 724 Healthy Lifestyle
- 806 Youth Development

Outcome #8

1. Outcome Target

Be a global citizen

2. Outcome Type: Change in Action Outcome Measure

2009 :100 **2010** : 100 **2011** : 100 **2012** :100 **2013** :100

- 3. Associated Institute Type(s)
 - •1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 724 Healthy Lifestyle
- 801 Individual and Family Resource Management
- 802 Human Development and Family Well-Being
- 806 Youth Development

Outcome #9

1. Outcome Target

Conduct community service or outreach

2. Outcome Type: Change in Action Outcome Measure

2009 1400 **2010** : 1350 **2011** : 1400 **2012** 1400 **2013** : 1400

- 3. Associated Institute Type(s)
 - •1862 Extension

4. Associated Knowledge Area(s)

- 724 Healthy Lifestyle
- 802 Human Development and Family Well-Being
- 806 Youth Development

Outcome #10

1. Outcome Target

Conduct community service or outreach using science and technology skills

Report Date 11/10/2009 Page 271 of 298

2009 244 **2010** : 244 **2011** : 260 **2012** 260 **2013** : 260

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 724 Healthy Lifestyle
- 806 Youth Development

Outcome #11

1. Outcome Target

Create and sustain effective partnerships and collaborations

2. Outcome Type: Change in Action Outcome Measure

2009 :140 **2010** : 140 **2011** : 140 **2012** :140 **2013** :140

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 133 Pollution Prevention and Mitigation
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services

Outcome #12

1. Outcome Target

Create learning opportunities based on principles of positive human development

2. Outcome Type : Change in Action Outcome Measure

2009 800 **2010** : 800 **2011** : 800 **2012** 800 **2013** : 800

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities

Outcome #13

1. Outcome Target

Create learning opportunities that are safe and empowering

2. Outcome Type: Change in Action Outcome Measure

2009 250 **2010** : 250 **2011** : 250 **2012** 250 **2013** : 250

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

802 - Human Development and Family Well-Being

Report Date 11/10/2009 Page 272 of 298

- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services

1. Outcome Target

Develop a financial plan

2. Outcome Type: Change in Action Outcome Measure

2009 #25 **2010** : 550 **2011** : 550 **2012** 550 **2013** : 550

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 801 - Individual and Family Resource Management

Outcome #15

1. Outcome Target

Develop a sense of belonging to a community

2. Outcome Type: Change in Action Outcome Measure

2009 :720 **2010** : 770 **2011** : 820 **2012** :870 **2013** :870

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 724 Healthy Lifestyle
- 802 Human Development and Family Well-Being
- 806 Youth Development

Outcome #16

1. Outcome Target

Develop community resources

2. Outcome Type: Change in Action Outcome Measure

2009 :100 **2010** : 100 **2011** : 100 **2012** :100 **2013** :100

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 805 - Community Institutions, Health, and Social Services

Outcome #17

1. Outcome Target

Develop literacy and critical thinking skills

Report Date 11/10/2009 Page 273 of 298

2009 :100 **2010** : 100 **2011** : 100 **2012** :100 **2013** :0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 724 Healthy Lifestyle
- 801 Individual and Family Resource Management
- 806 Youth Development

Outcome #18

1. Outcome Target

Develop skills that promote healthy relationships

2. Outcome Type: Change in Action Outcome Measure

2009 800 **2010** : 1000 **2011** : 1010 **2012** : 1015 **2013** : 1015

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 724 Healthy Lifestyle
- 806 Youth Development

Outcome #19

1. Outcome Target

Engage in leadership development

2. Outcome Type : Change in Action Outcome Measure

2009 :100 **2010** : 100 **2011** : 100 **2012** :100 **2013** :100

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 724 Healthy Lifestyle
- 806 Youth Development

Outcome #20

1. Outcome Target

Engage positively in their community

2. Outcome Type : Change in Action Outcome Measure

2009 :795 **2010** : 855 **2011** : 915 **2012** 975 **2013** : 975

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

Report Date 11/10/2009 Page 274 of 298

- 724 Healthy Lifestyle
- 802 Human Development and Family Well-Being
- 806 Youth Development

1. Outcome Target

Ensure that all people feel safe and accepted

2. Outcome Type: Change in Action Outcome Measure

2009 640 **2010** : 750 **2011** : 750 **2012** 750 **2013** : 750

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 724 Healthy Lifestyle
 - 806 Youth Development

Outcome #22

1. Outcome Target

Facilitate meetings effectively

2. Outcome Type : Change in Action Outcome Measure

2009 50 **2010** : 75 **2011** : 100 **2012** : 100 **2013** : 100

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 805 Community Institutions, Health, and Social Services

Outcome #23

1. Outcome Target

Handle animals safely

2. Outcome Type: Change in Action Outcome Measure

2009 #10 **2010** : 440 **2011** : 440 **2012** #40 **2013** : 440

- 3. Associated Institute Type(s)
 - •1862 Extension
- 4. Associated Knowledge Area(s)
 - 806 Youth Development

Outcome #24

1. Outcome Target

Identify and solve problems using science and technology skills

Report Date 11/10/2009 Page 275 of 298

2009 218 **2010** : 218 **2011** : 243 **2012** 243 **2013** : 243

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 806 Youth Development

Outcome #25

1. Outcome Target

Increase capacity to achieve goals

2. Outcome Type: Change in Action Outcome Measure

2009:100 **2010**:125 **2011**:150 **2012**:200 **2013**:200

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 802 Human Development and Family Well-Being
- 806 Youth Development

Outcome #26

1. Outcome Target

Increase capacity to establish goals or make decisions

2. Outcome Type : Change in Action Outcome Measure

2009 600 **2010** : 650 **2011** : 680 **2012** 680 **2013** : 680

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 802 Human Development and Family Well-Being
- 806 Youth Development

Outcome #27

1. Outcome Target

Integrate regular physical activity into daily life

2. Outcome Type : Change in Action Outcome Measure

2009 530 **2010** : 530 **2011** : 530 **2012** 530 **2013** : 530

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

Report Date 11/10/2009 Page 276 of 298

- 134 Outdoor Recreation
- 724 Healthy Lifestyle
- 806 Youth Development

1. Outcome Target

Keep livestock healthy

2. Outcome Type: Change in Action Outcome Measure

2009:100 **2010**:100 **2011**:100 **2012**:0 **2013**:0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

806 - Youth Development

Outcome #29

1. Outcome Target

Make better decisions

2. Outcome Type: Change in Action Outcome Measure

2009 300 **2010** : 300 **2011** : 300 **2012** 300 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 801 Individual and Family Resource Management
- 802 Human Development and Family Well-Being
- 806 Youth Development

Outcome #30

1. Outcome Target

Make better decisions regarding healthy lifestyle

2. Outcome Type: Change in Action Outcome Measure

2009:1260 **2010**:1280 **2011**:1285 **2012**:1290 **2013**:1290

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 724 Healthy Lifestyle
- 806 Youth Development

Outcome #31

1. Outcome Target

Make better decisions regarding healthy lifestyle using improved literacy and critical thinking skills

Report Date 11/10/2009 Page 277 of 298

2009 200 **2010** : 200 **2011** : 200 **2012** 200 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 724 Healthy Lifestyle
- 806 Youth Development

Outcome #32

1. Outcome Target

Manage community resources

2. Outcome Type: Change in Action Outcome Measure

2009 50 **2010** : 50 **2011** : 50 **2012** 50 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 805 - Community Institutions, Health, and Social Services

Outcome #33

1. Outcome Target

Model positive group behavior to others

2. Outcome Type : Change in Action Outcome Measure

2009 :100 **2010** : 100 **2011** : 100 **2012** : 100 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 724 Healthy Lifestyle
- 806 Youth Development

Outcome #34

1. Outcome Target

Operate equipment safely

2. Outcome Type: Change in Action Outcome Measure

2009 30 **2010** : 30 **2011** : 30 **2012** 30 **2013** : 30

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 724 Healthy Lifestyle

Report Date 11/10/2009 Page 278 of 298

806 - Youth Development

Outcome #35

1. Outcome Target

Participate in leadership roles

2. Outcome Type : Change in Action Outcome Measure

2009 300 **2010** : 315 **2011** : 340 **2012** 365 **2013** : 365

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 724 Healthy Lifestyle
- 806 Youth Development

Outcome #36

1. Outcome Target

Participation in 4-H Dairy projects and events

2. Outcome Type: Change in Action Outcome Measure

2009:100 **2010**:100 **2011**:100 **2012**:100 **2013**:100

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 806 - Youth Development

Outcome #37

1. Outcome Target

Practice safety

2. Outcome Type: Change in Action Outcome Measure

2009 :100 **2010** : 100 **2011** : 100 **2012** : 100 **2013** : 100

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 724 Healthy Lifestyle
- 806 Youth Development

Outcome #38

1. Outcome Target

Support and mentor others in leadership roles

Report Date 11/10/2009 Page 279 of 298

2009 200 **2010** : 200 **2011** : 200 **2012** 200 **2013** : 200

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 806 Youth Development

Outcome #39

1. Outcome Target

Take leadership role

2. Outcome Type: Change in Action Outcome Measure

2009 :75 **2010** : 105 **2011** : 135 **2012** : 140 **2013** : 145

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 724 Healthy Lifestyle

Outcome #40

1. Outcome Target

Teach effectively

2. Outcome Type: Change in Action Outcome Measure

2009 :100 **2010** : 100 **2011** : 100 **2012** :100 **2013** :100

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 806 Youth Development

Outcome #41

1. Outcome Target

Treat all people with dignity and respect

2. Outcome Type : Change in Action Outcome Measure

2009 :720 **2010** : 722 **2011** : 724 **2012** :726 **2013** : 728

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 724 Healthy Lifestyle

Report Date 11/10/2009 Page 280 of 298

806 - Youth Development

Outcome #42

1. Outcome Target

Use clear and effective communication skills

2. Outcome Type: Change in Action Outcome Measure

2009 465 **2010** : 505 **2011** : 545 **2012** 585 **2013** : 585

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 724 Healthy Lifestyle
- 806 Youth Development

Outcome #43

1. Outcome Target

Use new technologies

2. Outcome Type: Change in Action Outcome Measure

2009 #25 **2010** : 445 **2011** : 445 **2012** #55 **2013** : 455

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 133 Pollution Prevention and Mitigation
- 134 Outdoor Recreation
- 724 Healthy Lifestyle
- 801 Individual and Family Resource Management
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services
- 806 Youth Development

Outcome #44

1. Outcome Target

Work effectively with diverse groups

2. Outcome Type : Change in Action Outcome Measure

2009 580 **2010** : 682 **2011** : 684 **2012** 686 **2013** : 688

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 134 - Outdoor Recreation

Report Date 11/10/2009 Page 281 of 298

- 724 Healthy Lifestyle
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services
- 806 Youth Development

1. Outcome Target

Work productively in a team

2. Outcome Type: Change in Action Outcome Measure

2009 290 **2010** : 315 **2011** : 340 **2012** 365 **2013** : 365

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 134 Outdoor Recreation
- 724 Healthy Lifestyle
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 806 Youth Development

Outcome #46

1. Outcome Target

Enhance the economic and environmental sustainability of Maine agriculture and aquaculture

2. Outcome Type: Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 133 Pollution Prevention and Mitigation
- 134 Outdoor Recreation
- 724 Healthy Lifestyle
- 801 Individual and Family Resource Management
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services
- 806 Youth Development

Outcome #47

1. Outcome Target

Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness

Report Date 11/10/2009 Page 282 of 298

2009 D **2010** : 0 **2011** : 0 **2012** D **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 133 Pollution Prevention and Mitigation
- 134 Outdoor Recreation
- 724 Healthy Lifestyle
- 801 Individual and Family Resource Management
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services
- 806 Youth Development

Outcome #48

1. Outcome Target

Increase the economic and social viability and sustainability of Maine communities

2. Outcome Type: Change in Condition Outcome Measure

2009 D **2010** : 0 **2011** : 0 **2012** D **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 133 Pollution Prevention and Mitigation
- 134 Outdoor Recreation
- 724 Healthy Lifestyle
- 801 Individual and Family Resource Management
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services
- 806 Youth Development

Outcome #49

1. Outcome Target

Protect and enhance Maine's natural resources and environment through sustainable stewardship

2. Outcome Type: Change in Condition Outcome Measure

2009 ① **2010** : 0 **2011** : 0 **2012** ① **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

Report Date 11/10/2009 Page 283 of 298

- 133 Pollution Prevention and Mitigation
- 134 Outdoor Recreation
- 724 Healthy Lifestyle
- 801 Individual and Family Resource Management
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services
- 806 Youth Development

1. Outcome Target

Collect information and communicate results

2. Outcome Type: Change in Action Outcome Measure

2009 24 **2010** : 32 **2011** : 40 **2012** 40 **2013** : 40

- 3. Associated Institute Type(s)
 - •1862 Extension

4. Associated Knowledge Area(s)

- 801 Individual and Family Resource Management
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services

Outcome #51

1. Outcome Target

Increase volunteerism

2. Outcome Type : Change in Action Outcome Measure

2009 20 **2010** : 20 **2011** : 20 **2012** 20 **2013** : 20

- 3. Associated Institute Type(s)
 - •1862 Extension

4. Associated Knowledge Area(s)

- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services

Outcome #52

1. Outcome Target

Lead effectively

2. Outcome Type: Change in Action Outcome Measure

2009 40 **2010**:55 **2011**:70 **2012** 85 **2013**:85

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

Report Date 11/10/2009 Page 284 of 298

- 134 Outdoor Recreation
- 806 Youth Development

1. Outcome Target

Promote healthy relationships

2. Outcome Type: Change in Action Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 802 Human Development and Family Well-Being
- 805 Community Institutions, Health, and Social Services
- 806 Youth Development

Outcome #54

1. Outcome Target

Protect or conserve biodiversity and habitat including native plant and animal species

2. Outcome Type : Change in Action Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 134 - Outdoor Recreation

Outcome #55

1. Outcome Target

Adopt record-keeping system

2. Outcome Type: Change in Action Outcome Measure

2009:162 **2010**:214 **2011**:216 **2012**:218 **2013**:218

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 133 Pollution Prevention and Mitigation
- 801 Individual and Family Resource Management
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services

Outcome #56

1. Outcome Target

Develop a business plan

Report Date 11/10/2009 Page 285 of 298

2009 8 **2010** : 10 **2011** : 10 **2012** : 10 **2013** : 10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 801 Individual and Family Resource Management
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services

Outcome #57

1. Outcome Target

Dollars saved

2. Outcome Type: Change in Action Outcome Measure

2009 4000 **2010** : 4500 **2011** : 5000 **2012** 5500 **2013** : 6000

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 133 Pollution Prevention and Mitigation
- 801 Individual and Family Resource Management
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services

Outcome #58

1. Outcome Target

Make better decisions using records and data

2. Outcome Type : Change in Action Outcome Measure

2009 30 **2010** : 40 **2011** : 40 **2012** #0 **2013** : 40

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 133 Pollution Prevention and Mitigation
- 801 Individual and Family Resource Management
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services

Outcome #59

1. Outcome Target

Use relevant UMaine Extension web-based resources

Report Date 11/10/2009 Page 286 of 298

2009 400 **2010** : 400 **2011** : 400 **2012** 400 **2013** : 400

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 133 Pollution Prevention and Mitigation
- 134 Outdoor Recreation
- 724 Healthy Lifestyle
- 801 Individual and Family Resource Management
- 802 Human Development and Family Well-Being
- 803 Sociological and Technological Change Affecting Individuals, Families and Communities
- 805 Community Institutions, Health, and Social Services
- 806 Youth Development

V(J). Planned Program (External Factors)

1. External Factors which may affect Outcomes

- Appropriations changes
- Government Regulations
- Public Policy changes
- Economy
- Populations changes (immigration,new cultural groupings,etc.)
- Competing Programmatic Challenges
- Natural Disasters (drought, weather extremes, etc.)
- Competing Public priorities

Description

{NO DATA ENTERED}

V(K). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

- During (during program)
- Comparisons between program participants (individuals,group,organizations) and non-participants
- Retrospective (post program)

Description

Intentions for short-term evaluation: Retrospective evaluation, surveys, skill competencies and demonstrations. Intentions for medium-term evaluation: Life skills wheel data, project records, skill applications. Intentions for long-term evaluation: Portfolios, 4-H stories, interviews of youth and adults.

2. Data Collection Methods

- Structured
- Observation
- Mai
- Other (Email/Web Surveys)
- On-Site

Description

{NO DATA ENTERED}

Report Date 11/10/2009 Page 287 of 298

V(A). Planned Program (Summary)

Program #19

1. Name of the Planned Program

Watershed Management

2. Brief summary about Planned Program

Water is an important economic and environmental resource in Maine, especially in relation to drinking water, agriculture, and recreation. Education on pollution sources and control, particularly non-point sources like agriculture and development, is key to the conservation of Maine's water resources. Our Watershed Management program will focus on volunteer training and outreach, watershed planning for municipalities, and education on well-water and ground-water issues and how to address them.

3. Program existence : Mature (More then five years)

4. Program duration: Long-Term (More than five years)

5. Expending formula funds or state-matching funds : Yes

6. Expending other than formula funds or state-matching funds : Yes

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
101	Appraisal of Soil Resources	10%			
111	Conservation and Efficient Use of Water	20%			
112	Watershed Protection and Management	20%			
131	Alternative Uses of Land	10%			
132	Weather and Climate	15%			
403	Waste Disposal, Recycling, and Reuse	10%			
901	Program and Project Design, and Statistics	15%			
	Total	100%			

Report Date 11/10/2009 Page 288 of 298

V(C). Planned Program (Situation and Scope)

1. Situation and priorities

In Maine, nutrient inputs from non-point sources are a primary cause of lake degradation.[i] The 1996 Maine Department of Environmental Protection (DEP) 305b report to the U.S. Environmental Protection Agency (EPA) stated that "control of non-point source pollution is crucial to protecting Maine lakes, groundwater, . . . smaller riverine water bodies and selected larger rivers."[ii, iii] Agriculture and development are the two major land uses that facilitate the movement of nutrients and other non-point pollutants to surface water and groundwater. Storm water runoff from developed areas causes nearly one third of all water quality deterioration in U.S. lakes, and is a significant source of pollution to inland and coastal waters in Maine.[iv-v] Habitat is degraded cumulatively, and often irreversibly, by individual land use decisions.

Individual homeowners, community decision-makers, and lake and watershed associations need to know how water quality and habitat is influenced by watershed land use. Protection of Maine's water resources is more effective and efficient when all in a watershed work together.

Clean water is vital to Maine's economy both directly and indirectly. A 1996 University of Maine study of economics and Maine lakes found the following: [vi, vii]

•Each year, recreation on Maine lakes accounts for 13 million days of use. •Recreation generates \$1.1 billion per year, with 15 percent of that brought in by nonresidents. •Other uses of lake water (drinking water, youth camps) are worth at least \$400 million. •Lakes that supply public drinking water provide 93.5 million user days per year, and are valued at over \$141 million.

•The total economic value of Maine lakes is \$6.7 billion, supporting over 50,000 Maine jobs. •Declining lake water quality leads to lower property values. •Loss of tax revenue to towns due to reduced property values would be significant. •As many as 66 percent of Maine residents use lakes on an annual basis.[viii]

We depend on clean groundwater for drinking water. As many one third of Maine's 1.2 million residents rely on lakes for drinking water, with most of the remaining residents using streams or groundwater wells for public water supplies. The Maine Drinking Water Program regulates Maine's public water supplies; however, no standards or regulations exist for well water. Polluted runoff may contaminate wells with bacteria, and wells may contain harmful naturally occurring elements such as arsenic and uranium. Human health is at risk when people consume contaminated water. With close to half of Maine's population obtaining their water from private supplies, this represents a considerable risk.

- [i] Jeffrey Dennis, "Phosphorus Export from a Low Density Residential Watershed and an Adjacent Forested Watershed," Lake and Reservoir Management 2 (1986): 401-407.
 - [ii] Maine Department of Environmental Protection (DEP), State of Maine Water Quality Assessment (1996) DEPLW96-15.
- [iii] U.S. Environmental Protection Agency (EPA), 2000 National Water Quality
- Inventory,http://www.epa.gov/305b/2000report/ (accessed February, 2004).
- [iv] U.S. EPA, Nonpoint Source Pollution: The Nation's Largest Water Quality Problem Pointer No. 1, (Washington, D.C.: United States Environmental Protection Agency Office of Water, 1996), EPA841-F-96-004A.
- [v] S. Carpenter, N.F. Caraco, D.L. Correll, R.W. Howarth, A.N. Sharpley, and V.H. Smith, "Nonpoint Pollution of Surface Waters with Phosphorus and Nitrogen," Ecological Applications 8 (1998): 559-568.
- [vi] K.J. Boyle, S.R. Lawson, H.J. Michael and R. Bouchard, Lakefront Property Owners' Economic Demand for Water Clarity in Maine Lakes, Maine Agricultural and Forest Experiment Station Misc. Report 410 (September 1998).
- [vii] K.J. Boyle, J. Scheutz, and J.S. Kahl, "Great Ponds Play an Integral Part in Maine's Economy," University of Maine Department of Resource Economics & Policy Staff Paper REP 473, (April 1997).
- [viii] Maine DEP, The Economics of Lakes Dollars and Sense,http://www.state.me.us/dep/blwq/doclake/research.htm (accessed July, 2004).

2. Scope of the Program

- In-State Extension
- Integrated Research and Extension
- Multistate Integrated Research and Extension
- Multistate Extension

V(D). Planned Program (Assumptions and Goals)

1. Assumptions made for the Program

Maine is a water-rich state. We rely heavily on both surface and ground water for drinking water and agricultural irrigation. High quality surface water for recreation is important to our economic health and national image. Our water resources bring tourist dollars into the state each year.

2. Ultimate goal(s) of this Program

•Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness. •Increase the economic and social viability and sustainability of Maine communities. •Protect and enhance Maine's natural resources and environment through sustainable stewardship.

Report Date 11/10/2009 Page 289 of 298

V(E). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program

Year	Exte	nsion	Re	search
rear	1862	1890	1862	1890
2009	1.4	0.0	0.0	0.0
2010	1.4	0.0	0.0	0.0
2011	1.4	0.0	0.0	0.0
2012	1.4	0.0	0.0	0.0
2013	1.4	0.0	0.0	0.0

V(F). Planned Program (Activity)

1. Activity for the Program

•Outreach Planning for Lake Groups Training •Watershed Management Related (publication) •Watershed Management Related (refereed journal article) •Watershed Planning with Municipalities •Watershed Stewards Program •Wellwater and Groundwater Education

2. Type(s) of methods to be used to reach direct and indirect contacts

Extension					
Direct Methods	Indirect Methods				
Other 1 (Public Presentation)Workshop	• Other 1 ()				

3. Description of targeted audience

•General Public (Adult) •Municipal Officials (Adult) •Volunteers (Adult) •Watershed Stewards (Adult) •General Public (Youth)

V(G). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons(contacts) to be reached through direct and indirect contact methods

	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Year	Target	Target	Target	Target
2009	98	0	10	0
2010	100	0	10	0
2011	100	0	10	0
2012	100	0	10	0
2013	100	0	10	0

Report Date 11/10/2009 Page 290 of 298

2. (Standard Research Target) Number of Patent Applications Submitted

Expected Patent Applications

2009:0

2010:0

2011:0

2012:0

2013:0

3. Expected Peer Review Publications

Year	Research Target	Extension Target	Total
2009	0	0	0
2010	0	0	0
2011	0	0	0
2012	0	0	0
2013	0	0	0

V(H). State Defined Outputs

1. Output Target

• Direct - Workshop - series

2009 7

2010 8

2011 :8

2012 ß

2013 ₺

• Direct - Workshop - single session

2009 2

2010 2

2011 :2

2012 2

2013 2

Report Date 11/10/2009 Page 291 of 298

V(I). State Defined Outcome

O. No	Outcome Name
1	Conduct a watershed survey
2	Identify pollution sources
3	Install or enhance conservation plantings using primarily native plants
4	Install or enhance vegetated buffers
5	Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness
6	Increase the economic and social viability and sustainability of Maine communities
7	Protect and enhance Maine's natural resources and environment through sustainable stewardship
8	Act on the results of a well-water test
9	Address water quality issues when making land and water use and planning decisions
10	Be involved in town government
11	Conduct community service or outreach
12	Identify and remediate pollution sources
13	Promote municipal responsibility and action
14	Test well-water
15	Use services of natural resource professionals

Report Date 11/10/2009 Page 292 of 298

1. Outcome Target

Conduct a watershed survey

2. Outcome Type: Change in Action Outcome Measure

2009 20 **2010** : 20 **2011** : 20 **2012** 20 **2013** : 20

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 112 - Watershed Protection and Management

Outcome #2

1. Outcome Target

Identify pollution sources

2. Outcome Type: Change in Action Outcome Measure

2009 50 **2010** : 50 **2011** : 50 **2012** 50 **2013** : 50

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

403 - Waste Disposal, Recycling, and Reuse

Outcome #3

1. Outcome Target

Install or enhance conservation plantings using primarily native plants

2. Outcome Type : Change in Action Outcome Measure

2009 25 **2010** : 30 **2011** : 50 **2012** 50 **2013** : 50

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 101 Appraisal of Soil Resources
- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management

Outcome #4

1. Outcome Target

Install or enhance vegetated buffers

2. Outcome Type: Change in Action Outcome Measure

2009 :10 **2010** : 10 **2011** : 10 **2012** : 10 **2013** : 10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

Report Date 11/10/2009 Page 293 of 298

- 101 Appraisal of Soil Resources
- 111 Conservation and Efficient Use of Water
- 131 Alternative Uses of Land

1. Outcome Target

Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness

2. Outcome Type: Change in Condition Outcome Measure

2009 0 **2010** : 0 **2011** : 0 **2012** 0 **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 101 Appraisal of Soil Resources
- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 131 Alternative Uses of Land
- 132 Weather and Climate
- 403 Waste Disposal, Recycling, and Reuse
- 901 Program and Project Design, and Statistics

Outcome #6

1. Outcome Target

Increase the economic and social viability and sustainability of Maine communities

2. Outcome Type : Change in Condition Outcome Measure

2009 D **2010** : 0 **2011** : 0 **2012** D **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 101 Appraisal of Soil Resources
- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 131 Alternative Uses of Land
- 132 Weather and Climate
- 403 Waste Disposal, Recycling, and Reuse
- 901 Program and Project Design, and Statistics

Outcome #7

1. Outcome Target

Protect and enhance Maine's natural resources and environment through sustainable stewardship

Report Date 11/10/2009 Page 294 of 298

2009 D **2010** : 0 **2011** : 0 **2012** D **2013** : 0

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 101 Appraisal of Soil Resources
- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 131 Alternative Uses of Land
- 132 Weather and Climate
- 403 Waste Disposal, Recycling, and Reuse
- 901 Program and Project Design, and Statistics

Outcome #8

1. Outcome Target

Act on the results of a well-water test

2. Outcome Type: Change in Action Outcome Measure

2009 :10 **2010** : 15 **2011** : 15 **2012** :15 **2013** : 15

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management

Outcome #9

1. Outcome Target

Address water quality issues when making land and water use and planning decisions

2. Outcome Type : Change in Action Outcome Measure

2009 2 **2010** : 2 **2011** : 2 **2012** 2 **2013** : 2

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management

Outcome #10

1. Outcome Target

Be involved in town government

Report Date 11/10/2009 Page 295 of 298

2009 5 **2010** : 5 **2011** : 10 **2012** : 10 **2013** : 10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 901 - Program and Project Design, and Statistics

Outcome #11

1. Outcome Target

Conduct community service or outreach

2. Outcome Type: Change in Action Outcome Measure

2009 3 **2010** : 5 **2011** : 5 **2012** 5 **2013** : 5

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 101 Appraisal of Soil Resources
- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 131 Alternative Uses of Land
- 132 Weather and Climate
- 403 Waste Disposal, Recycling, and Reuse
- 901 Program and Project Design, and Statistics

Outcome #12

1. Outcome Target

Identify and remediate pollution sources

2. Outcome Type: Change in Action Outcome Measure

2009:10 **2010**:10 **2011**:10 **2012**:10 **2013**:10

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

- 111 Conservation and Efficient Use of Water
- 112 Watershed Protection and Management
- 403 Waste Disposal, Recycling, and Reuse

Outcome #13

1. Outcome Target

Promote municipal responsibility and action

Report Date 11/10/2009 Page 296 of 298

2009 25 **2010** : 30 **2011** : 35 **2012** #0 **2013** : 45

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 901 - Program and Project Design, and Statistics

Outcome #14

1. Outcome Target

Test well-water

2. Outcome Type: Change in Action Outcome Measure

2009 20 **2010** : 30 **2011** : 30 **2012** 30 **2013** : 30

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 111 - Conservation and Efficient Use of Water

Outcome #15

1. Outcome Target

Use services of natural resource professionals

2. Outcome Type: Change in Action Outcome Measure

2009 20 **2010** : 20 **2011** : 20 **2012** 20 **2013** : 20

3. Associated Institute Type(s)

•1862 Extension

4. Associated Knowledge Area(s)

• 901 - Program and Project Design, and Statistics

V(J). Planned Program (External Factors)

1. External Factors which may affect Outcomes

- Populations changes (immigration,new cultural groupings,etc.)
- Competing Programmatic Challenges
- Economy
- Natural Disasters (drought, weather extremes, etc.)
- Appropriations changes
- Government Regulations
- Competing Public priorities
- Public Policy changes

Description

{NO DATA ENTERED}

V(K). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

Report Date 11/10/2009 Page 297 of 298

- Other (Water Testing)
- After Only (post program)

Description

Intentions for short-term evaluation: After program/workshop evaluations using learning indicators, well water tests. Intentions for medium-term evaluation: Measure action items such as testing well water, implement survey. Intentions for long-term evaluation: Five- and ten-year program review through surveys and phone interviews, use long-term water quality in lakes.

2. Data Collection Methods

- Mail
- Case Study
- Other (Email/Web surveys, Water Testing)
- Telephone

Description

{NO DATA ENTERED}

Report Date 11/10/2009 Page 298 of 298